

# Chainwheel Chatter

Your Snohomish County Cycling Club for OVER 30 YEARS

## EDMONDS INTERURBAN TRAIL NEWS

On June 19, 2012 the \$1.8 million Edmonds link for the Seattle-to-Everett Interurban bicycle and pedestrian trail was officially opened and, marked by speeches and ribbon cutting at Ballinger Station, a landscaped rest area at 76th Avenue West and McAleer Way.

Past and present City of Edmonds, Snohomish County and Washington State elected officials, along with employees, contractors and members of the Lake Ballinger neighborhood gathered for the festivities celebrating the 1.3-mile section of trail connecting Shoreline to Mountlake Terrace.

Edmonds Mayor David Earling recognized the Ballinger family, who originally settled in the neighborhood in 1888 and generously gave property to the city that was necessary to complete the trail's development.

"They've only asked for one acknowledgement, and that is when we cut the ribbon today," Earling said.

The completed trail link heads north on 76th Avenue West from the section in Shoreline at State Route 104, continues to McAleer Way and follows the corridor to 228th Street Southwest, where it connects with the new southern terminus of the Mountlake Terrace trail. The trail also includes a spur that connects to Mathay Ballinger Park in Edmonds. (See Trail Page 5)

## VOLENTEER CORNER

**BIKES** August 4 picnic –Needs Moderate and social paced ride leaders for rides before the picnic – Someone to procure the burgers, dogs drinks and fixins, a cook to BBQ the aforementioned and someone to COORDINATE the whole shebang. Contact [president@bikesclub.org](mailto:president@bikesclub.org).

## RAPSody Volunteers Needed

BIKES Club of Snohomish County has supported the Ride Around Puget Sound since the event first started nine years ago. RAPSody is a fund raiser for the Bicycle Alliance of Washington's advocacy and education programs statewide.

### We need RAPSody volunteers to help:

· Mark the course in advance by bike and car on July 28 (starting in Tacoma with volunteers from other bike clubs).

Staff the BIKES Club rest stop at Allyn (near Belfair) on Aug. 25. We need help from about 9 a.m. to 3 p.m. preparing food and feeding cyclists.

· Provide sag and other logistical support on Aug. 25-26

Volunteers get a cool t-shirt and can buy the event jersey at cost, for \$40. But you need to commit soon. Contact BIKES Club RAPSody volunteer Kristin Kinnamon at 425-583-4584 or [kinnamonk@aol.com](mailto:kinnamonk@aol.com)

July 2012

ISSUE 393

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## July

No club meeting,

Too busy riding.

## August 4

Club picnic and special meeting to elect a club Treasurer. Mark your calendar and RSVP for the picnic by July 31 to

[president@bikesclub.org](mailto:president@bikesclub.org).

Potluck and ride details will be in the Aug newsletter.

WELCOME

New member  
Wendi Werner!

Wendi participated in the free raffle at the BIKES Club booth at the Earth Day Celebration on Saturday April 21 in Everett. Wendi's prize is a year's membership in the Club and a bag full of cycling related goodies contributed by the Club. Congratulations Wendi!

# B.I.K.E.S. Club

## Officers & Support Information

**Steve Arnhold**  
**President**  
 president@bikesclub.org

**Rick Schranck**  
**Vice President**  
 Vicepresident@bikesclub.org

**Vacant**  
**Secretary**  
 secretary@bikesclub.org

**Kristi Knodell**  
**Treasurer**  
 treasurer@bikesclub.org

**Tim Wise**  
**Web Master**  
 webmaster@bikesclub.org

**Warren Bare**  
**Newsletter Editor**  
 editor@bikesclub.org

**Linda Hunter**  
**Frequent Rider Miles Coordinator**  
 ridermiles@bikesclub.org

**Monthly Ride Coordinator**  
 leadaride@bikesclub.org

## Club Miles Compiled to

The Frequent Rider Miles program is a fun benefit for BIKES Club members. Ride 100 miles or 500 miles or 1000 miles, or more, on club sponsored rides and earn a reward. Miles are tracked from BIKES Club rides as reported by ride leaders.

**Ride Leaders:** When reporting a ride, please remember that a ride is eligible for club miles when 1) the ride is listed in the newsletter and on the Rides web page; even if only the ride leader participates or 2) the ride is listed on the Ride Updates web page and the leader and one other person from a different address participates. When reporting, please include your name, name of your ride, ride date, number of miles, names of participants, member status.

