

# Chainwheel Chatter

Your Snohomish County Cycling Club for OVER 30 YEARS

## Volunteer Breakfast – Saturday – November 17

9:00am breakfast at Cabbage Patch in Snohomish

10:30am ride following breakfast – all members welcome

Watch for your invitation via email. Catch up on club news and visit with other members you may not bike with very often.

Dan Scott has put together a post-breakfast ride route. Check the ride calendar for details.

November 2012

ISSUE 398

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Patsy King, second from left On her pink Friday came upon the 10/17 Pedal Pusher group at Legion Park. Avid riders Patsy and her husband Bob were among the original BIKES members.

**Be sure and Check out the Holiday party Info on Page 4**



### November

#### Club Meeting

#### THURSDAY

November 8th -- 7:00pm

Snohomish County PUD Bldg.

2320 California Ave, Everett

Everyone's welcome and if time

permits join other club members

at 5.30pm for an early

dinner at: the

#### **Matazlan**

1315 Pacific Avenue

Everett, WA 98201

(Rucker & Pacific)

### **Centennial Trail Celebration**

At the Nakashima Barn (North terminus of the trail.)

10.00AM - 11/3/2012

Rick Schranck leads a ride listed in the ride schedule and Jan Johnson has listed a ride

In the Cascade web-site.

### Club Miles Compiled to

The Frequent Rider Miles program is a fun benefit for BIKES Club members. Ride 100 miles or 500 miles or 1000 miles, or more, on club sponsored rides and earn a reward. Miles are tracked from BIKES Club rides as reported by ride leaders.

**Ride Leaders:** When reporting a ride, please remember that a ride is eligible for club miles when 1) the ride is listed in the newsletter and on the Rides web page; even if only the ride leader participates or 2) the ride is listed on the Ride Updates web page and the leader and one other person from a different address participates. When reporting, please include your name, name of your ride, ride date, number of miles, names of participants, member status.

## B.I.K.E.S. Club Officers & Support Information

**Steve Arnhold**  
President  
president@bikesclub.org

**Rick Schranck**  
Vice President  
Vicepresident@bikesclub.org

**Vacant**  
Secretary  
secretary@bikesclub.org

**Gery Osowiecki**  
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treasurer@bikesclub.org

**Tim Wise**  
Web Master  
webmaster@bikesclub.org

**Warren Bare**  
Newsletter Editor  
editor@bikesclub.org

**Linda Hunter**  
Frequent Rider Miles  
Coordinator  
ridermiles@bikesclub.org

**Monthly Ride**  
Coordinator  
leadaride@bikesclub.org

## Frequent Rider Miles – As of 10/16/2012

Pier	Fiorentini	2765
Warren	Bare	1957
Bob	Nyberg	1223
Bill	Lutterloh	1027
Tim	Wise	908
Gery	Osowiecki	885
Dan	Scott	741
Steve	Linari	701
Bill	Weber	679
Bette-Ann	Shroyer	636
Marilyn	Perala	597
Linda	Hunter	472
Mike	Dahlstrom	425
Dorothy	Lindstrom	402
Susie	Paquette	378
Tom	Weber	377
Kathy	Riddle	371
Elaine	Scott	358
MJ	Gerst	342
John	Carlin	331
Nancy	Graham	313
Pam	Hallanger	281
Clarence	Elstad	272
Jim	Stewart	232
Fred	Koch	201
Perry	Walker	199
Bruce	Deitz	195
Cheryl	Walchi	182

Pam	Deitz	176
Joanne	Kennedy	162
Larry	Kennedy	162
Kala	Koch	159
Susan	Lahti	159
Kristi	Knodell	152
Kristin	Kinnamon	141
Warren	McAndrew	141
Peter	Pisani	130
Robert	Smith	122
Steven	Hudspeth	120
Michael	Snodgrass	116
Debby	Grant	113
Adrienne	Dorf	111
Robert	Pahlman	107
Tom	Crisp	105
Judi	Chadwick	104
Jack	McClincy	100
Denny	Andrie	99
Rick	Schranck	99
Jim	Roosma	93
Leslie	Strickland	92
Judy	Brackett	87
Nancy	Chad-Jones	87
Susan	Hausmann	84
James	Wright	83
Patty	Garrett	83

