

Chainwheel Chatter

B.I.K.E.S.

Your Snohomish County Cycling Club

SEPTEMBER 2011

ISSUE 383

Long Time Club Member Wendell Hultman Passed away on July 23 — a result of a cycling accident.

Wendell joined Cascade prior to joining BIKES and started riding then leading the Thursday night rides after closing his auto parts business for the day. He joined BIKES in October 1989 and a Newsletter introduction by Colleen Squire said "Wind, rain, fog and flood – nothing seems to stop this determined bicyclist. In fact not even a recent broken hip kept this new club member from enjoying a ride on his bike".

At a later club meeting Cindy Linari made a presentation recounting her and Betty Chong's prior cycling trip across the United states. This inspired Wendell to take yearly trips to Europe biking Denmark, Italy, France etc. and his conquest of the beyond category Mt. Ventroux, the Tour de France legendary peak was his greatest conquest.

As with all BIKES club members, Wendell was much more than just a cyclist. He was a husband of many years and with his wife Marlene raised three children and he was the grandfather of eight.

But to those who knew Wendell through cycling he truly enjoyed the simple elegant efficiency of the bicycle and company of those who rode them. He once said "Cycling was the most joyous activity one could do as an individual".

As webmaster Tim Wise said when he pulled the adjacent picture from his archives.

"Doesn't this say it all"?



Celebration of life — September 18, 2011

Cycling friends from BIKES and Cascade are invited by Wendell's family to a celebration of life open house to be held at the residence from 1.00 to 5.00 PM. Address – 9608 58 Pl. W. Mukilteo WA.

<http://maps.google.com/maps?>

saddr=Mukilteo+Speedway&daddr=9608+58th+Pl+W,+Mukilteo,+WA+98275&hl=en&sll=47.873065,-122.273111&sspn=0.007384,0.013711&geocode=FfB_2gldRza2-A%3BFSOQ2wldnKe1-CmbL2J7wwOQVDEoejLA4LR6Hw&mra=mift&mrsp=0&sz=16&vpsrc=0&z=16

There are (2) of Wendell's Bakery Cruise rides listed on the calendar for those wishing to ride one of his signature routes. Both will end at the Open House (three miles from the start).

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September Club Meeting THURSDAY

Sept 15, 7:00pm *

Snohomish County PUD Bldg
2320 California Ave, Everett

Everyone's welcome and if time permits join other club members at 5.30pm for an early dinner at:

The Irishman Pub
2933 Colby Ave
(425) 257-9316

* This is the 3rd Thursday

**B.I.K.E.S. Club
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Approximately 25% of
BIKES membership get
the Chainwheel Chatter
electronically online.
YOU TOO CAN GET YOUR
newsletter electronically.
Email roster@bikesclub.org
and save a tree.

Club Miles Compiled to

The Frequent Rider Miles program is a fun benefit for BIKES Club members. Ride 100 miles or 500 miles or 1000 miles, or more, on club sponsored rides and earn a reward. Miles are tracked from BIKES Club rides as reported by ride leaders.

Ride Leaders: When reporting a ride, please remember that a ride is eligible for club miles when 1) the ride is listed in the newsletter and on the Rides web page; even if only the ride leader participates or 2) the ride is listed on the Ride Changes web page and the leader and one other person from a different address participates. When reporting, please include your name, name of your ride, ride date, number of miles, names of participants, member status.

