

Chainwheel Chatter

Your Snohomish County Cycling Club for OVER 30 YEARS

From the President

April 2013

ISSUE 403

I want to say how successful both Bike Expo and McClinchy Mile were. As you read the April newsletter, you will read about many good people who put in the extra time to make these events successful for BIKES Club. Bike Expo brought in 11 registrations for McClinchy and volunteers for both helped out greatly from sagging to sign posting, food stops and let's not forget pre ride necessities such as permits and mapping and marking the routes. This is a big project that our club depends on.

Inside this issue:

There will be a formal presentation at the next meeting on Thursday April 11th at 7pm. Please feel free to come and hear how these events will help our club. If anyone wants to meet for dinner before hand The Irishmen 2923 Colby Ave Everett starting at 5.30.

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Lastly, I want to thank all the riders who participated. Your participation helps BIKES Club immensely.

Steven Arnhold
President BIKES Club of Snohomish County

Preliminary McClinchy Numbers from Our Treasure

McClinchy 2013 was an amazing success, especially given the horrible weather forecast.

Here are some numbers:

Registered riders: 325 (including 212 who pre-registered)
Riders on the road: 271 (including an adult and four youths on the family ride)

Gross Revenue: \$6,760
Projected total expenses: \$4,089 (as of press time, we are still waiting for a few bills)

Projected Net Revenue: \$2,671

From a treasurer's point of view I'd like to express a big "thank you" to the following persons: Allyson for typing up the paper pre-registration sheets, Kathy R for helping with money counting, former treasurers Mike, Kristi, and Debby, former president Bill W, our VP Rick, for helpful advice, and Sarina for her help with the Square credit-card reader. Of-course a huge "thank you" also goes to Kristin & Debby who has gone above and beyond the normal call of duty to make the event a success (and still had energy left to actually ride).

Genadi ("Gery") Osowiecki

April

Club Meeting

THURSDAY

April 11, 7:00pm

Snohomish County PUD Bldg.

2320 California Ave, Everett

Everyone's welcome and if time

permits join other club members

at 5.30pm for an early

dinner at:

**The Irishmen
2923 Colby Ave
Everett**

Be part of RAPSody's 10th anniversary

This is the 10th year that five western Washington bike clubs have sponsored the Ride Around Puget Sound (RAPSody) as a fundraiser for the Bicycle Alliance of Washington. RAPSody has raised more than \$100,000 for statewide advocacy and education programs. In honor of the 10th anniversary, the organizing team is challenging clubs around the state to help get participants from all 39 counties.

Don't let your club members and local riders miss out on the great food, scenic routes and excellent value of the Ride Around Puget Sound. Plan now to join us with a few of your riding friends on Aug. 24-25. Perhaps your club might host an STP / RAPSody training series (just add hills)? Organize members to ride as a group? Give a prize to the first club rider to hit Shelton on Saturday (or the last)?

Organizers also have special incentives for the 10th anniversary, including RAPSody t-shirt with early registration, and a new luggage drop location at the local casino, in case you need a buffet. Learn more about the event at www.rapsodybikeride.com.

Club Miles Compiled to

The Frequent Rider Miles program is a fun benefit for BIKES Club members. Ride 100 miles or 500 miles or 1000 miles, or more, on club sponsored rides and earn a reward. Miles are tracked from BIKES Club rides as reported by ride leaders.

Ride Leaders: When reporting a ride, please remember that a ride is eligible for club miles when 1) the ride is listed in the newsletter and on the Rides web page; even if only the ride leader participates or 2) the ride is listed on the Ride Updates web page and the leader and one other person from a different address participates. When reporting, please include your name, name of your ride, ride date, number of miles, names of participants, member status.