## Frequent Rider Miles – As of 6/19/2012

Pier	Fiorentini	1432
Warren	Bare	1265
Gery	Osowiecki	641
Bob	Nyberg	609
Tim	Wise	607
Steve	Linari	485
Bill	Lutterloh	441
Dan	Scott	298
Bill	Weber	292
Kathy	Riddle	222
Marilyn	Perala	221
Linda	Hunter	192
Jim	Stewart	177
Mike	Dahlstrom	147
Elaine	Scott	134
Tom	Weber	131
Dorothy	Lindstrom	130
Pam	Hallanger	124
Michael	Snodgrass	116
Cheryl	Walchi	103

Jack	McClincy	100
Denny	Andrie	99
Rick	Schranck	99
Bette-Ann	Shroyer	91
John	Carlin	85
Warren	McAndrew	84
Peter	Pisani	81
Janell	Reich	78
Dick	Nicholson	75
Evelyn	Rayburn	71
Steven	Hudspeth	65
Doug	Andrews	57
Clarence	Elstad	54
Bruce	Deitz	50
Brent	Hunter	44
Robert	Pahlman	42
Joanne	Kennedy	40
Larry	Kennedy	40
MJ	Gerst	40
Pam	Deitz	39

Tom	Crisp	38
Diane	Gordon	38
Dave	Fielder	35
Kay	Peterson	35
Rod	McDonald	35
Susie	Paquette	35
Ken	Moores	29
Perry	Walker	26
Patty	Garrett	23
Bob	Palm	18
James	Wright	18
Nancy	Graham	18
Dan	Cornelissen	17
Leslie	Strickland	17
Nancy	Webb	17
Judi	Chadwick	17
Bill	Newman	15
Kevin	Patterson	10
Annie	Peterson	9

Doug Andrews is the August ride coordinator.

And the months following are

September – Tim Wise

October – Bill Weber

So ride leaders send your rides to

leadaride@bikesclub.org

## Ride Guide

### PACE

**Leisurely** / Under 10 MPH

**Social** / 10–13 MPH

**Moderate** / 13-16 MPH

**Brisk** / 16-18 MPH

**Strenuous** / Over 18 MPH

### TERRAIN

**A** Mostly flat / Norman Road

**B** Rolling Terrain / McClinchy Mile

**C** Rolling steeper hills / Kitsap Peninsula

**D** Difficult Terrain / Whidbey Island

**E** Very Difficult / RAMROD

Use this chart and the ride description to determine if a particular ride is right for you. Don't take on 50 miles when you haven't done 20, but don't be afraid to start out with us on a 20-30 mile ride if your butt and legs have handled 15.

## Monthly Ride Calendar

**UNABLE TO FIND A RIDE THAT WORKS FOR YOU?  
CHECK OUT THE RIDE UPDATES ON THE WEBSITE.  
STILL NOT FINDING ONE OF INTEREST —  
Enter one on the Ride Updates on the Web.**

### *July Rides* Weekday Rides

**Monday, July 2 and 16 - Whidbey Island. Clinton - Freeland – Maxwellton:** Meet at 9am at the parking lot of 5425 Harbour Pt. Blvd. Mukilteo. We will catch the 9:30 ferry (\$4.95). Ride the south part of the island. 48 miles. Bring snacks. Cappuccino in Freeland. Pace: moderate, terrain: D. Ride leader Pier Fiorentini (425)349-5065 or [fiorepg@frontier.com](mailto:fiorepg@frontier.com). See route on [Bikely.com](http://Bikely.com) as Clinton-Freeland.

**Thursday, July 5 – Pedal Pushers ride Log Boom to Marymoor Park:** Meet at Log Boom Park and ride the Burke Gilman trail to Marymoor Park and return. Approximately 26 miles RT on flat trail. Lunch at Redhook Brewery on the return. Ride leader Clarence Elstad [celstad1@frontier.com](mailto:celstad1@frontier.com) or 425 514-3446.(10am Start)

**Friday, July 6, 13, 20, 27 - Mukilteo-Forest Park-Everett:** Meet at 9am at the parking lot of 5425 Harbour Pt. Blvd. Mukilteo. Route: Varies depending on the mood. 20 miles. Pace: moderate, terrain: A/B. Ride leader Pier Fiorentini (425)349-5065 or [fiorepg@frontier.com](mailto:fiorepg@frontier.com)

**Monday, July 9 - Mukilteo-Snohomish-Monroe:** Meet at 9am at the parking lot of 5425 Harbour Pt. Blvd. Mukilteo. Return via High Bridge Rd - Lowell-Larimer Rd. 54 Miles. Pace: moderate, terrain: A/B. Ride leader Pier Fiorentini (425)349-5065 or [fiorepg@frontier.com](mailto:fiorepg@frontier.com).

