

# Chainwheel Chatter

B.I.K.E.S.

Your Snohomish County Cycling Club for OVER 30 YEARS

## From the President

March is McClinchy month so there's no regular club meeting. Instead we'll meet on March 8<sup>th</sup> to talk about BIKES' upcoming Willamette Valley Scenic Bikeway (WVSB) tour that's scheduled for June 24-27. WVSB is a 132-mile signed bikeway that travels along mostly quiet roads through Oregon's beautiful Willamette Valley. The route takes riders through small towns where opportunities arise to sample lunch at local cafes, buy produce from farm stands and taste well-respected valley wines – all this while it skirts the edges of larger cities.

This is a self-supported tour so we'll form SAG pools and share the driving and cycling. The distances are long enough to feel like a good day's ride but short enough that we'll have time to enjoy stops along the route and end each day with time to enjoy the town and the company of the group. We'll figure out motels and campgrounds and those who want can share meals. If you've never toured this is a good introductory tour yet it offers challenge and variety for experienced riders. Check out the club's tour page at <http://www.bikesclub.org/Weekends.Tours> where you'll find a link to the WVSB website with route descriptions, maps and cue sheets. Details about the March 8<sup>th</sup> meeting are printed in the column to the right of this, under the table of contents.

If you're not already signed up to volunteer for McClinchy please read the notice that follows. We need many hands so that we can each do a small bit and make light work of the day. Those 500 riders we anticipate have high expectations!

Pedals Up,

Debby Grant



MARCH 2012

ISSUE 389

### INSIDE THIS ISSUE:

From The President	1
Club Miles	2
Ride Calendar	3
News & Advocacy	4-5
New and Renewing	6

#### Notice

This meeting  
Replaces the monthly Club meeting  
Willamette Valley Tour  
Planning  
March 8 – 6pm

Brooklyn Brothers Pizza  
1919 Hewitt Avenue, Everett  
No host food and beverages

This is a question and answer session to learn about the tour. Whether you know for sure you want to go or are still on the fence – this is the time to ask questions, talk to others, decide on camping vs. motel, form SAG groups, etc.

## Volunteer Corner

**March 17** is just a couple weeks away and I know that you all know what that means – **McClinchy Mile needs you!** Volunteers are needed for the **food stops** at Machias Station, Stanwood and Granite Falls. Contact Tim Wise for **Machias**, Bill Lutterloh for **Stanwood** and Warren Bare for **Granite Falls**. You can work a two-hour shift and still have time to ride one of the routes. **SAG volunteers** are also needed. You could SAG a route or part of a route on bicycle then drive it once in your car. **You don't need to be a mechanic to SAG** – it's more about making sure riders are safe and lending a hand where needed. The club provides a variety of tire tubes and minor repair supplies. Last year we had close to five-hundred cyclists come thru registration and then ride the routes and pick up snacks at the rest stops. **Send a message** to [president@bikesclub.org](mailto:president@bikesclub.org) and let the club know how you want to help.

**B.I.K.E.S. Club  
Officers & Support  
Information**

**Debby Grant**  
President  
president@bikesclub.org

**Rick Schranck**  
Vice President  
Vice  
president@bikesclub.org

**Steven Arnhold**  
Secretary  
secretary@bikesclub.org

**Kristi Knodell**  
Treasurer  
treasurer@bikesclub.org

**Tim Wise**  
Web Master  
webmas-  
ter@bikesclub.org

**Warren Bare**  
Newsletter Editor  
editor@bikesclub.org

**Linda Hunter**  
Frequent Rider Miles  
Coordinator  
ridermiles@bikesclub.org

**Monthly Ride Coordinator**  
leadaride@bikesclub.org

Approximately 40% of BIKES membership get the Chainwheel Chatter electronically online. YOU TOO CAN GET YOUR newsletter electronically. Email ros-ter@bikesclub.org

**Club Miles Compiled to**

**The Frequent Rider Miles program is a fun benefit for BIKES Club members. Ride 100 miles or 500 miles or 1000 miles, or more, on club sponsored rides and earn a reward. Miles are tracked from BIKES Club rides as reported by ride leaders. Ride Leaders:** When reporting a ride, please remember that a ride is eligible for club miles when 1) the ride is listed in the newsletter and on the Rides web page; even if only the ride leader participates or 2) the ride is listed on the Ride Updates web page and the leader and one other person from a different address participates. When reporting, please include your name, name of your ride, ride date, number of miles, names of participants, member status.

