Chainwheel Chatter

The Monthly newsletter of B.I.K.E.S. Club of Snohomish County

Your Snohomish County Cycling Club

June 2018 Vol. 465

Next B.I.K.E.S. Club meeting on September 13th @ 7:00 pm

Prez's Sez

*** This edition of the Chainwheel Chatter features not just one, but two Prez Sez articles. As editor and club member I want to thank Kristin for all her hard work as President of this great club! Ride On Kristin! See page 2 for the first Prez Sez article from our new club President Rick Proctor!

Just in time for Bike Everywhere Month, Snohomish County Public Works has closed a key section of the Interurban Trail in Lynnwood. For 7 months.

The Interurban is not as scenic or calming as the Centennial Trail further north or as busy as the Burke Gilman to the south, but it lives up to its name and its history as an urban connector. When not impacted by construction, you can easily follow its 24-miles from Everett south to Lynnwood, Edmonds, Shoreline and all the way to Seattle.

The trail and road closure in Lynnwood is necessitated by major work to fix regular flooding on Maple Road. Big road projects can be an opportunity to make improvements for people who walk and bike. Or, they can be an opportunity missed.

Local officials need to know it's not too late to make this project better.

Local cities have put millions of dollars into making the 24-mile Interurban Trail better over the past several years. One of the last remaining unimproved sections of the regional trail is the section on Maple Road under construction. The trail is basically a wide shoulder where Maple Road crosses under Highway 525/405 and over I-5.

Surely after 7 months and \$7 million, this road project improve the Interurban? Not as currently planned. Maple Road is built on a wetland, so federal agencies won't allow any additional pavement to be added as part of the project – the total width must remain the same. But much could still be done to improve safety and comfort on this section of the Interurban Trail.

The county plans 12 to 14-foot vehicle lanes on Maple Road when 10 or 11 foot lanes meet standards and help slow vehicles to posted speeds. The trail is planned to continue as a wide shoulder of varying widths with no special treatment to indicate its status as a regional path.

What about a physical or striped buffer between the trail and the road? What about a safer left turn for west-bound trail users who have to turn south from Maple Road onto Ash Way?

The Interurban Trail is an essential link for non-motorized transportation and recreation in south Snohomish County. It should be treated as such. Construction detours should be required and closures limited. It's too late to change those faulty parts of the county's project plan and process. But it's not too late to step back and design a better road and trail once the project is complete.

- * County needs clear policy recognizing the Interurban Trail as a regional transportation corridor and requiring construction detours (this isn't the only construction impacting the trail this spring)
- * County Public Works needs to engage community immediately to revise post-construction Maple Road striping plan. Bicycle and pedestrian safety has not been considered.
- * A true road improvement project on Maple Road would result in a clearly defined trail buffered in some way from the road, and with a consistent width of approximately 10 feet in each direction. A safe/protected turn for westbound users turning south into the trail behind the mall is also needed.

Contact:

County Executive Dave Somers County Councilman Terry Ryan County Council Chair Stephanie Wright Lynnwood Mayor Nicola Smith County Public Works Director Steve Thomsen

RIDE GUIDE

<u>PACE</u>

Easyunder 10 mphSocial10-12 mphSteady12-14 mphModerate14-16 mphBrisk16-18 mphStrenuous> 18 mph

TERRAIN

"A" Mostly flat: Flat or gentle grades only (trails, Norman Rd)

"B" Rolling: Most climbs are short and easy (Granite Falls, Kitsap) "C" Hills: Frequent steeper and/or longer hills (Whidbey Island) "D" Difficult: Many hills,

long, steep grades (RAMROD, Mt. pass) Pace is based on speed on flat ground. Contact the Ride Leader if you are unsure whether a ride is right for you.

Pedal Pushers

 $\overline{\mathcal{N}}$

B.I.K.E.S. partners with the Lynnwood Senior Center to welcome and encourage older adults to bicycling. Bring your bike if you like and we'll do minor fit and safety checks. Lynnwood Senior Center Wednesdays. See

the Rides calendar

Prez's Sez

New Guy

3 years ago Cindy and I went on our first BIKES Club ride and enjoyed it so much we joined the club the same day. Now I am the new BIKES Club President. I would have been satisfied if Kristin continued longer since she has done well.

