

Chainwheel Chatter

Your Snohomish County Cycling Club for OVER 30 YEARS

McClinchy Volunteers still needed: Call Kristin by March 10 to find out how you can help the club host our annual fund raiser - 425-583-4584.

March

ISSUE 402

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Riders found
Cherry Pie
On the
Presidents Day
ride to
Snohomish



No March Meeting

McClinchy Volunteers still needed:

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After treats the riders rode up to 6th and the Centennial Trail



IN MEMORY OF
WENDELL HULTMAN
JULY-18-1938
JULY-23-2011

Where beside the picnic table
The plaque and bike rack in memory of
Wendell Hultman has been located



Club Miles Compiled to

The Frequent Rider Miles program is a fun benefit for BIKES Club members. Ride 100 miles or 500 miles or 1000 miles, or more, on club sponsored rides and earn a reward. Miles are tracked from BIKES Club rides as reported by ride leaders.

Ride Leaders: When reporting a ride, please remember that a ride is eligible for club miles when 1) the ride is listed in the newsletter and on the Rides web page; even if only the ride leader participates or 2) the ride is listed on the Ride Updates web page and the leader and one other person from a different address participates. When reporting, please include your name, name of your ride, ride date, number of miles, names of participants, member status.

B.I.K.E.S. Club Officers & Support Information

Steve Arnhold
President
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Frequent Rider Miles
Coordinator
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**Monthly Ride
Coordinator**
leadaride@bikesclub.org

Club Miles accumulated for 2013 Miles to 2/20/2013

Warren	Bare	329
Pier	Fiorentini	226
Gery	Osowiecki	193
Bill	Weber	114
Bill	Lutterloh	111
Bette-Ann	Shroyer	77
Tim	Wise	70
Dan	Scott	69
Kathy	Riddle	66
Mark	Atkinson	66

Bob	Nyberg	60
Steve	Linari	58
Tom	Weber	36
Cheryl	Walchi	31
Diane	Gordon	31
Jack	McClincy	31
Janell	Reich	31
John	Carlin	31
Debby	Grant	30

Peter	Pisani	27
Fred	Koch	24
Kala	Koch	24
Pam	Hallanger	23
Robert	Pahlman	20
Dorothy	Lindstrom	19
Dan	Cornelissen	15
Tina	Rainforth	15
Kevin	Schroeter	11

Weekend Rides

Saturday, March 9 - Need 1-3 strong riders to help paint the Machias loop of McClinchy. Will need to be able to carry some paint cans and work as a team to mark turns and paceline to the next corner. We get 10+ miles of easy riding on the Centennial Trail. Meet at Haller Middle School in Arlington. 47 miles, rolling hills, moderate pace. Wet roads require a re-schedule. Contact Kristin at 425-583-4584.

Watch the website "Ride Updates" page for other McClinchy painting ride opportunities.

Sunday March 10 Paint the Stanwood loop – Start at Haggens Grocery store at 20115 74th Avenue NE Arlington, WA. for the 34 mile Stanwood loop. Leader Warren Bare (425) 743-7593 bare,warren@gmail.com Snow, ice and wet asphalt will preclude the painting and cancel the ride. RSVP for start time and weather condition review.

McClinchy volunteers still needed: Call Kristin by March 10 to find out how you can help the club host our annual fund raiser - 425-583-4584.

Warren Bare is the April
ride coordinator.

And the month following is

April— Warren Bare

So ride leaders send your rides to

leadaride@bikesclub.org

Ride Guide

PACE

Leisurely / Under 10 MPH

Social / 10–13 MPH

Moderate / 13-16 MPH

Brisk / 16-18 MPH

Strenuous / Over 18 MPH

TERRAIN

A Mostly flat / Norman Road

B Rolling Terrain / McClinchy Mile

C Rolling steeper hills / Kitsap Peninsula

D Difficult Terrain / Whidbey Island

E Very Difficult / RAMROD

Use this chart and the ride description to determine if a particular ride is right for you. Don't take on 50 miles when you haven't done 20, but don't be afraid to start out with us on a 20-30 mile ride if your butt and legs have handled 15.

