

Chainwheel Chatter

Your Snohomish County Cycling Club for OVER 30 YEARS

December 2012

ISSUE 399

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Pedal Pushers Wrap Up 2012

Thank you to all the BIKES ride leaders and participants who made the Pedal Pusher 2012 season a great success.

Regular Pedal Pusher rides wrapped up in October after starting the season in April. We continued the schedule of meeting for alternate Wednesday and Thursday trail and road rides.

New riders joined the growing group from the past several years.

This was BIKES second year to co-sponsor the group with the Lynnwood Senior Center.

BIKES members who stepped up and led rides and planned routes made it possible to offer weekly outings.

From the President

Hello and Merry Christmas and Happy New Year from the president of BIKES Club of Snohomish County. I want to extend to all the members a very Merry Christmas and Happy New Year and thank you for all you have done to make BIKES a great club. This is always a time to search and reflect on not only 2012 but what a great year 2013 can be. For all of you who can make it, the club Holiday Party is set for Saturday, Dec 1st at Warren's club house. Please do attend and meet other members and enjoy the holiday spirit. See the November newsletter for more information, or just email me. This should be a fun time for all.

I want to say thank you to all who have helped me with the past few months as president. I have not been president of anything before and it is a major responsibility. But it is also a good time and I have met some great people who work very hard to promote safe bicycling in Snohomish County. Things like organizing McClinchy Mile are not easy and require a lot of patience and working with the county departments.

Speaking of McClinchy, it is on March 17th. Hopefully this will be a good weather year and more riders can come out to join us.

I also want to bring up a newsworthy item. On Oct 17th, a cyclist was killed while heading home, north, on Evergreen Way. As this email is being typed, there is still no complete knowledge of why the driver drifted 6 lanes over. The young man killed was 30 years old and from Tacoma, though he lived in Snohomish County and worked for Gregg's Cycles in Alderwood. His name was Trent Graham and he was a valued employee who left behind a son.

This is the kind of dedicated young man who enjoyed cycling, people and helping others. You can make a donation on his behalf at the Washington State Employees Credit Union. Any branch will have a fund in his name - there is one in South Everett next to the Albertsons.

This is also a time to pause and reflect on other cyclists, some from our club, who were killed while bicycling. No one wants to see this happen and we need to do more where possible.

I close by saying, again, Merry Christmas and Happy New Year. Take care.

Steve Arnhold, president

Debby Grant

B.I.K.E.S. Club**Officers & Support
Information****Steve Arnhold****President****president@bikesclub.org****Rick Schranck****Vice President****Vicepresi-****dent@bikesclub.org****Vacant****Secretary****secretary@bikesclub.org****Gery Osowiecki****Treasurer****treasurer@bikesclub.org****Tim Wise****Web Master****webmaster@bikesclub.org****Warren Bare****Newsletter Editor****editor@bikesclub.org****Linda Hunter****Frequent Rider Miles****Coordinator****ridermiles@bikesclub.org****Monthly Ride****Coordinator****leadaride@bikesclub.org****Club Miles Compiled to**

The Frequent Rider Miles program is a fun benefit for BIKES Club members. Ride 100 miles or 500 miles or 1000 miles, or more, on club sponsored rides and earn a reward. Miles are tracked from BIKES Club rides as reported by ride leaders.

Ride Leaders: When reporting a ride, please remember that a ride is eligible for club miles when 1) the ride is listed in the newsletter and on the Rides web page; even if only the ride leader participates or 2) the ride is listed on the Ride Updates web page and the leader and one other person from a different address participates. When reporting, please include your name, name of your ride, ride date, number of miles, names of participants, member status.