Janell	Reich	78
Dick	Nicholson	75
Russ	Rainforth	75
Tina	Rainforth	75
Evelyn	Rayburn	71
Bill	Newman	66
Doug	Andrews	63
Brent	Hunter	59
Moe	Moosavi	53
Ed	Moyer	53
Ken	Moores	49
Allyson	Welsh	48
Diane	Gordon	38
Dave	Fielder	35
Kay	Peterson	35
Rod	McDonald	35
Kathleen	Dawe	34
Brenda	Ferguson	32
Shawn	Diem	24
Bob	Palm	18
Dan	Cornelissen	17
Nancy	Webb	17
Bill	Ferguson	14
Graham	White	10
Kevin	Patterson	10
Annie	Peterson	9
Sharon	Andrews	6

Mike Dahlstrom is the December  
ride coordinator.

And the month following is

January— Dan Scott

So ride leaders send your rides to

leadaride@bikesclub.org

## Ride Guide

### PACE

**Leisurely / Under 10 MPH**

**Social / 10-13 MPH**

**Moderate / 13-16 MPH**

**Brisk / 16-18 MPH**

**Strenuous / Over 18 MPH**

### TERRAIN

**A Mostly flat / Norman Road**

**B Rolling Terrain / McClinchy Mile**

**C Rolling steeper hills / Kitsap Peninsula**

**D Difficult Terrain / Whidbey Island**

**E Very Difficult / RAMROD**

Use this chart and the ride description to determine if a particular ride is right for you. Don't take on 50 miles when you haven't done 20, but don't be afraid to start out with us on a 20-30 mile ride if your butt and legs have handled 15.

## Monthly Ride Calendar

**UNABLE TO FIND A RIDE THAT WORKS FOR YOU?  
CHECK OUT THE RIDE UPDATES ON THE WEBSITE.  
STILL NOT FINDING ONE OF INTEREST —  
Enter one on the Ride Updates on the Web.**

### November Weekday Rides

**Thursday November 1, 15, 29 : Ride to the post office.** Meet at Silver Lake Sullivan Park at 3:30pm for an after-work ride to the Post Office in Everett. Return either by Swift Bus or via the Interurban Trail – as group decides. This will be a one-way ride on Thursdays when there is a club meeting. Distance is about 8 miles each way. Terrain is B (but mostly downhill into Everett), Pace, about 10-12 MPH – half that going uphill. Optional afternoon tea and pastries afterwards. If it's raining – come anyway – we have to pick up the club mail, in which case we will drive downtown to the post office, and have tea and pastries afterwards... Make sure to have working lights and reflective clothing. Gery's cell: 469-358-2887

**Monday, November 5th, 14th, 28th. Al's Loop.** Meet at 10:00 AM at the parking of 5425 Harbour Pt. Blvd. Mukilteo. Route: Mukilteo-Lowell-Snohomish-Everett-Mukilteo. 42 miles. Pace: Moderate, terrain:A/B. Call (425)349-5065 or email : fiorepg@frontier.com

**Tuesday November 6, 13, 20, 27: Tuesday's Lunch ride – 9:30 AM** Starting at Bicycle Centre at the Silver Lake location. Join Gery on his breakfast break (actually lunch on the East Coast) for a short, 10 mile loop around Silver Lake and Mill Creek. Pace is low-social (10-12). Terrain is mostly flat with just a few very very very short climbs (like less than one block each). Optional (quick for Gery) coffee afterwards before he has to return to the office. Water falling from the sky cancels the ride, but not the coffee. Gery's cell: 469-358-2887

**Wednesday, November 7th. Mukilteo-Snohomish-Monroe** Meet at 10:00 AM in the parking of the Lutheran Church at 5425 Harbour Pointe Boulevard, Mukilteo. Return via High Bridge Rd - Lowell-Larimer Rd. 54 Miles. Pace: Moderate, terrain: A/B. Call (425)349-5065 or email: fiorepg@frontier.com