Monthly Ride Calendar

**UNABLE TO FIND A RIDE THAT WORKS FOR YOU?
CHECK OUT THE RIDE UPDATES ON THE WEBSITE.
STILL NOT FINDING ONE OF INTEREST —
Enter one on the Ride Updates on the Web.**

WEEKDAY RIDES

Tuesday, March 5 – Gery’s Lunch Ride. Start at 11:30am at Bicycle Centres at Silver Lake for a short 10-mile Silver Lake and Mill Creek loop. Low-social pace (10-12mph), flat terrain with just a few very very very short climbs (like less than one block each). Optional (quick for Gery) coffee after the ride before he has to return to the office. Water falling from the sky cancels the ride, but not the coffee. Ride leader Gery Osowiecki, 469-358-2887 (mobile).

Thursday, March 7 – Post Office Ride. Start at 3:30pm at Thornton A Sullivan Park (Silver Lake), 11405 Silver Lake Rd. Return either by Swift Bus or via the Interurban Trail - as group decides. Distance is about 8 miles each way; low-social pace (10-12mph) – go your own pace uphill; B terrain (but mostly downhill into Everett). Optional tea and pastries afterwards. If it’s raining - come anyway because we have to pick up the club mail, in which case we will drive to the post office, and have tea and pastries afterwards. Make sure to have working lights and wear reflective clothing. Ride leader Gery Osowiecki, 469-358-2887 (mobile).

Tuesday, March 12 – Gery’s Lunch Ride. Start at 11:30am from Bicycle Centres at Silver Lake for a short 10-mile Silver Lake and Mill Creek loop. Low-social pace (10-12mph), flat terrain with just a few very very very short climbs (like less than one block each). Optional (quick for Gery) coffee after the ride before he has to return to the office. Water falling from the sky cancels the ride, but not the coffee. Ride leader Gery Osowiecki, 469-358-2887 (mobile).

Thursday, March 14 – Post Office Ride. Start at 3:30pm at Thornton A Sullivan Park (Silver Lake), 11405 Silver Lake Rd. Return either by Swift Bus or via the Interurban Trail - as group decides. Distance is about 8 miles each way; low-social pace (10-12mph) – go your own pace uphill; B terrain (but mostly downhill into Everett). Optional tea and pastries afterwards. If it’s raining - come anyway because we have to pick up the club mail, in which case we will drive to the post office, and have tea and pastries afterwards. Make sure to have working lights and wear reflective clothing. Ride leader Gery Osowiecki, 469-358-2887 (mobile).

Tuesday, March 19 – Gery’s Lunch Ride. Start at 11:30am from Bicycle Centres at Silver Lake for a short 10-mile Silver Lake and Mill Creek loop. Low-social pace (10-12mph), flat terrain with just a few very very very short climbs (like less than one block each). Optional (quick for Gery) coffee after the ride before he has to return to the office. Water falling from the sky cancels the ride, but not the coffee. Ride leader Gery Osowiecki, 469-358-2887 (mobile).

Thursday, March 21 – Post Office Ride. Start at 3:30pm at Thornton A Sullivan Park (Silver Lake), 11405 Silver Lake Rd. Return either by Swift Bus or via the Interurban Trail - as group decides. Distance is about 8 miles each way; low-social pace (10-12mph) – go your own pace uphill; B terrain (but mostly downhill into Everett). Optional tea and pastries afterwards. If it’s raining - come anyway because we have to pick up the club mail, in which case we will drive to the post office, and have tea and pastries afterwards. Make sure to have working lights and wear reflective clothing. Ride leader Gery Osowiecki, 469-358-2887 (mobile).