Warren	Bare	1453	Nancy	Graham	54
Bill	Lutterloh	934	James	Wright	54
Wendell	Hultman	602	Perry	Walker	47
Gery	Osowiecki	573	Joanne	Kennedy	47
Dan	Scott	501	Larry	Kennedy	47
Evelyn	Rayburn	470	Clarence	Elstad	46
Tim	Wise	469	Robert	Smith	45
Steve	Linari	360	Susan	Hausmann	45
Pier	Fiorentini	257	Dan	Cornelissen	44
Debby	Grant	251	Shirley	Slade	42
Bill	Weber	249	Dick	Nicholson	40
Dorothy	Lindstrom	242	Stepha- nie	Roche	33
David	Wadley	200	Jack	McClincy	30
Elaine	Scott	188	Janell	Reich	30
John	Carlin	176	Michael	Snodgrass	30
Kathy	Riddle	149	Peter	Pisani	30
Tom	Weber	149	John	Happold	30
Mike	Dahlstrom	147	Kala	Koch	25
Kay	Peterson	126	Sally	Davies	25
Dave	Fielder	126	Doug	Andrews	22
Cheryl	Walchi	107	Linda	Hunter	22
Adrienne	Dorf	105	Bill	Newman	22
Allyson	Welsh	101	Tom	Crisp	19
Warren	McAndrew	98	Kristi	Knodell	18
Rod	McDonald	77	Pam	Hallanger	14
Bob	Nyberg	64	Steven	Hudspeth	11
Keith	Gerhard	54			

**Warren Bare is the October
ride coordinator.**

Ride leaders can simply send their ride ideas to the "leadaride" address, then the email will automatically forward to the current month's ride coordinator.

leadaride@bikesclub.org

Ride Guide

PACE

- Leisurely** / Under 10 MPH
- Social** / 10-14 MPH
- Moderate** / 14-16 MPH
- Brisk** / 16-18 MPH
- Strenuous** / Over 18 MPH

TERRAIN

- A Mostly flat / Norman Road
- B Rolling Terrain / McClinchy Mile
- C Rolling steeper hills / Kitsap Peninsula
- D Difficult Terrain / Whidbey Island
- E Very Difficult / RAMROD

Use this chart and the ride description to determine if a particular ride is right for you. Don't take on 50 miles when you haven't done 20, but don't be afraid to start out with us on a 20-30 mile ride if your butt and legs have handled 15.

Monthly Ride Calendar

**UNABLE TO FIND A RIDE THAT WORKS FOR YOU?
CHECK OUT THE RIDE UPDATES ON THE WEB SITE.
STILL NOT FINDING ONE OF INTEREST —**

Weekday Rides

Every Tuesday. Ride 10 mile, social pace, A/B terrain 11:30 AM Start at Bicycle Centers of Everett, Silver Lake Location - on Bothell-Everett Hwy and 128th St. SE. Lousy weather cancels the ride, but not the trip to the bakery. Gery Osowiecki - 469-358-2887

Alternating Wednesdays and Thursdays — Pedal Pushers, September 1, 7, 15, 21, 29. Start at 10am at various locations, distances range from 18—25 miles, social pace. Check the website Ride calendar for details. RSVP to dgrant@ci.lynnwood.wa.us. Rain or other inclement weather cancels. Call the Lynnwood Senior Center at 9am day of ride if weather is questionable 425 670-5050.

Weekend Rides

Saturday September 10th Silver Lake to Bothell and Back (A re-cycled ride) with a 10:30 start at Bicycle Centers of Everett on the corner of 19th Ave, and 128th St. This ride is a social pace ride of approx. 25 miles (give or take a little) – via Lynnwood, Log Boom Park, Bothell, and Mill Creek. Food stop in Bothell, and (optional) pint afterward. Pace social, (leisurely on the climbs). Terrain mostly B, with a little A. Water falling from the sky cancels the ride, but not the pint. Ride leader Gery Osowiecki (469) 358-2887 or geryo@frontier.com

Saturday, September 17th- Annual “Weenie” Ride Part A. Machias to Lake Stevens, 6 miles A Terrain. This ride is designed for people who are riding with kids, those who haven’t been riding much, or just plain weenies that only want to ride a little way. Meet at Machias Station on the Centennial Trail at 11:00 AM. This ride will be at a leisurely pace. After our ride we will be treated to the usual goodies: roasted weenies, hamburgers, chips, pop & cookies. **Ride Leader** Brent Hunter, **Assistant Ride Leader** Linda Hunter