With any transition in leadership there is opportunity for improvement. As a retired engineer and project manager from the aerospace industry, I know there is always room for improvement.

The format of the Tuesday rides, where multiple ride pace groups start at the same time and location, then meet up for lunch or coffee later, could work on weekend days too with the right location and enough ride leaders.

Rider leaders typically plan rides they want to do with hopes other riders will show up. Sometimes this doesn't work – disappointing for sure. If the ride leaders knew what the riders want perhaps everything would work better.

A series of short & easy on-line surveys are being planned to ask BIKES members what they want regarding preferred ride details, days of the week, social events, etc. It seems the weekend riders want something different than the weekday riders. This info should help ride leaders plan rides that more people want to do.

While we're improving our club, let's keep looking for opportunities to improve bicycling infrastructure. There is a lot of construction going on across Snohomish County. Once a project gets into the construction phase it's too late to make changes to improve bicycling infrastructure. We need to get involved during the project initiation and design phases when requirements are being established.

From the movie "Field of Dreams", the line "build it and they will come" can apply to growing our membership through improvements.

Have a great day,

Rick Proctor, BIKES Club President



<u>NEWS YOU CAN USE!!</u>

Vision 2050

The PSRC is conducting an online survey on issues and experiences in the central Puget Sound. In order to reach a large audience, we are hoping your organizations can help distribute the survey via newsletters, social media, etc. The below text provides more information about the survey and PSRC, which can also be found on the PSRC blog.

Facebook: https://www.facebook.com/PugetSoundRegionalCouncil/posts/1822688007781521

Twitter: https://twitter.com/SoundRegion/status/981597108275990529

If you have any questions or know of other groups to connect with, please contact Maggie Moore, MMoore@psrc.org or (206) 464-6171.

The central Puget Sound region (King, Pierce, Snohomish, and Kitsap counties) is preparing for growth in the coming decades – about 1.8 million more people and 1.2 million more jobs by the year 2050. VISION 2050, the region's long-range growth plan, will build on the region's existing plan, VISION 2040, to keep the central Puget Sound region healthy and vibrant as it grows and will consider updated information and perspectives about a changing region. The plan will identify challenges the region should tackle together and renew the vision for the next 30 years.

Over the next two years, the Puget Sound Regional Council will work with cities, counties, tribes, other agencies and interest groups, and the public to develop VISION 2050. **We want to hear from you!** An online survey on issues and experiences in the central Puget Sound is now open. Responses are completely anonymous. The survey should take about 10 minutes to complete. The survey is available online in six languages:

English

Español (Spanish)

中文 (Simplified Chinese)

Filipino/Tagalog

한국어 (Korean)

Tiếng Việt (Vietnamese)

More information on VISION 2050 and ongoing opportunities to get involved is available online.

What is PSRC? The Puget Sound Regional Council develops policies and coordinates decisions about regional growth, transportation and economic development planning within King, Pierce, Snohomish and Kitsap counties. PSRC is composed of over 80 jurisdictions, including all four counties, cities and towns, ports, state and local transportation agencies and tribal governments within the region.

Thanks for participating!

More NEWS YOU CAN USE!!

Support Northern Clubs, Earn a Triple Crown

The North Puget Sound Bike Alliance is made up of four bicycle clubs in northwest Washington. We invite you to join us for one or more of our remaining event rides in 2018:

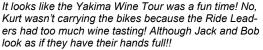
May 12: Skagit Spring Classic
August 18: Tour de Whidbey
August 26: Chuckanut Classic

For NPSBA (North Sound Bike Alliance) club members only: Save \$10 on registration for partner club events (for Skagit Classic use discount code NPSBA2018)

Triple Crown: Register and ride any distance in three of the four event road rides, and earn a special Triple Crown memento: a custom headset cap for your bike! If you ride three of the four *century-length* distances, you'll also earn a gift certificate for a local bike shop. In 2017 four people earned the Century Triple Crown!









