

Chainwheel Chatter

The Monthly newsletter of B.I.K.E.S. Club of Snohomish County

Your Snohomish County Cycling Club

Prez Sez

By Warren Bare, Club President

As summer draws to the close and most of the event rides are concluded, the road and trails still beckon maybe not for training or challenges but just a pleasant late summer / early autumn ride. Of course we are still in what people have said is Road Work season. (Some say we only have that and winter.)

Recently there were two email exchanges initiated by club members regarding different road projects. One was in WSDOT jurisdiction and one in a city of Everett. The initial enquiries were respectfully asking why the results appeared unsafe for cycle travel.

The WSDOT response informed the enquirer that the Hwy. 529 traffic island was incorrectly installed and was corrected several days later.

The Everett project also received a thoughtful request for information about a marked bike lane on 112th Street. But it produced a number of emails of opinion and conjecture by BIKES members prior to the responding email from engineer with explanation of engineering latitude of possible solutions and the reasons for picking the one chosen.

Everyone can voice their opinion and mine is that opinions without basic knowledge and consistent pressure of groups such as the Bicycle Alliance and fellow cyclists we will not change the rules of travel Infrastructure.

I would love to see members become knowledgeable in road design, so that when we give an opinion it is based on the same information the controlling agencies are supposed to follow.

A very useful website to start with is the Bike Alliance's [Statewide Resources page](#). Also: Manual on Uniform Traffic Control Devices (MUTCD) Part 9: [Traffic Control for Bicycle Facilities](#)

WSDOT : [Designing for Bicycles Link](#)

WSDOT: [Design manual Chapter](#)

County Roadwork

From Tina Hokanson, Snohomish County Public Works

We want you and other bicyclists to know about projects that are affecting travel on Snohomish County roads. Here are website links to the information:

[Snohomish County Public Works Weekly Road Construction Update](#) - lane and road closures

[Snohomish County's ongoing road and bridge projects list](#) for project descriptions, newsletters, and vicinity maps

[Snohomish County's road resurfacing program \(paving and chip seal\)](#) - map and list of locations

[WSDOT's Hot Spots maps, project lists](#) - including city and county.

Volunteers needed for yearly bicycle and pedestrian count

The Washington State Department of Transportation and the Cascade Bicycle Club are seeking volunteers to help conduct the fifth annual bicycle and pedestrian survey.

BIKES Club members have always helped count the numbers of people bicycling and walking on paths, bike lanes, sidewalks, and other facilities on **Sept. 25, 26 and 27**.

In Snohomish County, counts are taken at designated locations in **Everett, Bothell and Mountlake Terrace**.

The information will be used to track progress toward the state's goal of increasing bicycling and walking in Washington. Those who are interested in helping can learn more by visiting [WSDOT's Bicycling website](#), or by contacting Cascade Bicycle Club at cpa@cascadebicycleclub.org or 206-204-0913.

Club Meeting Sept. 12

7 p.m. Thursday, Sept 12
Snohomish County PUD Bldg
2320 California Ave, Everett

Check the club website for a pre-meeting dinner location.

SEPT. 2013

ISSUE 409

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OF EVERETT AND SNOHOMISH COUNTY

B.I.K.E.S.**Club Officers and
Support Information**

Warren Bare
President

president@bikesclub.org

Open!

Vice President

Mary Jo Gerst

Secretary

secretary@bikesclub.org

Gery Osowiecki

Treasurer

treasurer@bikesclub.org

Kristin Kinnamon

Newsletter Editor

editor@bikesclub.org

Tim Wise

Webmaster

webmaster@bikesclub.org

Linda Hunter

Frequent Rider Miles

Coordinator

ridermiles@bikesclub.org

Monthly Ride Coordinator

leadaride@bikesclub.org

**Rider Leader Info**

October Ride Coordinator is Kristin Kinnamon.

A November coordinator is needed – see our volunteer page for a description of the job.

No matter who coordinates, send your favorite fall rides by the 18th of the month to leadaride@bikesclub.org

Frequent Rider Miles

Warren	Bare	1264
Bill	Lutterloh	853
Bob	Nyberg	821
Bette-Ann	Shroyer	801
Bill	Weber	762
MJ	Gerst	647
Debby	Grant	640
Gery	Osowiecki	553
Susan	Hausmann	442
Leslie	Strickland	424
Dan	Scott	382
Pam	Hallanger	347
Adrienne	Dorf	342
Fred	Koch	339
Tom	Weber	334
Dorothy	Lindstrom	332
Kristin	Kinnamon	323
Tim	Wise	315
John	Carlin	307
Robert	Smith	287
Kathy	Riddle	285
Steve	Linari	267
Mike	Dahlstrom	258
Brenda	Ferguson	252
Joanne	Kennedy	241
Larry	Kennedy	241
Kristi	Knodell	237
Steve	Lodholz	230
Pier	Fiorentini	226
Kala	Koch	214
Robert	Pahlman	201
Nancy	Graham	184
James	Wright	171
Clarence	Elstad	154
Robert	Tipton	151
Diane	Gordon	143
Linda	Hunter	118
Mark	Atkinson	115
Elaine	Scott	95
Donald	Mohs	84
Jack	McClincy	81