Saturday, September 17th- Annual “Weenie” Ride Part B. Machias to Arlington, 20 miles, A Terrain Social Pace. If you want to ride a little farther & a little faster but can still be considered a weenie then this is the ride for you. Ride starts at 10:00 AM at Machias Station. Roasted weenies & other goodies after the ride. **Leader** Patty Garrett

Saturday, September 17th- Annual “Hot Dog” Ride. Machias to Granite Falls. 25 Miles, B Terrain, Social/Moderate Pace. We wouldn’t forget a ride for all of you hot dogs. Ride harder, do a few hills & come back for lunch. Roasted hot dogs & other goodies at the finish. Start at 10:00am at Machias Station. **Ride Leader** Warren Bare.

Please call the Hunters if you plan to ride so we know how much to cook 425-478-6287 or 425-275-8380. We will have the usual fare & thanks to B.I.K.E.S. there will be hamburgers as well as hot dogs. Many thanks to Warren & Patty for being co-leaders again this year!

Saturday September 18th Wendell’s Bakery Cruse (with a wiggle) One of Wendell’s signature rides that will today end at 9608 58 Pl. W. where Wendell’s family holds an open house (Celebration of life) for his cycling friends from 1-5 pm. Start at Paine Field Community Park 11928 Beverly Park Rd, Everett. **Ride starts 11am**, pace 2-14mph, distance 30 miles, a Bakery at 22 miles. RWGPS map - <http://ridewithgps.com/routes/653463> Ride Leader Warren Bare #425-478-9594

Saturday September 18th Wendell’s Bakery Cruse (B) One of Wendell’s signature rides that will today end at 9608 58 Pl. W. where Wendell’s family holds an open house (Celebration of life) for his cycling friends from 1-5pm. Start at Paine Field Community Park 11928 Beverly Park Rd, Everett. **Ride starts 11:30am**, pace 10-12mph, distance 15 miles, a Bakery at 11 miles. RWGPS map - <http://ridewithgps.com/routes/648211> Ride leader Bill Weber contact # 425-327-3516.

Saturday September 24th Everett — Lake Stevens at a social pace. Through Snohomish on the way, Lundeen Parkway to 204 on the return. 10am start at NE corner of Garfield park (2 blocks East of Walnut on 23rd St). Ride leader Bill Weber contact # 425-327-3516.



October 22, 2011
Seattle Center Fisher Pavilion
Silent Auction starts at 5:30pm

Help the Bicycle Alliance of Washington shift gears for bicycle advocacy statewide by joining us at our annual fundraiser on October 22! Proceeds from this event support our advocacy and education efforts statewide. These funds help us deliver Safe Routes to School services to districts around Washington and make it possible for us to bring our Hub & Spoke events to bike advocates in their communities. They help us shift the gears of government policies and change the minds of legislators.

Fun is a given at the auction. Besides the silent and live auctions, there is a dessert dash, wine grab bag, and a split-the-pot raffle. Nearly 300 friends of bicycling attend this gala and there's ample time to socialize, catch up with old friends and meet new ones!

Tickets are \$70 each or \$700 for a table of ten, if purchased by September 30. After that date, prices are \$85/\$850. Tickets can be purchased online <http://www.bicyclealliance.org/auction/ticketform.php>, by check, or by phone. Check our auction page for more details: <http://www.bicyclealliance.org/auction/index.html>.

We're still accepting auction donations, and we need a range of items that will generate spirited bidding. Popular offerings include unique experiences, weekend getaways, recreation opportunities, artisan handiwork, gift baskets and gift cards. Use our handy online donation form, <http://www.bicyclealliance.org/auction/procureform.php>, or contact Louise McGrody at 206.224.9252 x303 or louisemc@bicyclealliance.org if you have any questions.

We hope you can join us on October 22!

Bike Switzerland Challenge Tour

Bike Switzerland (web site: Bikeswitzerland.com) offers two tours: the Lite and the Challenge version. Both tours start in Geneva and finish on the shore of Lake Constance after a week of riding. The Challenge tour runs further south into the foothills of the Alps. I did the Lite tour in 2010 and the operator said I could probably do the challenge tour if I got a decent number of miles in. So I worked at it for most of spring and set out.