**Friday, November 2nd, 9th, 16th, 23rd, 30th. Mukilteo-Forest Park-Everett** Meet at 10:00 AM in the parking of the Lutheran Church at 5425 Harbour Pointe Boulevard, Mukilteo. Route: Mukilteo Blvd to Forest Pk, return may vary. 20 miles. Pace: Social, terrain: B. Call (425)349-5065 or email : fiorepg@frontier.com

**Monday, November 19th. The original Al's Loop with stop for lunch in Everett.** Meet at 10:00 AM at the parking of 5425 Harbour Pt. Blvd. Mukilteo. Route: Mukilteo-Lowell-Snohomish-Everett-Mukilteo. 43 miles. Pace: Moderate, terrain: A/B. Call (425)349-5065 or email : fiorepg@frontier.com

**Wednesday, November 21st. Mukilteo - Lake Stevens.** Meet at 10:00 AM in the parking of the Lutheran Church at 5425 Harbour Pointe Boulevard, Mukilteo. Route: Mukilteo-Snohomish-Machias-Lk Stevens-Everett-Mukilteo. 54 miles. Pace: Moderate. terrain:A/B. Call (425)349-5065 or email: fiorepg@frontier.com

## November Weekend Rides

**Saturday November 3 ride. 9 AM Legion Park in downtown Arlington to Nakashima barn (new northern trail-head) grand opening.** 8 miles one way 200 feet of elevation gain, social to moderate or brisk pace, In other words will all meet together and choose our own pace to get out to the barn, the grand opening is at 10 AM, after which we will ride back again to Arlington 16 miles total. Rick Schranck [rschranck@gmail.com]

**Saturday November 17 Ride leader breakfast.** 10.30am The route goes north on the trail, into Lake Stevens, on around the lake, across Hwy 9, down Hwy 204 and returns utilizing Home Acres Road and the route into Snohomish along the river. Total of about 25 miles, beginning at the restaurant. <http://ridewithgps.com/routes/1812732> Ride Leader: Bill Weber bbill@clear.net

**Saturday November 24 Peruse the Space Needle** – This ride will go on Seattle's first Cycletrack to Fremont and we'll be counted crossing the bridge then on and up the newly opened Thomas St overpass past the Space Needle to Dexter where we will head north. 32 miles at a Social / Moderate pace with A-C terrain. A food stop at some point and Ice, snow or rain may cancel. Leader Warren Bare 425-478-9594 RWGPS Map <http://ridewithgps.com/routes/1821177>

### Wendell Hultman

From Mr. Mike Johnson with the city of Snohomish. Oct 12 2012—We have installed about ½ the bike racks in various locations from Ferguson Park to the Centennial Trail and we are installing the Hultman plaque on the bike rack at the Senior Center- Centennial Trail access today.

### Holiday Party December 1st – 6 PM

All BIKES Club members and families are welcome

The Community Room at Carriage Club Mobile Home Park— 13320 Highway 99 Everett WA.

Dinner is Potluck – BIKES provides a holiday ham and non-alcoholic beverages.

Members BYOB, non-alcoholic or other, and a potluck dish.

Based on first letter of last name – please bring:

A-N – Salads & Side Dishes

O-T – Desserts

U-Z – Appetizers

Or bring the special dish you like and forget about the list!

**Don't forget to bring a wrapped gift for the White Elephant gift exchange. Please bring one gift for each member /guest in your party. Bike-theme gifts are popular but we have fun with anything.**

**In addition to dinner and the gift exchange, we'll hand out Frequent Rider Club mileage awards.**

Please **RSVP by November 27th** to Club President Steve Arnhold at [president@bikesclub.org](mailto:president@bikesclub.org).

There's plenty of room for everyone, so come meet fellow members and enjoy the festivities. Carpooling is encouraged.