B.I.K.E.S. Club

Officers & Support Information

Steve Arnhold

President

president@bikesclub.org

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Vicepresident@bikesclub.org

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Frequent Rider Miles

Coordinator

ridermiles@bikesclub.org

Monthly Ride

Coordinator

leadaride@bikesclub.org

Club Miles accumulated for 2013 Miles to 3/20/2013

Warren	Bare	423
Gery	Osowiecki	252
Pier	Fiorentini	226
Bill	Lutterloh	193
Tim	Wise	174
Bill	Weber	150
Bette-Ann	Shroyer	122
Dan	Scott	69
Kathy	Riddle	66
Mark	Atkinson	66
Bob	Nyberg	60

Steve	Linari	58
Tom	Weber	58
Dick	Nicholson	36
Cheryl	Walchi	31
Diane	Gordon	31
Jack	McClincy	31
Janell	Reich	31
John	Carlin	31
Debby	Grant	30
Peter	Pisani	27
Fred	Koch	24

Kala	Koch	24
Pam	Hallanger	23
Mike	Dahlstrom	22
Linda	Hunter	20
Nancy	Graham	20
Robert	Pahlman	20
Dorothy	Lindstrom	19
Dan	Cornelissen	15
Tina	Rainforth	15
Kevin	Schroeter	11

(And from those who can show us how it should be done)

BIKES Newsletter Ride Review

Cherry Pie Ride

Joining Linda Hunter (for this non-BIKES Club ride) were Dan and Elaine Scott on Feb. 22nd in Borrego Springs, CA (which, by the way, was George's actual birthday). Enjoying the desert warmth and sunshine, the riders started out on their classic Treks through some residential areas, allowing them to compare their back-home lawns and gardens to the rather dry cactus and more cactus desert-style gardens in Borrego. The ride continued on through one of the four golf courses in this small retirement community, progressing onward to one of Borrego's landmarks, the Sea Serpent sculpture. This is a metal sculpture, one of several in town, depicts the area's denizens from its prehistoric past. These sculptures, which include the T-Rex, Sabertooth tigers, huge flying Raptors, and many more, are of creatures that once roamed the ancient seashore that is now a cactus-filled desert. The riders completed the twelve mile ride (of course, Dan took off and did more miles) and then returned to the RV for a cherry pie reward. Brent, the non-rider, served the crew slightly burned pie with ala mode ice cream on top. In addition to this review, we would like to include a shout Out for Elaine, who had, just days before, been awarded top honors in our RV Parks annual Chili Cookoff contest. Don't be surprised if she wears her new apron (the prize) to the Club's next scheduled meeting.

Warren Bare is the May

ride coordinator.

And the month following is

June— Warren Bare

So ride leaders send your rides to

leadaride@bikesclub.org

Ride Guide

PACE

Lesurely / Under 10 MPH

Social / 10-13 MPH

Moderate / 13-16 MPH

Brisk / 16-18 MPH

Strenuous / Over 18 MPH

TERRAIN

A Mostly flat / Norman Road

B Rolling Terrain / McClinchy Mile

C Rolling steeper hills / Kitsap Peninsula

D Difficult Terrain / Whidbey Island

E Very Difficult / RAMROD

Use this chart and the ride description to determine if a particular ride is right for you. Don't take on 50 miles when you haven't done 20, but don't be afraid to start out with us on a 20-30 mile ride if your butt and legs have handled 15.

Monthly Ride Calendar

**UNABLE TO FIND A RIDE THAT WORKS FOR YOU?
CHECK OUT THE RIDE UPDATES ON THE WEBSITE.
STILL NOT FINDING ONE OF INTEREST —
Enter one on the Ride Updates on the Web.**

April Ride Schedule

Weekend Rides

Saturday, April 6 - Log Boom to Redmond. Meet at 10am at Log Boom Park. Ride the trail to Redmond for lunch. Moderate pace, 35 miles, A terrain. Ride leader Mary Jo email: maryjo1532@hotmail.com

Sunday, April 14 – Ballard Farmers Market. Meet at 10am at Echo Lake Park on the Interurban trail. A loop ride to the Ballard Farmers Market for lunch. Moderate pace, 35 miles, A/B terrain. Ride leader Mary Jo email: maryjo1532@hotmail.com

TR Sunday, April 14 – Monroe to Carnation - RAPSody / STP Training Series: April 14. Meet at 9 a.m. at Monroe Park & Ride, near the fairgrounds off Hwy. 2. 50-mile ride on the old McClinchy route from Monroe to Carnation. Hilly terrain. Both social and moderate pace riders welcome. Skill topic: gears and proper pedaling. Ride leader Kristin Kinnamon, [425-583-4584](tel:425-583-4584).