The first day was similar to the Lite tour as far east as Lausanne. The Lite tour branches north; the challenge continued along the Lake Geneva waterfront, then turned uphill to a town called Chexbres (pronounced Sheb I think. My French is worthless.) This gives a beautiful view of the lake and a good workout for the day. Second day I continued on to Chatel-St-Denis where I (yes, I; you have the option of going with a group, or solo. I chose solo to meet my wife the following week in Zurich.), In Chatel-St-Denis I joined the Lakes Route, #9, "www.werdverlag.ch". I started across country to Bulle, then south via Gruyere, of cheese fame and east almost to Gstaad. The major shock here was the change, in a matter of a few km, from French to German as the dominant language.

Day 3 began with a 250 meter climb northward over the pass at Saanen-Moser and down to Zweisimmen. The downhill was steep and I was constantly on the brakes. This bottomed out and continued downriver to Spiez, on Lake Thun. From Spiez the course went east thru Interlaken to a suburb called Bonigen, just east of town. Here I had a back room in a very nice hotel on Lake Brienz. There was a big thunderstorm here. Fortunately it blew over within an hour.

On day 4 the course continued east along the north shore of Lake Brienz. Then it turned north, uphill, over the Brunig Pass. The cheat sheet suggests the option of going by train up this. I had been over it by train some 30 years ago, and I chose to do so again. The Swiss Railways (SBB) are well equipped for this. The bikes go in the baggage compartment which is right by the passenger section. You load and unload your own. The bike pays the same fare as you do. Naturally, what goes up must come down, so I had a beautiful, if sometimes hairy, descent into Sarnen. From there it was mostly level into Luzern. Luzern is a good-size city. I could have used a day's rest there. Had a thunderstorm there too. Swiss thunderstorms seem to come in the evening, which is good.

Next day I set out north along Lake Zug by the city of Zug, then up a gravel road thru a beautiful forest. After this, over a saddle, aptly named "Sattle". You'd expect to start downhill from a saddle, but NO! Instead the route turned up the ridge for another 100 meters vertical to Rothenturm. The tour director said you could see Zurich from there, but it was raining and visibility was limited. The course continued on a high (about 1000 m) traverse across some farm country, then down to Lake Sihl and across on a two lane bridge. Fortunately traffic was not too heavy. The day finished with a twisty up and down road over yet another range of hills, then down to Lake Ober and across a causeway to Rapperswil. There was a festival of some sort going on there, but I was tired and had no trouble going to sleep.

Day 6 was mostly level, continuing east along Lake Ober and the Walensee. At Sargans I met the Rhein and turned north, downriver. At one point Liechtenstein was directly across a bridge. Soon after I turned left, away from the river, then north some more to Sax. Find that on your map if you can!

The final day was an easy one, 60-some kilometers. I continued north, cutting thru a corner of Austria. The border consisted of a sign "Republik Osterreich". No checkpoint, no personnel. When I crossed back into Switzerland there wasn't even a sign. My only clue was the quality of the bike route signs. I finished in Arbon, on Lake Constance, a.k.a. the Bodensee. I turned the bike over to the SBB for return to Geneva and checked into my hotel. This was a wonderful trip and I recommend it to anyone.

By John Carlin

Volunteers needed to help count pedestrians, cyclists

This year marks the fourth-annual survey of bicyclists and pedestrians in Washington. WSDOT and the Cascade Bicycle Club are looking for volunteers and organizations to help count the number of people walking or biking Sept. 27 through Sept. 29. The count is part of the National Documentation Project. Check the WSDOT website to learn more or to volunteer: <http://www.wsdot.wa.gov/bike/Count.htm>

As reported by "My Edmonds News" Blog on 6/26/2011

Mayor signs 'Complete Streets' law aimed at accommodating all travelers

Edmonds Mayor Mike Cooper gathered with a group of stakeholders Friday to sign ordinance 3842, "Complete Streets," into law. The new ordinance will ensure that when the City of Edmonds plans for, designs and builds new transportation projects, it will provide appropriate accommodation for everyone, including pedestrians, bicyclists and transit users.