Jim	Stewart	75
Barbara	Gallagher	75
Allyson	Welsh	70
Diana	Traxler	66
Susie	Paquette	62
Linda	Woodall	60
Janell	Reich	57
Cheryl	Walchi	56
Jim	Roosma	52
Bill	Ferguson	48
Lucie	Johns	46
Judi	Chadwick	45
Jeanne	Crisp	39
Perry	Walker	39
Tom	Crisp	39
Dan	Cornelissen	38
Dick	Nicholson	36
Sarina	Elliott	34
Kathryn	McDaniel	34
Kay	Peterson	33
Jim	Bueler	31
Will	McMahan	30
Chad	Pritchard	30
Peter	Pisani	27
Donald	Gosnell	27
Michael	Snodgrass	26
Michael	Sheldrake	26
Louise	Kornreich	25
Bruce	Deitz	21
Dave	Fielder	21
Debbie	Kawamoto	21
Pam	Deitz	21
Shirley	Slade	21
John	Happold	17
Patty	Garrett	16
Bob	Biesiedzinski	16
Vivian	Biesiedzinski	16
Tina	Rainforth	15
Bob	Palm	14
Kevin	Schroeter	11
Marilyn	Perala	10

Ride Around Puget Sound Riders & Volunteers

Bill Weber, Tom Weber and Steve Lodholz were among the club members who participated in RAPSody's 10th year. In fact, Tom made a point of riding his first ever century. Other club volunteers mostly helped feed and care for people on bikes: Kristi Knodell, Kristin Kinnamon, Doug and Sharon Andrews, Steve Hudspeth, Judi Chadwick and Debby Grant (day 2 riders).

September Ride Calendar

Weekday Rides

Monday Sept 2 -- Bremerton Blackberry Festival We will take the ferry to Southworth and then ride to Port Orchard, then the foot ferry to Bremerton for the Blackberry Festival. Then the ferry to back to the Seattle waterfront. Meet at 9:00 at the North end of Centennial Park (Myrtle Edwards Park) leave at 9:15 to catch the ferry at Fauntleroy. Moderate pace, 35 miles, mostly flat with a few short hills. Ride Leader Mary Jo email: maryjo1532@hotmail.com

Tuesday, Sept 3: Also Sept 10, 17 and 24: Gery's lunch time rides. Join Gery for a short (10 mile) Silver Lake and Mill Creek loop. Social pace (10-12 mph), flat terrain with just a few very very very short climbs (like less than one block each). Optional (quick for Gery) coffee after the ride before he has to return to the office. Water falling from the sky cancels the ride but not the coffee. Ride leader: Gery Osowiecki, 469-358-2887 (mobile).

Wednesday, September 4 - Echo Lake to Green Lake: Meet at 9:45am for a 10am start at Echo Lake Park and ride to Green Lake on the Interurban trail & low-traffic streets. Snack break near Green Lake. Paved mostly level trail, social pace, RT 17 miles. Ride leader Mary Jo Gerst, 206 546-0645, maryjo1532@hotmail.com *Pedal Pushers*

Thursday, September 12 - Sammamish River Trail – Bothell to Redmond: Meet at 9:45am for a 10am start at the gravel parking lot at Bothell Landing and ride to Redmond on the Sammamish River Trail. Food break at Whole Foods in Redmond. Paved level trail, social pace, RT about 23 miles. Ride leader Fred Koch, (425) 487-3221, fredkoch@hotmail.com *Pedal Pushers*

Tuesday, Sept 17: Arlington-Skagit County round trip. Meet at Lincoln Park in downtown Arlington at 9:30. We will ride north on the Centennial Trail, cut off on Finn Settlement-Lake Cavanaugh Road (one big hill on this one). Then west on Lake Cavanaugh Road to SR9. South on 9 to Nakashima Barn, jog over to the Centennial Train and back south to Arlington. Social pace, 20+ miles. Leader: John Carlin, e-mail: "johncarlin@comcast.net"; cell: 425-344-1006