We're on the web at www.bikesclub.org

,	B.I.K.E.SMembership P.O. E	Box 5242, Everett WA 98206
Name		
Address		
City	State	Zip
Telephone ()_	Email	
Membership	\$20 Annual (INDIVIDUAL)	New Member
DUES	\$25 Annually (FAMILY)	Renewal
		with your member card (see website for list), Club, monthly newsletter, social and advocacy

BIKES Club Meeting MINUTES

May 10, 2018

In attendance: Jim Bloss, Gabriel Rinkes, Cindy Proctor, Kathy Riddle, Warren Bare, Bob Getz, Kristin Kinnamon, John Carlin, Mike Dahlstrom, Rick Proctor, Bill Weber, Debby Grant, Debbie Kawamoto, Drew Ellison.

Plans for May Bike Everywhere Month:

The booth for Bikes Club on May 18th (Bike to Work/Everywhere Day) at the Everett Transit Station will be run by volunteers **Gabe Rinkes and Drew Ellison**. **Debby Grant** volunteered to help with the Mount Lake Terrace Transit Station.

McClinchy Wrap up Report:

Numbers:

190 pre-registered riders

38 club members rode (29 BIKES & 9 Northern Clubs)

26 discounts (17 BIKES & 9 Northern)

24 day-of riders.

\$786 was paid in liability insurance premiums.

\$9,176 in registration fees were collected in total

\$2,527 was the net profit (there are still some sponsorships which haven't been collected yet)

\$1,600 was paid in marketing including print and facebook advertising.

Successes:

Location of start point at Haller

Room set up the day before made the day of much easier.

People really like the after ride burger and brew.

Lake McMurray Route.

Improvements:

Direction signs off the main road to the start point at Haller Park.

Move Granite Falls rest stop to a more visible location.

More "Bikes on Road" signs in certain areas with heavy traffic.

Better signage for rest stops.

Have coffee at Bonhoeffer Gardens.

More signs/route markings for roundabouts (maybe a sandwich board or two?)

Making the Granite Falls loop a requirement to do first and close the rest stop earlier.

Having mechanical support at the rest stops (solicit bike shop?)

Election:

Debbie Kawamoto presented a slate of nominees for officers of the club. The nominees are:

Rick Proctor – President Jim Bloss – Vice President Debby Grant - Treasurer Kathy Riddle – Secretary

Warren Bare made a motion to accept the slate of officers as presented by Debbie. It was seconded by Gabriel Rinkes. The members unanimously voted in favor of electing the slate of officers.

Upcoming Events:

May 18th – Bike Everywhere Day (Everett Transit Station) Sharing Wheels – June 10th Hidden Gem Ride Hosted by Bikes Club – July 7th Bikes Club Picnic at Hauge Homestead Park (Silver Lake) August 5th



Mill Town Trail
Everett Waterfront History Bike Tour
June 2, 2018
1205 Craftsman Way, Everett WA 98201

9:30am: Check-in

10am: Waterfront History Presentation by Jack O'Donnell, Port of Everett Blue Heron Room

10:50am: Ribbon Cutting by Mayor of Everett, at starting line, Fishermans' Memorial

11am: Bike ride begins on Mill Town Trail12:30pm: End of Bike Tour/Cleanup by 1pm

New signs have for Everett's "Mill Town Trail" have recently been placed around the city's peninsula. Please join us June 2, to celebrate the opening and the history of the Everett Waterfront. All ages and skill levels are welcome on this mostly flat recreational trail. We'll follow the history of the waterfront with a presentation by Jack O'Donnell before starting the bike ride at the Fishermans' Memorial at the Port of Everett in front of Scuttlebutt restaurant. Advanced cyclists are encouraged to show their support by starting on the Mill Town Trail and extending their ride on other local trails like the Interurban.



June 2, 2018 / 11am-1pm Bike Tour on Mill Town Trail

Cosponsored by the Port of Everett

Starts at POE 1205 Craftsman Way, going north, turn right on 110th Street, left on W. Marine View Dr, pass Legion Park, south on E. Marine View Dr, take Y south of E. Grand Ave, right on 23rd St, (crossing lights at Walnut St, Broadway, Colby Ave) continue west post Grand Ave, 1/2 block to paved alley turn left, go 2 blocks to 25th St, turn right and cross on overpass over W. Marine View Dr, go north on W. Marine View Dr, left on Port Gardner Way, right on Craftman Way to finish line.