"Now people of all ages and abilities — including children, youth, families, older adults and individuals with disabilities — will have access to safe and convenient travel," Cooper said.

Cooper thanked council President Strom Peterson for his work with city staff to find an ordinance that accommodates all of Edmonds. "Complete Streets will make Edmonds a safer, healthier and more environmentally sound community," Peterson said.

The mayor noted that streets without a safe place to walk, bike, or catch a bus can be dangerous for non-motorized transportation users, particularly children, older adults, and people with disabilities. Public right-of-ways should be designed to safely accommodate all users, including pedestrians, bicyclists, motorists and transit riders of all ages and abilities, he added.

"Our staff and city council recognize that Edmonds streets have an important impact on the livability of our communities." Cooper said. "Our city has a commitment to consider all users and alternate modes of transportation as part of the street design process."

Street designs in the past have typically focused on the movement of vehicles as a priority over other users and alternate modes of travel. A national "Complete Streets" movement began several years ago to place more emphasis on the complete assessment of all needs when designing streets. At the local level, the city worked with Edmonds Bicycle Advisory Committee, Cascade Land Conservancy, Cascade Bicycle Club, and Transportation Choices Coalition to build momentum in the public.

MONDAY, AUGUST 15, 2011

Membership: It lasts longer than a cup of joe.

Posted by Mary Anderson

In case you haven't heard, the Bicycle Alliance of Washington is having an unheard of summer deal. You can join the BAW for just \$5. What's that you say, 5 bucks? My morning latte' is nearly that price, what an amazing deal!

But wait, there's more. As a board member of the BAW I'd like to see our membership double. It may seem far reaching, but I think it can happen, and by September at that. How, you ask? Well, we need YOUR help!

If you help spread the word we can make this go viral. Blog about it, email it to all your friends who bike in Washington. Post it on Twitter and Facebook. If you're not a member yet, join! Purchase a membership for your friend who has everything. Do you own a bike shop? Add on a BAW membership for the month of August and September for every new bike purchased. The sky's the limit and the end result is Washington being a safer place to bicycle.

It's super easy too, just go to the BAW website, choose the \$35 membership rate and enter in coupon code **5BMA1**. That's it. You just saved \$30 and made Washington a better place to bike. Way to go! Now send this to five people and your work is done.

www.bikesclub.org
B.I.K.E.S. Club
P.O. BOX 5242
Everett, WA 98206

Stamp
Goes Here



Members, Renewing

- Gerri Osowiecki
- Mary Jo Gerst
- Mark Snyder
- William Newman
- Doug Andrews
- Tom & Jean Crisp
- Pier Fiorentini
- Perry Walker & Diana Gentes

New Members

- Robert Smith & Susan Hausmann



Is it time to renew? →

Chainwheel Chatter September 2011

NEWSLETTER SUBMITTAL

Please submit all material for the **October** newsletter by **September 18**
to editor@bikesclub.org

Club Bike Box and Trailer

Ready to travel with your bicycle? BIKES Club members can use our sturdy bike box for airline travel or our BOB trailer to tow gear behind their bicycle. Cost - **FREE** with a \$25.00 refundable deposit. Basically, these are club benefits we want people to use. To arrange for use contact Warren Bare at (425) 743-7593 or another club officer.

B.I.K.E.S.-Membership P.O. Box 5242, Everett WA 98206

Name _____

Address _____

City _____ State _____ Zip _____

Telephone (____) _____ - _____ Email _____

Membership \$15 Annual (INDIVIDUAL)
DUES \$20 Annually (FAMILY)

Member benefits: 10% discount at local bike shops with your member card (see website for list), low-cost bike box and trailer rentals, Frequent Rider Club, monthly newsletter, social and advocacy activities.