Tuesday, March 26 – Gery’s Lunch Ride. Start at 11:30am from Bicycle Centres at Silver Lake for a short 10-mile Silver Lake and Mill Creek loop. Low-social pace (10-12mph), flat terrain with just a few very very very short climbs (like less than one block each). Optional (quick for Gery) coffee after the ride before he has to return to the office. Water falling from the sky cancels the ride, but not the coffee. Ride leader Gery Osowiecki, 469-358-2887 (mobile).

Thursday, March 28 – Post Office Ride. Start at 3:30pm at Thornton A Sullivan Park (Silver Lake), 11405 Silver Lake Rd. Return either by Swift Bus or via the Interurban Trail - as group decides. Distance is about 8 miles each way; low-social pace (10-12mph) – go your own pace uphill; B terrain (but mostly downhill into Everett). Optional tea and pastries afterwards. If it’s raining - come anyway because we have to pick up the club mail, in which case we will drive to the post office, and have tea and pastries afterwards. Make sure to have working lights and wear reflective clothing. Ride leader Gery Osowiecki, 469-358-2887 (mobile).

Topics heard at the Transportation Advocacy Day (2/12/13) in Olympia

- The Neighborhood Safe Streets Bill (HB 1045) and Companion (SB5066)
- (HB1233) Including health in the state transportation system policy goals.
- (HB1743) and (SB5564) Safe passing bike and pedestrian traffic. (3 Ft rule)
- & (SB514) Partnering with Motorcycle's on stoplight problem's

The Neighborhood Safe Streets Bill: HB 1045 passed on the House floor on Monday 86-10. It now goes to the Senate. Because this is cutoff week, 2/22/13 and the following weeks will focus on other issues, we expect to be working the bill toward mid-March

With its Senate companion bill (SB 5066) passing the Transportation Committee unanimously earlier this month, things are looking good for the humble 20 mph neighborhood street bill.

The bill has strong bipartisan support. Not only that, but three Republicans who voted against the bill in the House Transportation Committee—Norm Johnson, Linda Kochmar and Dan Kristiansen—changed their votes to yes during the full House vote.

But, of course, this is not the time to look away. Anything could happen. The bill was very popular in both chambers last year, as well. But it languished on the Senate floor as the legislative body de-
volved into a standstill over unrelated issues.

Here's how BAW's Blake Trask describes the bill:

“The Neighborhood Safe Streets Bill applies to non-arterial roadways as they are classified in the Manual on Uniform Traffic Control Devices (MUTCD) and by local jurisdictions. We all know these types of streets because they crisscross the neighborhoods where we live and play. This legislation does not affect state highways or interstates. In fact, state law clearly notes that highways are arterials. Arterials in Seattle are clearly classified by the city and range from Fauntleroy Way SW, Beacon Ave S, and 40th Ave NE. Typically, the de facto non-arterial speed is 25 miles per hour, so if a city or town chose to use this law it would result in a reduction in speed maximums from 25 to 20 miles per hour. While this seems like a small reduction in speed, the difference is huge if you get hit by a car or truck.”

John Carlin from the 32 District Met with prime sponsor Rep. Cindy Ryu for about 10 minutes. I thanked her for her co-sponsorship of the local speed limits bill, HR 1045. I emphasized that I didn't like the state telling the cities what their speed limits should be in the first place and she nodded in agreement.

John also pointed out that with the feds (i.e. Amtrak) withdrawing support for corridor service it would be good if the state were to find some money to support the Talgo service in the Vancouver-Eugene NW corridor. She gave me a thumbs up on this.

Overall I found her a pleasant person to deal with and generally on our side on bike and transit matters.

There were 4 constituents that met with members of the 21st district so it was well represented. One was member of Group Health racing team, four young ladies from different districts. One came as a voter but works as a scheduler for Community Transit and also attending were Peter Hallson, active in the Edmonds Bicycle Group and Cascade and finely Warren Bare with BIKES.