Wednesday, September 18 - Conway to Mt Vernon via Fir Island: Meet at 9:45am for a 10am start at the ball field parking beside the Fire Station <https://maps.google.com/maps?q=48.340719,-122.347045&hl=en&ll=48.341133,-122.347044&spn=0.003181,0.007639&num=1&t=m&z=17&iwloc=A> and ride from Conway to Mt Vernon via Fir Island along the west side of the Skagit River. Return on the east side. A/B terrain with little elevation, social pace, RT 21 miles. Ride leader Warren Bare, (425) 743-7593, bare.warren@gmail.com *Pedal Pushers*

Thursday, September 26 - Log Boom to Marymoor Park to Gas Works Park and Return: Meet at 8:45am for a 9am start at Log Boom Park. This end-of-the season ride is for all you trail riders who want to see what you can do! We'll ride to Marymoor Park, return to Log Boom, then head into Seattle to Gas Works Park. Lunch break along the way; bring money to purchase or pack food. Level paved trail, social pace, RT 50 miles. Ride leader Linda Hunter, (425) 478-6287 or hunterbl4345@comcast.net Note earlier start time. *Pedal Pushers*

Note: *Pedal Pushers* rides are joint rides with the Lynnwood Senior Center. BIKES Club members of all ages are welcome.

Ride Guide

PACE

Leisurely / Under 10 MPH
Social / 10–12 MPH
Steady / 12-14 MPH
Moderate / 14-16 MPH
Brisk / 16-18 MPH
Strenuous / Over 18 MPH

TERRAIN

A Mostly flat / Norman Road
 B Rolling Terrain / McClinchy Mile
 C Rolling steeper hills / Kitsap Peninsula
 D Difficult Terrain / Whidbey Island
 E Very Difficult / RAMROD

Use this chart and the ride description to determine if a particular ride is right for you. Don't take on 50 miles when you haven't done 20, but don't be afraid to start out with us on a 20-30 mile ride if your butt and legs have handled 15.

September Ride Calendar

Weekend Rides

Birch Bay Weekend

September 14-15 - Birch Bay Weekend Ride at Birch Bay State Park, most people will set up camp on Friday after work and the ride will start about 9 a.m. from the park.

People can show up just for the day, too.

Saturday's ride is about 50 miles with lots of stops at local farms for local cheeses and apples and a lunch stop at the famous Lynden Bakery.

Sunday's ride is a shorter ride about 30 miles to the Peace arch in Blaine for a picnic lunch and then a scenic ride back the the park. Saturday night will be a Potluck on the park beach if weather permits if not it will be together in camp. This has always been a very fun ride weekend

RSVP Jack and Janell McClincy at 360 435-5978

We would like to know a head count for potluck and maps by Wednesday, Sept 11.

September 6, 7 and 8 – Centralia/Olympia Weekend . Ride Leader Mary Jo: maryjo1532@hotmail.com

September 14-15 - Birch Bay Weekend Ride at Birch Bay State Park. People can show up just for the day too. RSVP Jack and Janell McClincy at 360 435-5978.

Saturday, Sept 21: Barlow Pass out and back. Meet at Verlot Ranger Station, Mountain Loop Highway, east of Granite Falls at 9:45 for a 10 AM start. This is a 40 mile out and back self-paced ride with a gentle climb to the top of Barlow Pass. Leader will be riding at a steady pace, but all are welcome to join and regroup at the top for the ride down. If you don't want to go to the top, no problem, we'll meet up with you on the way down. Be sure to bring snacks, as there are no opportunities to buy food. We'll go to Playa Bonita Mexican Restaurant, 206 E. Stanley St, Granite Falls after the ride for some food and drink. For ride share or info call Allyson Welsh at 206-359-8134, or e-mail "welsh114@comcast.net".

Sunday September 22 – Echo Lake to Magnolia and the Ballard Market We will

ride to Magnolia and go through the Locks to the Ballard Sunday Market. Meet at Echo Lake Park at 10:00. Pace: Steady, 35 miles, some hills. Ride Leader Mary Jo: maryjo1532@hotmail.com

Centralia Weekend

September 6, 7 and 8 – Centralia/Olympia Weekend: Explore the back roads of Thurston County and ride on the some of the wonderful trails in the area.

Rides on Friday, Saturday and Sunday of 40-50 miles each.

We will be staying at McMenamins historic Olympic Club Hotel in Centralia. Room rates are \$65for two with bunk beds or \$75 for a Queen bed. Make reservations now. If the weather looks bad you can cancel with 48 hours notice. Find details on the [club tours page](#).

More Rides & Events

Sept. 2—PROS is a Labor Day ride around the City of Seattle's perimeter, literally. Water views and lofty hills dominate: 80 miles and 4,200 feet of gain or 60 miles and 2,700'. The ride begins at Discovery Park. For more information see the [COGS website](#).

Sept. 8 Ride the South Sound starts and ends in Olympia's beautiful Percival Landing Park on Budd Inlet. Riders will enjoy spectacular views of southern Puget Sound's waterways, frequent food stops, including an option to try several noteworthy bakeries/delis along the way and 10,20,50, 60 or 100 miles. More information from [Capital Bicycle Club](#).