TR Saturday, April 20 – Tulip Pedal. Our training ride is the 60-mile route at a moderate pace. We will start at 10am. If you're not ready for 60, choose 40 or 20 miles and go at your own pace. This is a paid event ride. Go to <http://www.skagititems.com/safe-kids-skagit-county/annual-tulip-pedal/> for details on how to register and where the ride starts. Tulip Pedal offers three distances – a 20-mile course around the tulip fields between [Mount Vernon](#) and [La Conner](#), and 40-mile and 60-mile courses that begin and end at La Conner Middle School in beautiful La Conner, WA. BIKES ride leader Debby Grant, debby@jaygrant.com or 206-353-0249. Please RSVP for this ride so I know to find you at the start.

Sunday, April 21 – McCollum Park to Everett. Meet at 10am at McCollum Park. Do a scenic loop around Everett then stop for lunch. Moderate pace, 35 miles, A/B terrain. Ride Leader Mary Jo email : maryjo1532@hotmail.com

Saturday April 27th - Centennial Trail – Arlington Area - Meet Patty at 10:00am at the Centennial Trail by the restrooms in downtown Arlington for a Social paced ride to the north trailhead. we will ride approx. 24 miles roundtrip. bring water and snacks. heavy rain will cancel. E-mail: pagarrett76@frontier.com

Weekday Rides

Monday, April 22 – Sammamish River Trail. Start in Bothell at Sammamish River Park on the southwest corner of 102nd Ave NE (overpass) & Sammamish River. Social pace, A terrain – paved trail (asphalt), 20 miles (or less if you want). We will stop at Red Hook Brewery or Molback's for coffee, tea, lunch, etc. on the ride. Directions to start : drive south over the 102nd overpass and turn at the first right into the Park gravel parking lot (chicken Park). Poor weather or forecast cancels. Ride Leader Bill Lutterloh 360.668.9554, LutterlohB@GMail.com. Cell phone day-of-ride 425.870.6418. Let me know if you will be joining this ride.

Thursday, April 25 - Pedal Pushers ride Interurban Trail in Lynnwood to Everett & Return: Meet at 10am at the trailhead on 130th St SE near the Swedish Hospital Medical Center Mill Creek facility (the old Puget Park Drive-in). RT 10 miles, low-social pace, mostly A terrain paved trail. Snack break around half way. Ride leader Warren Bare.

Wednesday, May 1 - Pedal Pushers ride Echo Lake to Green Lake: Meet at 10am at Echo Lake Park and ride to Green Lake on the Interurban trail & low-traffic streets. RT 17 miles, mostly A terrain, low-social pace. Snack break near Green Lake. Ride leader Warren Bare.

www.bikesclub.org
B.I.K.E.S. Club
P.O. BOX 5242
Everett, WA 98206

Primary
Business
Address

NEW MEMBERS

Donald Mohs & Evie Jenner
 Karen Hart
 Vivian & Robert Biesiedzinski
 Robert Tipton
 William Starkweather
 Barbara Gallagher
 Kathryn McDaniel

Hope to see you

on a ride soon



RENEWING MEMBERS

Adrienne Dorf
 Ruth Gustafson
 Daniel & Elaine Scott
 Daniel &
 Mareda Cornelissen
 George Price
 Stephanie Jesmer
 John Weller
 Steve Arnhold &
 Marlene Maier
 Nancy Graham &
 Susan Lathi
 Jennifer Winson
 Denise Driscoll
 Lucie John

Thanks for Renewing

Wednesday, April 24

**Pedal Pushers 2013 Season
 Kick-off:**

Come to this session to jump-start your season. You'll find our group friendly and ready to help you on your way. Learn what you need to start off safe and secure. Bring your bike if you like and we'll do minor fit and safety checks.
 10:30am at the

Lynnwood Senior Center.

Is it time to renew? →

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NEWSLETTER SUBMITTAL

Please submit all material for the **May** newsletter by **April 20th** to editor@bikesclub.org

Club Bike Box and Trailer

Ready to travel with your bicycle? BIKES Club members can use our sturdy bike box for airline travel or our BOB trailer to tow gear behind their bicycle. Cost - **FREE** Basically, these are club benefits we want people to use. To arrange for use contact Warren Bare at (425) 743-7593 or another club officer.

B.I.K.E.S.-Membership P.O. Box 5242, Everett WA 98206

Name _____

Address _____

City _____ State _____ Zip _____

Telephone (____) _____ - _____ Email _____

Membership \$15 Annually (INDIVIDUAL)

DUES \$20 Annually (FAMILY)