Frequent Rider Miles - As of 11/20/2012

Pier	Fiorentini	3015
Warren	Bare	2111
Bob	Nyberg	1345
Bill	Lutterloh	1188
Gery	Osowiecki	940
Tim	Wise	908
Dan	Scott	781
Bette-Ann	Shroyer	772
Steve	Linari	720
Bill	Weber	719
Marilyn	Perala	660
Linda	Hunter	472
Dorothy	Lindstrom	464
Susie	Paquette	440
Mike	Dahlstrom	425
Tom	Weber	422
Nancy	Graham	388
Elaine	Scott	372
Kathy	Riddle	371
MJ	Gerst	362
Pam	Hallanger	339
John	Carlin	331
Clarence	Elstad	272
Jim	Stewart	232
Fred	Koch	201
Perry	Walker	199
Bruce	Deitz	195
Cheryl	Walchi	182

Rick	Schranck	179
Pam	Deitz	176
Joanne	Kennedy	162
Larry	Kennedy	162
Judi	Chadwick	161
Kala	Koch	159
Susan	Lahti	159
Kristi	Knodell	152
Robert	Smith	142
Kristin	Kinnamon	141
Warren	McAndrew	141
Tom	Crisp	135
Debby	Grant	133
Peter	Pisani	130
Nancy	Chad-Jones	128
Steven	Hudspeth	120
Michael	Snodgrass	116
Adrienne	Dorf	111
Robert	Pahlman	107
Susan	Hausmann	104
Jack	McClincy	100
Denny	Andrie	99
Jim	Roosma	93
Leslie	Strickland	92
Bill	Newman	89
Judy	Brackett	87
James	Wright	83

Patty	Garrett	83
Janell	Reich	78
Dick	Nicholson	75
Russ	Rainforth	75
Tina	Rainforth	75
Evelyn	Rayburn	71
Doug	Andrews	63
Brent	Hunter	59
Kay	Peterson	54
Moe	Moosavi	53
Ed	Moyer	53
Brenda	Ferguson	52
Ken	Mooses	49
Allyson	Welsh	48
Diane	Gordon	38
Dave	Fielder	35
Rod	McDonald	35
Kathleen	Dawe	34
Shawn	Diem	24
Bill	Ferguson	24
Bob	Palm	18
Dan	Cornelissen	17
Nancy	Webb	17
Graham	White	10
Kevin	Patterson	10
Annie	Peterson	9
Sharon	Andrews	6

Dan Scott is the January
ride coordinator.

And the month following is

February— Bill Weber

So ride leaders send your rides to

leadaride@bikesclub.org

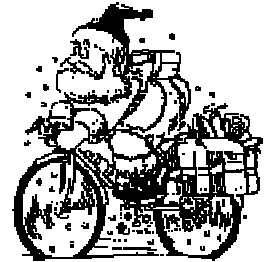
Ride Guide**PACE****Leisurely / Under 10 MPH****Social / 10-13 MPH****Moderate / 13-16 MPH****Brisk / 16-18 MPH****Strenuous / Over 18 MPH****TERRAIN****A Mostly flat / Norman Road****B Rolling Terrain / McClinchy Mile****C Rolling steeper hills / Kitsap Peninsula****D Difficult Terrain / Whidbey Island****E Very Difficult / RAMROD**

Use this chart and the ride description to determine if a particular ride is right for you. Don't take on 50 miles when you haven't done 20, but don't be afraid to start out with us on a 20-30 mile ride if your butt and legs have handled 15.



Monthly Ride Calendar

**UNABLE TO FIND A RIDE THAT WORKS FOR YOU?
CHECK OUT THE RIDE UPDATES ON THE WEBSITE.
STILL NOT FINDING ONE OF INTEREST —
Enter one on the Ride Updates on the Web.**



December 3rd, 19th. Mukilteo - Lake Stevens. Meet at 10:00 AM in the parking of the Lutheran Church at 5425 Harbour Pointe Boulevard, Mukilteo. Route: Mukilteo-Snohomish-Machias-Lake Stevens-Everett-Mukilteo. 54 miles. Pace: Moderate. Terrain :A/C. Leave a message (425)349-5065 or email: fiorepg@frontier.com