Club Member Submissions!

New Bike

Rick Proctor

Getting a new bike can spark youthful enthusiasm in mature, responsible people. Acquiring something to enhance your hobby of biking should help you ride better in terms you consider significant.

Bike technology is certainly not stagnant. New features are constantly being developed and made available in new or revised bike products around the world. There are bikes designed for specific purposes and bikes designed for multiple purposes. What do you want to be able to do with a bike? There are probably several to choose from. Sometimes more than one bike may be needed to satisfy your list – hence the "N + 1" equation for the proper number of bikes to own, where "N" is your present number of bikes.

When the new bike bug bites, make a list of the features you want. Prioritize those features into categories of "must have" and "nice to have". Include features not wanted too. Collectively, these features should support the kind of bike riding you want to do. Explore bike manufacturer websites to check out their latest offerings to see what's available to match your list.



There are a bewildering array of bikes on the market and knowing what you want when going into a bike shop should help ensure you get what you want and will be happy with. If a bike shop does not have what you want, ask if they can get it. If not, go somewhere else. Your perfect bike is out there somewhere.

Coming home from the grocery store with everyday necessities doesn't compare to coming home with a new bike. It'll probably cost more, but should last a lot longer while carrying you through years of adventures.



Kristin sent this great photo of the new Water Bottle Filler which is along the Centennial Trail in Arlington. I don't know about you, I get thirsty just looking at it!

Attention All B.I.K.E.S. Club Members!

New club officers are:

Rick Proctor - President
Jim Bloss - Vice President
Debbie Grant - Treasurer
Kathy Riddle - Secretary

Congratulations to all those elected to their new position and a heart felt THANK YOU to those who have served in the past! Our club is what we make it.

May Rides: Weekends & Weekdays

WEEKEND RIDES

Saturday, June 2, 11:00 am SHARP! Historic Everett Tour Ride

Join BIKES and Historic Everett for an 8 mile tour on the newly christened MILL TOWN TRAIL! Pace: Leisurely. Volunteers are welcome to help with the group and the ride leader. If you don't want to attend the presentation, be there at 10:30 for sign-in and ribbon cutting. Ride leader: Mike Dahlstrom, mike.dahlstrom@frontier.com

Saturday, June 16, 10:00 am LaConner—Anacortes

Join me on this scenic route where there's plenty of water views & low traffic!! Meet at 9:45am for a 10am start. Street parking ok. Bathrooms on 3rd & Morris St. Steady pace (12-14mph), 33 miles RT, A-B terrain. Lunch stop at Gere-A-Deli in Anacortes. Check on Ride Updates night before for any changes. Rain cancels.

Ride Leader: Raquel Haunreiter 425-760-0805 or quelz@yahoo.com RWGPS: Laconner - Anacortes

Sunday, June 24, 10:00 am RSVP North Lake Washington Loop Ride (steady pace)

Please RSVP the ride leader by text or e-mail by 8am day of ride if you intend to go. Ride leader will go only if someone else commits to go via RSVP.

Meet a few minutes early for a 10 AM start at Blyth Park in Bothell (near the restrooms) on the Burke-Gilman Trail. 34 miles, steady pace (12 - 14 mph), A & B terrain with 1,100 feet of elevation gain.

Loop ride clockwise on the Sammamish River Trail, 520 Trail, and Burke-Gilman Trail and interconnecting streets. This new route includes crossing Lake Washington on the new 520 Trail section. Coffee / tea / lunch in the U district (mile 23 or so). More rest stops too. Ride leader: Rick Proctor 425-293-3153,

<u>BikeHound@comcast.net</u> <mailto:<u>BikeHound@comcast.net</u>> . Ice, snow or steady rain cancels, check the Ride Updates page or call/text/e-mail if in doubt. Ride with GPS link: https://ridewithgps.com/routes/26742931

Don't forget to check out the Tours & Weekends pages for upcoming rides!



Happy Birthday Dan!