Sept. 15 Cycle the WAVE, an all women's ride, offers four fun routes: 15-mile Little Sister, 25-mile Girly Girl, 42-mile Middle Sister, and the 59-mile Burly Girl. We pamper you with an experience you won't forget, including a finish line festival. Benefits domestic violence programs. More ride information at <http://wa.cyclethewave.org/>.

Seattle Bike & Truck Safety Fair

Hosted by the Port of Seattle

Friday, September 6

6:30 a.m. to 8:30 a.m.

Terminal 25 | [Map](#)

3225 East Marginal Way, Seattle

Share the road safely! Join the Port of Seattle and partners for an opportunity to learn about truck blind spots and the challenges bicyclists and truck drivers face each day as they share busy roads. Free continental breakfast.

Featuring

- Bike – truck "blind spot" simulation
- Truck ride-along
- Helpful safety information

Sharing Wheels

Sharing Wheels is an Everett non-profit, all-volunteer bike shop managed by BlkES Club member Kristi Knodell.

Advanced Bike Mechanics

When: 6 to 9 pm Oct. 9, 16, 23, and 30 (four Wednesdays)
This class is for those who want to get into the heart and soul of their bike. Learn the terms for parts of the bike and how to evaluate their condition. Learn about the bearing systems and how to overhaul them. Demystify the cable systems and get your bike running smoothly.

All tools are provided. Bring your own bike or you can use one of ours.

Cost: \$100. Must be prepaid to secure spot in class.

Length: 12 hour course

Class Size: Limited to 4 students so sign up early.

Register: Call or email to register: 425-252-6952, sharing-wheels@gmail.com

How many club members does it take to fix a flat?



Photo by Pam Hallanger

What can we say, we're a social group! This group ride was led by Mary Jo Gerst.

Save the Date

Livable Snohomish County Summit

Organized by Futurewise

9 a.m. to 4 p.m. Oct. 12 in Everett. Sessions on livability, planning, transit, food access, health, housing, urban agriculture and some politicians (County Council election forum).

An Evening with Bob Roll

Cascade Bicycle Club

Oct. 26 at 7:30 p.m. Hales Palladium
301 Leary Way NW, Seattle. [Tickets available at brownpapertickets.com](http://www.brownpapertickets.com). A special fundraiser for the Cascade Bicycle Club Education Foundation, the event will include a 90-minute presentation followed by a Q&A session before event-goers will get a chance to meet and greet one of the biggest names in U.S. cycling.

Bicycle Alliance Auction,

Saturday, Nov. 2 in Seattle. www.bicyclealliance.org. Right now the Bike Alliance is looking for auction donations. "We look for a range of items that will generate spirited bidding and represent the whole wide world of bicycle riding in every part of our beautiful bicycle-friendly state. Auction attendees are active folks who appreciate getaways, unique experiences, handcrafted items, gift baskets, recreation opportunities, and other enticing items." There's an online donation form on the website.

State, Marysville area road contacts

Provided by WSDOT

WSDOT Moveable Spans Maintenance – Gary Voorhees – VoorheG@wsdot.wa.gov This is who you will want to get in touch with regarding any maintenance issues on the Sr529 drawbridges, such as loose planks in the walkway, etc.

WSDOT Bicycle/Pedestrian Coordinator – Ian Macek – MacekI@wsdot.wa.gov This is the best all-around contact for any question or concern related to bicycle access anywhere within WSDOT's infrastructure.

City of Marysville Engineering Department – John Cowling, Assistant City Engineer - JCowling@marysvillewa.gov or Ryan Morrison, Engineering Technician - RMorrison@marysvillewa.gov This is who you want to talk with regarding bicycle access within City of Marysville limits.

www.bikesclub.org

B.I.K.E.S.
P.O. BOX 5242

BIKES Club Members

New:

Sherry Hunter

Robert Smith - Susan Hausmann

Michael Sheldrake

Abe Osowiecki

Renewing Members:

Joanne & Larry Kennedy

Tom & Jeanne Crisp

stamp

Address

Is it time to renew? →

Chainwheel Chatter September 2013



We're on the web at
www.bikesclub.org

B.I.K.E.S.-Membership P.O. Box 5242, Everett WA 98206

Name _____

Address _____

City _____ State _____ Zip _____

Telephone (____) _____ - _____ Email _____

Membership \$15 Annual (INDIVIDUAL)

DUES \$20 Annually (FAMILY)

Member benefits: 10% discount at local bike shops with your member card (see website for list), low-cost bike box and trailer rentals, Frequent Rider Club, monthly newsletter, social and advocacy activities.