The representatives really want to exchange ideas and hear opinions of people they represent (and who vote for them) It would be great to voters from the 1st, 10th, 38th, 39, and 44th also next year go to Olympia and tell the legislature cyclist from Snohomish County want better ,safer facilities for riding.

Profiled Road Marking's

From the Everett engineering Dept. to Mike Dahlstrom

Dear Mike,

I understand you are active in B.I.K.E.S. Club of Snohomish County and have been willing to give input to the City of Everett on matters concerning bicycling.

In an effort to reduce vehicle speeds and provide better protection for bikers, the City has installed 8" wide profiled methyl methacrylate edge line markings that create a rumble effect if vehicles encroach into the bike lane. Attached is a photo showing this type of edge line markings. This material is very durable, meaning the City won't have to renew them as frequently as the older painted edge lines.

We trust this has been beneficial to bicyclists, but wondered if your group has any opinions in the matter. If you'd be willing to reply or call me to discuss, I'd be very appreciative. If you prefer to have someone else answer, please feel free to forward this to another group member.

Sincerely,

Timothy Miller, PE

City Traffic Engineer

Mike contacted a number of members and received 6 responses to forward to engineering.

This is another "tool" in the road engineer's toolbox and we appreciate the City of Everett contacting BIKES for input regarding road design decisions that may impact cycling in the city of Everett.

It is always better to have the opportunity to provide input on cycling issues during the design phase of road infrastructure projects because once the concrete gets hard or as in this case the methyl methacrylate gets hard it will not be changed for a very long time.

It is also important to provide thoughtful logical input as engineering see flame or rants as noise and no real part of any discussion.

Be Careful—Be Safe

With Chilly Hilly completed for 2013 by the time you read this and McClinchy nearly upon us. It's time for everyone to clean and tune their bikes as better riding weather is sure to be just around the corner in the northwest.

Please be careful out there for as you may or may not know. Two of our high mileage members who ride throughout the year were injured this past winter. So take some time to review best practices on BIKES website under Ride Leader Forms

<http://www.bikesclub.org/Resources/Documents/Ride%20Leader%20forms/rideleadertips07.pdf>

And on other sites throughout the web and of course we hope to see Pier Giorgio Fiorentini and Rick Schranck fully recovered and riding as strong as ever.



AND for those who are able to ride at this time and speed – This from Mark at Arlington Velo Sport.

I am starting a road ride from Arlington Velo Sport Tuesday mornings 8 am to 9:15am. Looking for hills and fun in the Arlington area surrounding the shop. The pace will be above 17mph average. Rain will not cancel.

I might complain a lot though if it is raining.

www.bikesclub.org
B.I.K.E.S. Club
P.O. BOX 5242
Everett, WA 98206

Primary
 Business
 Address

NEW MEMBERS

Robert Patton II
 Mark Atkinson

Hope to see you

on a ride soon



RENEWING MEMBERS

Allan Albright
 Mike Dahlstrom
 Dorothy Lindstrom
 Wendell Hultman
 Michele Wolski
 Perry Walker

Thanks for Renewing

Is it time to renew? →

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. NEWSLETTER SUBMITTAL

Please submit all material for the **April** newsletter by **March 20th**
 to editor@bikesclub.org

Club Bike Box and Trailer

Ready to travel with your bicycle? BIKES Club members can use our sturdy bike box for airline travel or our BOB trailer to tow gear behind their bicycle. Cost - **FREE** Basically, these are club benefits we want people to use. To arrange for use contact Warren Bare at (425) 743-7593 or another club officer.

McClinchy volunteers
still needed:
 Call Kristin by March 10
 to find out
 how you can help
 the club host
 our annual fund raiser -
 425-583-4584.



B.I.K.E.S.-Membership P.O. Box 5242, Everett WA 98206

Name _____

Address _____

City _____ State _____ Zip _____

Telephone (____) _____ - _____ Email _____

Membership \$15 Annually (INDIVIDUAL)

DUES \$20 Annually (FAMILY)