WEEKDAY RIDES

Tuesdays, June 5, 19 & 26 Tuesday Social Pace Ride

Meet at Bicycle Centre Silver Lake, at 9:45 for a 10:00 a.m start. Mileage will vary between 18-22 miles, A and B terrain in the Mill Creek area. We will meet for lunch/coffee after the ride between 12:30 and 1:00 p.m, varying locations. Expected pace to be between 10-12 mph, and you should have a bike in good working order. Even though "social paced" this is not a "beginner" ride, as we do quite a bit of elevation gain on this route - between 800-1000 feet. Rain or icy weather will cancel, be sure to check ride updates. Rider leader Cindy Proctor. 425-293-3152

Parking for Tuesday Rides from Silver Lake Bike Centre:

Car parking is intended for the strip mall customers and employees. Tuesday bike riders driving to the start should park in the lot in front of the building by the highway, behind the building, or east of the mini-market / gas station on the highway side of the lot in front of the strip mall. Do not park next to the front of the buildings. Do not take the last parking space in any of the lots.

Tuesdays, June 5, 12, 19 & 26 Tuesday Steady Pace Ride

Meet a few minutes early at Silver Lake Bicycle Centre for a 10am start. Steady pace 12-14 mph, 20+ miles, A/B terrain. Loop ride routes vary. Mid-ride break with optional lunch and/or coffee after the ride. Ice, snow, or steady rain cancels. Check the Rides Updates page or call. Ride leader Dan Scott 425-501-6198 **or** other competent BIKES ride leader.

Tuesdays, June 5, 19 & 26 Tuesday Moderate Pace Ride

Meet a few minutes early at Silver Lake Bicycle Centre for an 10 am start. Moderate pace group (14 – 16 mph), 25 or so miles, A/B terrain. Loop ride routes vary. Mid-ride break with optional lunch and/or coffee after the ride. Ice, snow, or steady rain cancels. Check the Rides Updates page or call/text if in doubt. Ride leader Rick Proctor 425-293-3153, Bike-Hound@comcast.net.

Thursday, June 7 McCollum - Mukilteo - Everett Loop

Meet a few minutes early at McCollum Park west parking lot for a 10am start. 33 miles, moderate pace (14 -16 mph). A & B terrain with 1,800 feet of elevation gain. Loop ride through Harbour Point, Mukilteo, and Everett. Coffee / lunch along the Everett waterfront. Ride leader Rick Proctor 425-293-3153. Ice, snow or steady rain cancels. Check the Ride Updates page or call/text if in doubt. Ride With GPS link: https://ridewithgps.com/routes/14651038

Wednesdays, June 13, 20 & 27 Jack's Recurring June Rides

June's here finally! Yes!!.Lets go RIDE!...Don't stay indoors... Join me instead as I pedal up, re-polish that rhythmic cadence... We'll take a Northern/Western/Eastern/Southern loop routes from our starting point, take Lynnwood urban roadways into Mukilteo, Everett and back. Let's see how far away we can go and incorporate some fun into this spin workout...20-25 miles, 900 ft. elev. gain, moderate pace (14-16mph on flats), rolling terrain, stay together as a group. Meet at Alderwood Costco NW section of the parking lot across gas station. Restrooms available at start and end of ride.

Thursday, June 14 Verlot - Barlow Pass

40 miles, B terrain, high steady pace. Pedal alongside the south fork of the Stilliguamish River up to Barlow Pass and return. Bring food for a lunch at Big Four Ice Caves picnic grounds. Rain cancels. RSVP Dan & Elaine Scott: 425-501-6198

Thursdays, June 14 & 21 Centennial Evening Ride - RSVP

Join us as we de-stress after a day of work or chores for a relaxing ride from Snohomish to Lake Cassidy on the Centennial Trail!! Maybe a stop after the ride for refreshments? :-) High social pace (12-13 mph) for approximately 23 miles. "A" terrain. Meet us at the Snohomish Public Library parking lot for a 5:45pm start time. Bring front/head lights for evening safety & visibility. Please RSVP ride leaders Bob & Viv Biesiedzinski at 206-595-3822 or at bobbez@gmail.com.