### Holiday Party Directions & Maps

If approaching from the south on Highway 525 (Mukilteo Speedway) the entry to the park is 600 yards north of Lincoln Way, the first stop light on the Speedway. Turn right in the center entry of the concrete sound wall.

If the entry is missed turn right at Russell Way and proceed to Highway 99 and enter as stated below.

(there is no entry from the north off of the Speedway)

The entrance to the park is on the west side of Highway 99 immediately south of Del Sol Auto used car sales lot and north of the business sign containing Soft Dental Care/Prestige Escrow / Statewide Mobile Homes Inc.

Once in the park look for the signs on the corners pointing to the Office/Clubhouse.

Please park in front of the Clubhouse not on the road as it is a fire lane. (Room for about 25 cars)

If directions are needed outside or in the park call Warren at [\(425\)743-7593](tel:4257437593)

Here is a G-MAP for the interior of the park <http://www.gmap-pedometer.com/?r=538602>

## McClinchy Time Line

Below is a time line for the tasks leading up to our McClinchy ride. As one can see planning starts more than 6 months in advance and continues to the event. As there is plenty of opportunity for input, participation and just a whole lot of fun. No need to be bashful. Jump right in and get yourself some.

McClinchy Plan		Oct	Nov	Dec	Jan	Feb	1-Mar	15-Mar
Route review								
Create Maps								
Reserve ride start and rest stop venues								
Reserve space in Cascade newsletter	check deadline for material							
Create registrations forms and flyers								
Determine required permits	Review for insurance requirements							
	Check filing deadlines							
Finalize route maps & cue sheets								
Set-up online registration								
Submit to online event publications								
Submit permit applications								
Renew insurance								
Schedule route painting								
Recruit volunteers	route painting							
	day-or-ride rest stop coordination							
	day-of-ride sign posting/pickup							
	food shopping/distribution							
	Centennial trail sign posting							
	water							
	registration							
Order Voortman cookies & fig bars								
Notify Great Harvest for race rolls								
Check and count signs - road and trail								
Pick up from storage	road signs							
	trail signs							
	rest stop bins/stock							
	water jugs							
Recruit day-of volunteers								
Make volunteer schedule								
Make sign-in sheets/Active.com and mail								
Purchase food								
Fill water jugs								
Pick up rest stop keys/codes								
<b>Day-of Event</b>								
Pick up signs/road & trail								
Clean rest stop bins/return to storage								
Leftover food to foodbank								
Return keys								

**www.bikesclub.org**  
**B.I.K.E.S. Club**  
**P.O. BOX 5242**  
**Everett, WA 98206**

Primary  
 Business  
 Address

## NEW MEMBERS

**Hope to see you on a  
 ride soon**

Saul Snatsky

Robin and Stephen Reining

Joanne and Larry Kennedy

Steve Lodholz

David Dorinbush



## RENEWING MEMBERS

Betty Roberts

Linda and Brent Hunter

Dick Nicholson

Kathy Riddle

Will McMahan

Jim Roosma

**Thanks for Renewing**

If you missed the presentation at  
 the October general meeting it  
 was awesome.

15 years and thousands of miles  
 Cycling  
 throughout the world on a bike.

No world traveler for November  
 but always timely interesting  
 topics.

Come and share interest, ideas  
 and decisions on the direction of  
 BIKES future.

*Is it time to renew? →*

## Chainwheel Chatter November 2012

### NEWSLETTER SUBMITTAL

Please submit all material for the November newsletter by **October 20th**  
 to editor@bikesclub.org

### Club Bike Box and Trailer

Ready to travel with your bicycle? BIKES Club members can use our sturdy  
 bike box for airline travel or our BOB trailer to tow gear behind their bicycle.  
 Cost - **FREE** Basically, these are club benefits we want people to use. To  
 arrange for use contact Warren Bare at (425) 743-7593 or another club officer.

**B.I.K.E.S.-Membership** P.O. Box 5242, Everett WA 98206

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Telephone (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_ Email \_\_\_\_\_

**Membership \$15 Annually (INDIVIDUAL)**

**DUES \$20 Annually (FAMILY)**