

# Chainwheel Chatter

The Monthly newsletter of B.I.K.E.S. Club of Snohomish County

Your Snohomish County Cycling Club

Oct. 2013

Issue 410

## B.I.K.E.S. Club Ride Calendar

Check the "Ride Updates" page of our website for new rides and ride changes. All rides weather dependent—rain or frosty conditions may cancel.

**Saturday – October 5: Sister Clubs ride, Seattle.** BIKES is one of the five sister clubs that host the Ride Around Puget Sound. This year Cyclists of Greater Seattle (COGS) is hosting a ride for our sister clubs from Gasworks to Kubota Gardens, with stops at the Volunteer Park Conservatory, the Chief Sealth trail, several Olmstead-designed boulevards, Seward Park and the Washington Park Arboretum. Lunch at Hong's Garden in Renton for Dim Sum. Start riding from Gasworks Park at 9:30am. Moderate and steady pace groups, 35-38 miles, flat to hilly terrain. COGS ride leader Bob Arima, 425-876-1052 or [rtari-ma@gmail.com](mailto:rtari-ma@gmail.com); BIKES contact Debby Grant, 206-353-0249 or [debby@jaygrant.com](mailto:debby@jaygrant.com).

**Sunday – October 6: High Bridge Loop.** ~25 miles, steady pace, several hills. Start in Snohomish at the Centennial Trail head along Maple @ 9:45am Bring snacks, bakery stop on return, rain cancels. RSVP Dan Scott 425-501-6198.

**Saturday – October 19: Centennial-Granite.** Everyone welcome to the ride following the "Volunteer/ Ride Leader Breakfast. We will do the Centennial Trail to Machias then on road to Granite Falls for a 25 mile, steady paced, flat to hilly loop. Start at 10 -10:30am on completion of the breakfast. Ride leader Warren Bare 425-743-7593. Check the ride update page for a social pace ride on the trail.

**Sunday – October 20: Bainbridge Island.** Ride around Bainbridge Island with a stop for lunch. Meet at north end of Myrtle Edwards Park at 9:30 to leave at 9:45am to catch the 10:35am ferry. Mora's ice cream at the finish. Steady pace, 35 miles, hilly. Ride Leader Mary Jo [maryjo1532@hotmail.com](mailto:maryjo1532@hotmail.com)

**Saturday – October 26: McCollum Park to Everett.** A scenic loop to the waterfront and around Everett with a stop for lunch. Meet at McCollum Park for a 10am start. Steady pace, 35 miles, mostly flat with a few hills. Ride Leader Mary Jo [maryjo1532@hotmail.com](mailto:maryjo1532@hotmail.com)

**Sunday – October 27: McCollum Park past Cathcart to Snohomish & Everett.** A 38 mile loop going by Cathcart then into the valley. Meet at McCollum Park for a 9.30am start. Steady pace, 38 miles with some hills and a food stop along the way. Ride leader is Warren Bare 425-743-7593.

## Weekday Rides

**Tuesdays – Gery's Lunch Time Ride.** Start at Bicycle Centres at Silver Lake at 12pm - Join Gery for a short 10-mile Silver Lake and Mill Creek loop. Social pace, flat terrain with just a few very very short climbs. Optional coffee after the ride before Gery has to return to the office. Water falling from the sky cancels the ride, but not the coffee. Ride leader Gery Osowiecki, [469-358-2887](tel:469-358-2887) (mobile).

**Wednesdays – Pedal Pushers road rides.** Check the website "Rides" page for details.

**Thursdays – Pedal Pushers trail rides.** Check the website "Rides" page for details.

### RIDE GUIDE

#### PACE

<b>Easy</b>	under 10 mph
<b>Social</b>	10–12 mph
<b>Steady</b>	12-14 mph
<b>Moderate</b>	14-16 mph
<b>Brisk</b>	16-18 mph
<b>Strenuous</b>	< 18 mph

#### TERRAIN

**Mostly flat:** Flat or gentle grades only (trails, Norman Rd)  
**Rolling:** Most climbs are short and easy (Granite Falls, Kitsap)

**Hills:** Frequent steeper and/or longer hills (Whidbey Island)

**Difficult:** Many hills, long, steep grades (RAMROD, mt. pass)

*Pace is based on speed on flat ground. Contact the Ride Leader if you are unsure whether a particular ride is right for you.*

## Club Meeting

Oct. 10

All members and potential members welcome. 7 p.m. Thursday, Oct. 10

Snohomish County PUD Bldg  
2320 California Ave,  
Everett

**B.I.K.E.S.****Club Officers and  
Support Information**

**Warren Bare**  
**President**

[president@bikesclub.org](mailto:president@bikesclub.org)