Thursday, June 21 RSVP Centennial Trail Ride (Moderate Pace)

Please RSVP the ride leader by text or e-mail by 8am day of ride if you intend to go. Ride leader will go only if someone else commits to go via RSVP. Meet a few minutes early at Arlington Legion Park (red train station building) on the Centennial Trail for a 10am start. 38 low stress miles on the Centennial Trail, moderate pace (14 - 16 mph), "A" terrain with 840 feet of elevation gain.

Ride to Lake Cassidy roundtrip, then Nakashima Barn roundtrip with a side trip in Arlington for lunch.

Ride leader Rick Proctor 425-293-3153. Ice, snow or steady rain cancels. Check the Ride Updates page or call/text if in doubt. Ride With GPS link:

https://ridewithgps.com/routes/26740752?privacy_code=XtBRw20o3T0sLpNg

PEDAL PUSHER RIDES

Wednesday, June 6 - Padilla Bay to Anacortes

Meet at 9:45am at the parking lot at the corner of Second Road near Bay View State Park in Anacortes for a 10am start. We'll pedal the Padilla Bay trail along the water and then on into Anacortes. RT 28 or 18 miles on level road and paved trail, Social pace, mostly A terrain. Snack break at Gere-a-Deli in Anacortes. Ride leader Clarence Elstad, (425) 327-5320.

Wednesday, June 13 – Log Boom Park to Gas Works on the Burke Gilman

Meet at 9:45am at Log Boom Park for a 10am start. We'll ride on the Burke Gilman Trail to Gas Works Park and take a food break at the picnic tables at Ivar's Salmon House. RT approximately 20 miles, A Terrain on level paved path, Social pace. Bring food or money to buy food. Ride leader Linda Hunter (425) 478-6287 or hunterbl4345@comcast.net.

Wednesday, June 20 - Echo Lake to Green Lake

Meet at 9:45am at Echo Lake Park for a 10am start. We'll ride to Green Lake on the Interurban Trail & low-traffic streets and take a snack break near Green Lake. RT 17 miles, A Terrain mostly level with some grade on the return, Social Pace. Ride leader Debby Grant (206) 353-0249 or debby@jaygrant.com.

Wednesday, June 27 – Centennial Trail Variation

Meet at 9:45 at the Snohomish Public Library for a 10am start. You can park in the library lot, I would suggest parking away from the entrance or there is lots of street parking nearby also. Restrooms available inside the library. RT 17.5 miles, A Terrain on mostly flat or gentle grade, about half on trail and half on roadways connecting into the trail, Social pace. There will be some low traffic roads with little or no bike lane/shoulder. We will plan to stop at North Cove Park in Lake Stevens for a picnic lunch. There is a grocery store across the street and a Subway shop if you'd like to purchase your lunch. Rain will cancel. Ride leader Cindy Proctor – (425) 293-3152. Ride with GPS link: [](https://ridewithgps.com/routes/26617388)

2018 Weekends & Tours

June 10-15 Centennial Trail to 9-Mile Falls, Idaho/WA (Credit Card)

Rick & Cindy Proctor BikeHound@comcast.net

4 days riding, starting in the city of Couer d'Alene/ 2 days driving (there and back).. 120 miles total, 22-34/day, paved trails & associated roads. No camping, but must haul gear from motel to motel. **RSVP to ride leaders by March 10th.**

June 22-24 Olympic Discovery Trail (HS)

Bob & Viv Biesiedzinski, 206-595-3822, bobbez@gmail.com

Camping or motel options. This is a camping weekend with a one day ride on Saturday, June 23rd. The ride starts at the <u>Sequim Bay State Park</u>, (Bob & Viv's campsite is at The Elwha Dam Campground outside of Port Angeles) and travels west through the town of Sequim and then through lavender fields as we make our way to the Straights of Juan De Fuca and the town of Port Angeles. The trail is primarily "A" terrain, with a few spots that are "B-C". We ride at a high social pace (12-13 mph on the flats) with stops to regroup, and refresh, along the way. Plan for up to a 60 mile round trip. Pack a picnic lunch as we will stop along the Straights for a picnic! There will be a "potluck" dinner at our campsite on Saturday evening after the ride. Campsite reservations begin on May 15, 2018. Go to <u>washington.goingtocamp.com</u> to make your reservations.

