

# Chainwheel Chatter

The Monthly newsletter of B.I.K.E.S. Club of Snohomish County

Your Snohomish County Cycling Club

JAN. 2014

ISSUE 413

RIDE GUIDE

## Pres Sez: See you on the road

**W**ith 2013 behind us the extended hours of sunlight cannot arrive soon enough for most of us but in some ways from fall to late spring are the best riding throughout rural Snohomish County and the Skagit Valley. The leaves are off the trees and riding provides a panorama of migrating birds, waterfowl and occasional wildlife. Of course winter can provide challenges in actually getting a planned ride in - ask Dan Scott about his Snowgoose Scramble - but when accomplished each ride seems more rewarding.

The decision on whether to enter Seattle Bike EXPO 2014 as a venue for advertising and sales of McClinchy entries was delayed to consider whether the cost and volunteer efforts made it a worthwhile club objective. Thanks to Kristin Kinnamon for her efforts to find out whether the Snohomish County Sports Commission would be interested in joining with BIKES for booth at EXPO. Kristin handed it off to Mike Dahlstrom and me and the Sports Commission will stand one half the cost of booth and Michael is organizing as in past years. SO Get ahold of Mike to **get the choice free entries by volunteering on March 1 or 2.**

The Holiday Party in early December with wonderful pot luck dishes was enjoyed by the attendees before members Bill Lutterloh and Bette-Ann Shroyer each having more than 1000 club miles led the parade to the table full of bike items for Rider Miles. The gift exchange had the usual prized items (immediately transferred the allowed 3 times), funny items, and with some gifts the wrapping was way better than contents. As President and one of the older members attending I pulled rank on the youngest attendee (Tom Weber) and retrieved the ice nudes, leaving the last wrapped gift under the tree for him. Now I cannot for the life of me recall why I needed them.

The New Year brings the regular BIKES Club meeting . See you there.

**HAPPY NEW YEAR**

Warren

### PACE

<b>Easy</b>	under 10 mph
<b>Social</b>	10-12 mph
<b>Steady</b>	12-14 mph
<b>Moderate</b>	14-16 mph
<b>Brisk</b>	16-18 mph
<b>Strenuous</b>	< 18 mph

### TERRAIN

**Mostly flat:** Flat or gentle grades only (trails, Norman Rd)  
**Rolling:** Most climbs are short and easy (Granite Falls, Kitsap)

**Hills:** Frequent steeper and/or longer hills (Whidbey Island)

**Difficult:** Many hills, long, steep grades (RAMROD, mt. pass)

*Pace is based on speed on flat ground. Contact the Ride Leader if you are unsure whether a particular ride is right for you.*

## Club meeting Jan. 9

Join us for a business meeting at 7 p.m. on the second floor of the PUD headquarters, 2320 California St., Everett.

Join us for dinner and socializing before the meeting at Gorditos Mexican, 1919 Hewitt Ave., Everett

## Club ride listings

See your electronic newsletter or our website for January ride listings.

According to our club president, winter riding can be the best rides of the year, whether enjoying the rural colors and migrating birds or riding to the bakery. Invite your friends to come along.

You, too can be a ride leader. Send your ride to [leada-ride@bikesclub.org](mailto:leada-ride@bikesclub.org) (and ask an experienced member for help if you want advice).

B.I.K.E.S. Club  
P.O. BOX 5242  
Everett, WA 98206

stamp

## BIKES Club Members

### Renewals:

Bill & Tom Weber

Bill Lutterloh

Judi Chadwick

Pier Fiorentini

Peter Pisani

Tim Wise

### New:

Bobbie & Steve Laue - Welcome!

## Weekends and Tours

BIKES ride leaders are working on details for 2014 tours – weekends and more! The goal is to announce dates and enough information to whet your appetites by mid-January.

Check the Club Rides/Weekends & Tours page for details.



We're on the web at  
[www.bikesclub.org](http://www.bikesclub.org)

Address

Is it time to renew? →

# Chainwheel Chatter January 2014

## Yep, you can find us on Facebook

All club members are welcome to join the page—but you have to join Facebook, first. Our page has lots of photo-sharing and encouragement to get out and ride! You should be able to view the page without joining.

Facebook <https://www.facebook.com/groups/743464975689655/>

B.I.K.E.S.-Membership P.O. Box 5242, Everett WA 98206

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Telephone (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_ Email \_\_\_\_\_

Membership \$15 Annual (INDIVIDUAL)

DUES \$20 Annually (FAMILY)

**Member benefits:** 10% discount at local bike shops with your member card (see website for list), low-cost bike box and trailer rentals, Frequent Rider Club, monthly newsletter,