**Open!**

**Vice President**

**Mary Jo Gerst**

**Secretary**

[secretary@bikesclub.org](mailto:secretary@bikesclub.org)

**Gery Osowiecki**

**Treasurer**

[treasurer@bikesclub.org](mailto:treasurer@bikesclub.org)

**Kristin Kinnamon**

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[editor@bikesclub.org](mailto:editor@bikesclub.org)

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**Webmaster**

[webmaster@bikesclub.org](mailto:webmaster@bikesclub.org)

**Linda Hunter**

**Frequent Rider Miles**

**Coordinator**

[ridermiles@bikesclub.org](mailto:ridermiles@bikesclub.org)

**Monthly Ride Coordinator**

[leadaride@bikesclub.org](mailto:leadaride@bikesclub.org)

**Rider Leader Info**

Send ride dates and descriptions by the 18<sup>th</sup> of the month to: [leadaride@bikesclub.org](mailto:leadaride@bikesclub.org)

Kristin is coordinating November rides.

We need a coordinator for December rides. Contact Warren.

**Frequent Rider Miles through Sept. 17, 2013**

Warren	Bare	1429
Bill	Lutterloh	1037
Bette-Ann	Shroyer	985
Bob	Nyberg	855
Bill	Weber	835
MJ	Gerst	823
Debby	Grant	675
Gery	Osowiecki	626
Susan	Hausmann	561
Leslie	Strickland	543
Dan	Scott	444
Adrienne	Dorf	408
Robert	Smith	406
Tim	Wise	379
Tom	Weber	372
Kristin	Kinnamon	358
Pam	Hallanger	351
Dorothy	Lindstrom	349
Fred	Koch	339
John	Carlin	332
Joanne	Kennedy	329
Larry	Kennedy	329
Mike	Dahlstrom	315
Brenda	Ferguson	313
Kathy	Riddle	300
Kristi	Knodell	272
Steve	Linari	267
Nancy	Graham	240
Steve	Lodholz	230
Pier	Fiorentini	226
Kala	Koch	214
Robert	Pahlman	201
Diane	Gordon	174
James	Wright	171
Linda	Hunter	167
Clarence	Elstad	154
Robert	Tipton	151
Stephanie	Roche	123
Elaine	Scott	121
Mark	Atkinson	115
Donald	Mohs	84
Jack	McClincy	81
Jim	Stewart	75
Barbara	Gallagher	75
Bill	Ferguson	71

Allyson	Welsh	70
Judi	Chadwick	68
Diana	Traxler	66
Susie	Paquette	62
Linda	Woodall	60
Janell	Reich	57
Cheryl	Walchi	56
Jim	Roosma	52
Lucie	Johns	46
Jeanne	Crisp	39
Perry	Walker	39
Tom	Crisp	39
Dan	Cornelissen	38
Dick	Nicholson	36
Jay	Grant	35
Victoria	Peters	35
Sarina	Elliott	34
Kathryn	McDaniel	34
Kay	Peterson	33
Abe	Osowiecki	33
Jim	Bueler	31
Mary	Harding	31
Will	McMahan	30
Chad	Pritchard	30
Peter	Pisani	27
Donald	Gosnell	27
Michael	Snodgrass	26
Michael	Sheldrake	26
Louise	Kornreich	25
Nancy	Chad-Jones	23
Bruce	Deitz	21
Dave	Fielder	21
Debbie	Kawamoto	21
Pam	Deitz	21
Shirley	Slade	21
John	Happold	17
Steven	Hudspeth	17
Patty	Garrett	16
Bob	Biesiedzinski	16
Vivian	Biesiedzinski	16
Tina	Rainforth	15
Bob	Palm	14
Kevin	Schroeter	11
Marilyn	Perala	10

# B.I.K.E.S. Club News

## Prez Says: Don't miss fall riding

*By Warren Bare, Club President*

Even though fall is upon us, BIKES continues to feature rides and events during the week and weekends. Throughout the month Gery will continue to attempt to ride Tuesdays for lunch that include a 10 mile ride, a roll and tea or coffee into a single hour. Mary Jo will lead rides to Bainbridge and Everett - I am sure she has the better October weather scheduled for those - and Dan will lead a High Bridge ride that we haven't seen scheduled in a while.