**Wednesday, July 11 - Mukilteo - Lake Stevens:** Meet at 10am in the parking lot of 5425 Harbour Pt. Blvd. Mukilteo. Route: Mukilteo-Snohomish-Machias-Lk Cassidy/Stevens-Everett-Mukilteo. 52 miles. Pace: moderate. terrain: B. Ride leader Pier Fiorentini (425)349-5065 or [fiorepg@frontier.com](mailto:fiorepg@frontier.com).

**Wednesday, July 18 - Mukilteo-Snohomish-Everett (Al's Loop).** Meet at 9am at the parking lot of 5425 Harbour Pt. Blvd. Mukilteo. Route: Mukilteo-Lowell-Snohomish-Everett-Mukilteo. 42 or 47 miles. Pace: moderate, terrain: A/B. Ride leader Pier Fiorentini (425)349-5065 or [fiorepg@frontier.com](mailto:fiorepg@frontier.com).

**Thursday, July 19 – Pedal Pushers ride Sammamish River Trail:** Meet in Bothell at Sammamish River Park on the southwest corner of 102nd Ave NE (overpass) & Sammamish River. RT 19 miles on level paved trail. Ride leader Fred Koch [fredkoch@hotmail.com](mailto:fredkoch@hotmail.com) or 425 487-3221. (10am start)

**Wednesday, July 25 – Pedal Pushers ride Seattle Water Vistas:** Start at Gas Works for a route with water views, the Locks, parks and trails. RT 22 mile with little elevation gain. Ride leader Warren Bare [bare.warren@gmail.com](mailto:bare.warren@gmail.com) or 425 743-7593. (10am start)

**Wednesday, July 25 - Mukilteo - Snohomish - Monroe - Sultan - Monroe - Mukilteo.** Starts at 9am at the parking lot of 5425 Harbour Pt. Blvd, Mukilteo. 75 miles. Pace: moderate, terrain: C (we will not do Welch Rd). Ride leader Pier Fiorentini (425)349-5065 or [fiorepg@frontier.com](mailto:fiorepg@frontier.com)

**Monday, July 30 - Golden Gardens:** Starts at 9am at the parking lot of 5425 Harbour Pt. Blvd, Mukilteo. Mukilteo-Edmonds-Seattle and back (via Blue Ridge). 50 miles. Pace: moderate, terrain D. Ride leader Pier Fiorentini (425)349-5065 or [fiorepg@frontier.com](mailto:fiorepg@frontier.com).

### Weekend Rides

**Saturday July 14 – Snohomish Sultan Bakery Loop** – The ride leader missed this ride in late April because of ill health so is going to the Sultan Bakery now. Start at the restrooms on Ist St at 9am. Low moderate pace and A-C terrain on this 45 mile ride. The food stop is in Sultan at the turn around point and rain may cancel. Leader Warren Bare – 425-743-7593

RWGPS map - <http://ridewithgps.com/routes/1354943>

Snohomish Parking – Park on 1<sup>st</sup> West of the Airport Way bridge abutting the new trail/ walk shown below.

<https://maps.google.com/maps/ms?msid=20793555246822903412.0004c33fa046f74b95c23&msa=0>

**Saturday July 28<sup>th</sup> Another McCollum Snohomish Loop** – Starting at 9am in the McCollum Park Lot we will follow the map below on this high social / low moderate pace with A/B terrain at 40 miles. A food /snack stop along the way and serious rain cancels. Leader Warren Bare – 425-743-7593

<http://ridewithgps.com/routes/378989>

As the newsletter is prepared for press for July many of the usual ride leaders are busy riding the Willamette Valley Scenic Bikeway Tour so look for added ride opportunities added to the ride update's page.

### What are those post along the Interurban and Centennial? (One pictured below)

Webmaster Tim Wise wondered so he asked County Park staff member Russ Bosanko

Those are trail counter posts....we have one (1) set of counter posts on the Interurban Trail and have three (3) sets currently on the Centennial Trail. We have two (2) actual counters that we will rotate from post location to post location at different times of the year that count pedestrians and bicycles and we have a second counter that counts pedestrians, bicycles, and horses. Up to this point in time we've had to rely on the Trail Coalition doing manual counts and our Rangers doing a trailhead parking lot count to guessestimate how many users are on the trail this will be one more tool that Parks will use.