RSVP to ride leaders by April 29th

July 12-16 Eugene Cycle Oregon Weekend Plus

Mary Jo Gerst, <u>maryjo1532@hotmail.com</u>

Thur - Meet in Eugene

Fri -Ride the Row River Trail 40 miles, then dinner at Cycle Oregon Weekend Ride.

Sat – Cycle Oregon Weekend ride

Sun – Cycle Oregon Weekend ride

Mon- Eugene bike paths 30 miles

Sign up is now open for the **Cycle Oregon Weekend Ride** in Eugene. It sells out so **sign up soon**.

Aug. 12-17 Trail of the Couer D'Alenes, Idaho (Credit Card)

Rick & Cindy Proctor BikeHound@comcast.net

Four days of riding, 17-52 miles per day. Self-contained credit card tour, carry own luggage. Ride the entire paved trail, roundtrip. **RSVP to ride leader by May 12**th

Aug. 14-17 Vancouver, BC (HS)

Clarence Elstad 425-268-8550 or celstad@gmail.com

Three days of riding, all paved. Hub & spoke with central accommodations. Contact ride leader for info. **RSVP to ride leader by July 1st**

Aug. 24-27 Port Angeles Area (HS)

Clarence Elstad 425-268-8550 or celstad@gmail.com

Three days of rides on paved trails based out of Port Angeles motel. **RSVP to ride leader by May**1st.

2018 Weekends & Tours (cont.)

Sept. 10-13 Spokane, WA (HS)

MaryJo Gerst, <u>maryjo1532@hotmail.com</u>

Tues. Centennial Trial 50 mi; Centennial Trail west 30 mi; Thurs.Post Falls- Couer d'alene 34 miles; Fri. TBD. Hub and spoke with lodging/camping options. Steady pace with scenery stops. **RSVP to ride leader.**

Sept. 15-16 Birch Bay Farm Tour (HS)

Bob & Viv Biesiedzinski, 206-595-3822, bobbez@gmail.com

Camping and biking weekend based out of <u>Birch Bay State Park</u> – make your camping reservations early. Saturday Whatcom Farm Tour ride, approximately 50 miles. We plan to stop at several cheese shops along the route. Potluck dinner at campground site after ride. Sunday we will ride from Birch Bay State Park to the Peace Arch at the US/Canada border. <u>RSVP to ride leader by August 15.</u>

September California Coast (self-contained)

Rick Proctor, bikehound@comcast.net

Take 5 to 6 weeks to ride from Crescent City to the Mexico border. Self-contained tour with camping and hotels – no SAG. Will get to start via train and bus. Train & bus to start, train back to home.1,200 miles, 30 - 60 miles / day, 1 - 2 rest days / week. Ride on the Adventure Cycling Pacific Coast Route. **RSVP to ride leader by June 1st**

Sept. 20-23 San Juan Islands (HS, Credit Card)

Debby Grant debby@jaygrant.com

Ride San Juan, Lopez and Orcas Islands. Details about start location, date and time still to be determined. 3 riding days, 30-35 miles/day, hilly, self-paced with regroups, lots of local sights to see, maps and cue sheets available. Credit card Hub & Spoke w/luggage SAG, hotel w/possible camping option. **RSVP to ride leader by June 1st.**