BIKES also will pay tribute to our ride leader and event volunteers with a breakfast followed by rides, both steady and social pace., on October 19th in Snohomish. All members are welcome to attend the post-breakfast rides.

We had a good club meeting in September following the summer hiatus. The minutes are available for members online when signed in. The Treasurer covered several issues including some expenses we need to look at and an evaluation of the first six months of using PayPal. A few issues regarding McClinchy with long lead time were discussed and folks stepped up to address those.

One safety issue for cyclist has been addressed by the City of Everett and their work on 112 St S.E. from Silver Lake Rd. to Hwy 527 (19Ave) S.E. (referred to in the last months column). See this [Everett Tribune story](#) for the update

One last comment is that the last day of summer/ first day of fall on the Barlow Pass ride the road was dry and we even had a few sun patches. We enjoyed the downhill turning around at the Ice Cave parking entry. I think the ride leader (Debby Grant) took pity on the old guy or tired of waiting. Anyway a good ride – Should have been there.

### **Save this December Date**

Holiday Party will be at Warren's club house from 6-9 pm on Dec. 7.

## September Meeting Summary

*By Mary Jo Gerst, BIKES Secretary*

**For the complete minutes, log-in to the Members section of our website and visit**

Thirteen members attended the Sept. 12 meeting.

### **Treasurer's Report:**

- We have approx. \$8,300.00 on hand.
- Profit from McClinchy Mile should be about \$2,500
- We will send a check for \$271 to Bicycle Alliance for our 2013 McClinchy Mile \$1 per rider donation.
- Discussed our income versus expenses and if there are expenses we could cut, specifically the newsletter costs.
- It was agreed that the cost for paying dues by PayPal (0.74 per use) was worth the convenience.

### **McClinchy Mile**

- McClinchy Mile date will be March 15. Seattle Bike Expo is March 1 and 2.
- Debby will look in to the cost of helmet covers as the giveaway for the McClinchy ride.
- The Stanwood Rest Stop was discussed. It does not work well because it and the surrounding area become very wet with standing water. Alternatives were discussed and will be reviewed.

### **New Business**

- Warren will set up the email notification to the members when the newsletter becomes available on line
- Debby talked to COGS about a Sisters Club ride.
- Warren brought up the State Bike Count that is taking place Oct 1-3.
- Warren will be at the Livable Snohomish County Summit and Candidate Forum on Oct 12 from 9-4 to will give out info about the club if anyone would like to join him.

www.bikesclub.org

B.I.K.E.S.  
P.O. BOX 5242

## Upcoming Events

### Livable Snohomish County Summit Oct. 12

What does it take to build livable, sustainable communities? Pilchuck Audubon Society and Growing Transit Communities will be hosting the 4th Livable Snohomish County Summit and County Council Candidate Forum on Saturday, Oct. 12 at the PUD in Everett. RSVP for lunch to Kristin@futurewise.org.

### Volunteer Breakfast Oct. 19

It takes members, some money but above all time for local organizations of all kinds to thrive. This month the club is thanking 46 volunteers for their support this year – that's almost 1/3 of our members active in helping the club this year.

BIKES Club of Snohomish County has provided rides, events and advocacy for local cyclists for more than 30 years thanks to the all-volunteer efforts of hundred of different folks over the years. Thanks to everyone who donated time, attended a meeting and lead or even went on a ride in 2013. It all keeps our club rolling.



We're on the web at  
www.bikesclub.org

stamp

Address

Is it time to renew? →

# Chainwheel Chatter October 2013

## More Newsletter in Your Inbox

This is the first month Newsletter Editor Kristin Kinnamon has created two variations of club news. Some elements of our newsletter remain in the paper/PDF version while others have moved to the new electronic version.

- Find Club Ride listings in the paper/PDF version and on the club website under Rides and Ride Updates.
- Find Rider Miles in the paper/PDF version (for posterity!)
- New and renewing members are listed in the e-newsletter.

The e-newsletter and a link to the PDF version will be emailed to all members (for whom we have a correct email address). **Please update your email address by sending it to roster@bikesclub.org.**

If you've never heard from the club by email, check your Spam folder. If you find an email sender in there you want to hear from in the future, click "this is not spam."

**B.I.K.E.S.-Membership** P.O. Box 5242, Everett WA 98206

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Telephone (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_ Email \_\_\_\_\_

**Membership \$15 Annual (INDIVIDUAL)**

**DUES \$20 Annually (FAMILY)**

**Member benefits:** 10% discount at local bike shops with your member card (see website for list), low-cost bike box and trailer rentals, Frequent Rider Club, monthly newsletter,