Thanks, Russ

Russ Bosanko, Manager - Park Operations and Community Partnerships



Snohomish Mayor thanking member Don Kusler for his efforts in helping Obtain the BAW Bronze ranking for the City of Snohomish

The BAW bronze sign unveiled At the Snohomish City Trail Celebration



Listed below are some area event Rides that some members are doing this year and /or set as a Goal for the future.

### **Aug. 25-26: Ride Around Puget Sound**

This weekend bicycle tour around the south Puget Sound is exceptional. RAPSody has hot calzones and cold yogurt parfaits, 30 miles of paved trails, classic Northwest scenery and friendly small towns - plus cyclists doing the Chicken Dance to live music.

Five bike clubs work together to organize this 170-mile event in support of the Bicycle Alliance of Washington's advocacy and education programs. RAPSody starts and ends in Tacoma with an overnight in Shelton.

Cost is \$85 through July 15, then \$95 until registration closes on Aug. 17. For more information, visit [www.rapsodybikeride.com](http://www.rapsodybikeride.com) or call 253-857-5658.

### **Group Health Seattle to Portland Bicycle Classic—July 14 - 15, 2012**

This 200-mile bicycle ride is the largest multi-day bicycle event in the Northwest, with up to 10,000 participants riding from Seattle to Portland in one or two days. The route takes you through the scenic valleys, forests, and farmlands of western Washington and Oregon. Come ride what Bicycling Magazine has listed as one of the best cycling events in the nation!

### **Red-Spoke 2012 Redmond, Washington- 18 July 2012**

Redmond, Washington 98073

**Starts:**18 July 2012 @ 7:00 am **Ends:**22 July 2012 @ 1:00 pm

Cadillac of bicycling tours - fully supported!

5-Day 300-mile recreational ride at your own pace.

### **July 28,29 : Tour de Kitsap - Silverdale**

Enjoy Kitsap by bicycle.

Saturday: Ride singletrack trails in historic Port Gamble on Pope and Talbot land. Several courses available with mechanical support, refreshments.

Sunday: Scenic 15-, 30-, 65- and challenging 100-mile loops with great rest stops, unique views, full SAG. 5-mile family ride.

West Sound Cycling Club

[www.westaoundcycling.com](http://www.westaoundcycling.com) THIS RIDE SUPPORTS BAW

← (Trail con't) →

The trail includes a .47 mile 12-foot wide paved path, landscaping, a bench, signage, a bicycle rack, a drinking fountain, a shelter and an information kiosk. Bike lanes have also been added to 76th Avenue West and bike arrows to 74th Avenue West to complete the 1.37-mile section.

The trail extension was funded through \$1.3 million in state and federal grants, with the remainder from the City's Real Estate Excise Tax and utility funding.

**www.bikesclub.org**  
**B.I.K.E.S. Club**  
**P.O. BOX 5242**  
**Everett, WA 98206**

Primary  
Business  
Address

**Welcome Drawing winners at the PUD**

BIKES Volunteers were at a Table during PUD's health fair on June 6<sup>th</sup>

A drawing was held at each session and **Rob Larson** won the morning session held at the PUD Operations Center.

The afternoon session held at the Administration Building was won by **Cassie Martin**

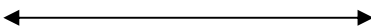
Both won a year's membership in BIKES and a basket of BIKES accessories including bells, slap bands, hats, etc.

*Is it time to renew? →*

**NEW MEMBERS**

Rob Larson  
 Cassie Martin  
 Bette-Ann Shroyer

**Hope to see you on a ride soon**



**RENEWING MEMBERS**

Bruce and Pam Deitz  
 Albert Penta  
 Perry Walker  
 Clarence Elstad  
 Mary Jo Gerst  
 Joe Majka  
 Genadi Osowiecki

**Thanks for Renewing**

**Chainwheel Chatter July 2012**

**. NEWSLETTER SUBMITTAL**

Please submit all material for the **August** newsletter by **July 20th** to editor@bikesclub.org

**Club Bike Box and Trailer**

Ready to travel with your bicycle? BIKES Club members can use our sturdy bike box for airline travel or our BOB trailer to tow gear behind their bicycle. Cost - **FREE** Basically, these are club benefits we want people to use. To arrange for use contact Warren Bare at (425) 743-7593 or another club officer.

**B.I.K.E.S.-Membership** P.O. Box 5242, Everett WA 98206

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Telephone (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_ Email \_\_\_\_\_

**Membership \$15 Annually (INDIVIDUAL)**

**DUES \$20 Annually (FAMILY)**