December 4th & 11th EVERY TUESDAY'S EARLY LUNCH RIDE Join Gery at 9:30am on his breakfast break (actually lunch on the East Coast) for a short, 10 mile loop around Silver Lake and Mill Creek. Pace is low-social (10-12). Terrain is mostly flat with just a few very very very short climbs (like less than one block each). Optional (quick for Gery) coffee afterwards before he has to return to the office. Water falling from the sky cancels the ride, but not the coffee. Gery's cell: 469-358-2887

December 5th, 26th.(Al's Loop) Mukilteo-Snohomish (via River Rd)-Everett Meet at 10:00 AM in the parking of the Lutheran Church at 5425 Harbour Pointe Boulevard, Mukilteo. Route: Mukilteo-Snohomish-Everett-Mukilteo. 42 miles. Pace: Moderate, terrain:A. Leave a message (425)349-5065 or email : fiorepg@frontier.com

December 6th and 27th 3:30 PM Location Meet at Silver Lake Sullivan Park An after work ride to the Post Office in Everett. Return either by Swift Bus or via the Interurban Trail – as group decides. This will be a one-way ride on Thursdays when there is a club meeting. Distance is about 8 miles each way. Terrain is B (but mostly downhill into Everett), Pace, about 10-12 MPH – half that going uphill. Optional afternoon tea and pastries afterwards. If it's raining – come anyway – we have to pick up the club mail, in which case we will drive downtown to the post office, and have tea and pastries afterwards... Make sure to have working lights and reflective clothing. Gery's cell: 469-358-2887

December 7th, 21st, 28th. Mukilteo-Forest Park-Everett Meet at 10:00 AM in the parking of the Lutheran Church at 5425 Harbour Pointe Boulevard, Mukilteo. Route: Mukilteo Blvd to Forest Pk, return may vary. 20-21 miles. Pace: Social, terrain. Call (425)349-5065 or email : fiorepg@frontier.com

December 10th. Mukilteo-Snohomish (via Larimer Rd)-Everett Meet at 10:00 AM in the parking of the Lutheran Church at 5425 Harbour Pointe Boulevard, Mukilteo. Route: Mukilteo-Larimer Rd-Snohomish-Everett-Mukilteo. 47 miles. Pace: moderate. Terrain :A/B. Leave a message (425)349-5065 or email : fiorepg@frontier.com

Saturday 12/15/12 5:00 PM: Decorated bike ride. Light your bike, tinsel yourself, or grow a tree on your rack. It's time for a Christmas light viewing ride around Everett. A 5-10 mile leisurely ride around town starting from the North East corner of Garfield Park (2 blocks east of Walnut on 23rd Street). This is a night ride, headlight and taillight required, decorations are optional (but fun) Snow, ice and/or heavy rain will postpone, watch ride changes page for updates. Ride leader Bill Weber 425-327-3516 email bill@thewebers.info

www.bikesclub.org
B.I.K.E.S. Club
P.O. BOX 5242
Everett, WA 98206

Primary
 Business
 Address

**Centennial Trail
 Celebration**
 Speeches



& Ribbon cutting



followed by rides from the
 Nakashima Barn at the North
 terminus of the trail.
 11/3/2012



At the **BAW Dinner / Auction**
 gala event this year over
 \$90,000 - the highest amount
 ever was raised to help BAW
 continue the advocacy for
 biking throughout our state

Is it time to renew? →

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. NEWSLETTER SUBMITTAL

Please submit all material for the **January** newsletter by **December 20th**
 to editor@bikesclub.org

Club Bike Box and Trailer

Ready to travel with your bicycle? BIKES Club members can use our sturdy
 bike box for airline travel or our BOB trailer to tow gear behind their bicycle.
 Cost - **FREE** Basically, these are club benefits we want people to use. To
 arrange for use contact Warren Bare at (425) 743-7593 or another club officer.

B.I.K.E.S.-Membership P.O. Box 5242, Everett WA 98206

Name _____

Address _____

City _____ State _____ Zip _____

Telephone (____) _____ - _____ Email _____

Membership \$15 Annually (INDIVIDUAL)

DUES \$20 Annually (FAMILY)