Club Member Rider Miles

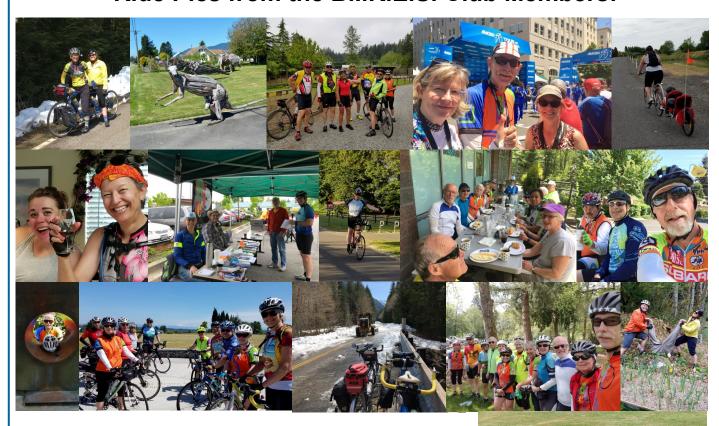
Rick	Proctor	1122	Judy	Lang	158	Matt	Keller	39
Tim	Wise	629	Allison	Quillen	152	Madeline	Norman	39
Bob	Nyberg	608	Fred	Norousi	146	Sue	Regan	39
Cindy	Proctor	607	Rick	Dermody	134	Dylan	Fiorini	36
Cheryl	Funkhouser	591	Marcia	Stedman	125	Diane	Gordon	36
Dan	Scott	584	Linda	Hunter	116	Stuart	Butler	34
Ron	Andersen	554	Jack	McClincy	115	Will	McMahan	34
Debbie	Kawamoto	548	Justin	Cabe	106	Cheyenne	e Brett	33
Patrick	Robertson	504	Bill	Lutterloh	102	Connie	Brett	33
Raquel	Haunreiter	465	Stephen	Fox	101	John	Carlin	33
Bill	Paul	449	Bill	Weber	96	Audrea	Coury	33
Jack	Willis	437	Gabriel	Rinkes	90	Debby	Grant	33
Elaine	Scott	367	Bob	Getz	89	Janell	Reich	33
Nancy	Graham	358	Mark	Olson	86	Adrienne	Reynolds	33
Robert	Pahlman	330	Mitch	Pico	70	Jim	Roosma	33
Steve	Linari	314	Sharon	Broughton	69	Peter	Smith	33
Fred	Koch	292	Joe	Self	69	Dimitri	Berks	25
Pier	Florentini	278	Faith	Sokol	69	Lucy	Johns	25
Linda	Braun	275	Tom	Crisp	66	MJ	Gerst	23
Kathy	Riddle	272	Earl	Bardin	61	Gloria	Hammond	23
Gary	Broughton	247	Janet	Johnson	61	John	Booth	22
Bob	Biesiedzinski	238	Janet	Leisner	58	Clarence	Elstad	22
Vivian	Biesiedzinski	238	Cheryl	Walchi	58	Pam	Hallanger	22
Kristin	Kinnamon	238	Moe	Moosavi	57	Shirley	Kankelfritz	22
Kristi	Knodell	225	Juanita	Plas	56	Frosene	Saco	22
Bette-Ann	Shroyer	221	Pete	Plas	56	Bill	Brack	19
Mike	Dahlstrom	216	Deb	Fox	55	Janet	Burks	19
Kurt	Haunreiter	216	Rick	Poffenroth	53	Morris	Maizels	19
Drew	Ellison	198	Perry	Walker	51	Peter	Pisani	19
Lou	Rivetti	197	Samantha	Cheng	46	Pam	Snook	19
John	DeNinno	178	Brenda	Ferguson	44	Sarah	Sundin	19
Mason	Rutledge	171	Don	Martin	44	Marietta	Zander	15
Kaia	Koch	161				Shirley	Slade	11

How are BIKES Club Rider Miles Calculated?

Are you tracking your miles for the year? So are we - but only on official club rides. What qualifies for B.I.K.E.S. Rider Miles? Club rider miles are only counted for those rides and tours that are posted in the newsletter and website ride calendar or on the Ride Updates page. The idea is that club miles apply on rides where club members were notified in advance.

Note that only club member miles are listed. Any guests who ride would need to become a club member to see their miles listed.

Ride Pics from the B.I.K.E.S. Club Members!



May had many great rides! Thank you to all who posted photos of what we love to do...RIDE OUR B.I.K.E.S.!

If you would like to see your pictures in the newsletter you can send them directly to editor editor



Facebook!

Club members -- join <u>BIKES' Facebook group</u>. We've set the page up to share photos, ride reviews, bike or travel discussions, etc. Thanks to Dan Scott for managing our page, and to the many members who contribute interesting posts.



Check the Road Condition Before You Go!

Snohomish County Roads Central Updates

WSDOT Weekly Snohomish County Roads Weekly Update