**Frequent Rider Miles – As of 2/20/12**

First name	Last Name	YTD	First name	Last Name	YTD	First name	Last Name	YTD
Warren	Bare	536	Mike	Dahlstrom	106	Rick	Schranck	35
Pier	Fiorentini	466	Kathy	Riddle	80	Rod	McDonald	35
Gery	Osowiecki	285	Bill	Lutterloh	73	Denny	Andrie	35
Tim	Wise	200	Dan	Scott	47	Cheryl	Walchi	32
Steve	Linari	189	Peter	Pisani	46	Pam	Hallanger	30
Bob	Nyberg	173	Michael	Snodrass	44	Clarence	Elstad	20
Bill	Weber	116	Warren	McAndrew	42	Dorothy	Lindstrom	19
Mike	Dahlstrom	106	Tom	Weber	39	Doug	Andrews	7



If I told you children once  
I told you a thousand times  
go after the weak and the Old.

Like the bike ride leader  
Below

OK Pappy



**Kristin Kinnimon is the April ride coordinator.**

And the months following are

May—Tim Wise

June—Bill Weber

July—Debby Grant

So ride leaders send your rides to  
leadaride@bikesclub.org

**Ride Guide**

PACE

**Leisurely** / Under 10 MPH

**Social** / 10–13 MPH

**Moderate** / 13-16 MPH

**Brisk** / 16-18 MPH

**Strenuous** / Over 18 MPH

TERRAIN

A Mostly flat / Norman Road

B Rolling Terrain / McClinchy Mile

C Rolling steeper hills / Kitsap Peninsula

D Difficult Terrain / Whidbey Island

E Very Difficult / RAMROD

*Use this chart and the ride description to determine if a particular ride is right for you. Don't take on 50 miles when you haven't done 20, but don't be afraid to start out with us on a 20-30 mile ride if your butt and legs have handled 15.*

## Monthly Ride Calendar

UNABLE TO FIND A RIDE THAT WORKS FOR YOU?  
CHECK OUT THE RIDE UPDATES ON THE WEBSITE.  
STILL NOT FINDING ONE OF INTEREST —  
Enter one on the Ride Updates on the Web.

### MARCH RIDE CALENDER

#### Weekday Rides

**March 2nd, and 9<sup>th</sup> - Mukilteo-Forest Park-Everett** Meet at 10:00 AM at the parking of 5425 Harbour Pt. Blvd. Mukilteo. Route: Mukilteo Blvd 20 miles. Pace: Social, terrain:B.  
Call me if you are planning to come.(425)349-5065 or email : fiorepg@frontier.com

**Friday March 9th – Paint the McClinchy routes.** Meet at Haller Park Middle School at 9.30 to decide the route /routes get the Dan Henry's for next week's fundraiser. We have it all – Flat terrain, Hills, long routes, short in town tasks and nearly enough colors to make a rainbow. Rain or very wet conditions may cancel. RSVP Warren at 425-478-9594

**March 5th, 12th and the19th. (Al's Loop) Mukilteo-Snohomish (via River Rd)-Everett**  
Meet at 10:00 AM at the parking of 5425 Harbour Pt. Blvd. Mukilteo. Route: Mukilteo-Larimer Rd-Snohomish-Everett-Mukilteo. 42 miles. Pace: Social, terrain:A.  
Call me if you are planning to come.(425)349-5065 or email : fiorepg@frontier.com

**March 7th and the14th. - Mukilteo - Lake Stevens.**  
Meet at 10:00 AM at the Church at 5425 Harbour Pt. Blvd. Mukilteo.  
Route: Mukilteo-Snohomish-Machias-Lk Stevens-Everett-Mukilteo. 54 miles. Pace: Social. terrain:A/B.  
Call me if you are planning to come.(425)349-5065 or email: [fiorepg@frontier.com](mailto:fiorepg@frontier.com)

#### Weekend Rides

**Sundays (12, 19, and 26) - Sunday Saunter – at 1pm – Arlington Centennial Trail Trailhead - Moderate Pace—** Great Beginner to Intermediate ride Centennial Trail (Arlington) 10, 25 or 35 mile out and back, you can't get lost! Call ahead to confirm. Ride leader Rod McDonald (425-359-6710) or Rick Schranck (425-737-8445) Rain or snow cancels

**Saturday March 10th – Paint the McClinchy routes.** Meet at Haller Park Middle School at 9.30. We will have a goal of painting what was not completed yesterday and get on to the important business of finding a food stop for the days ride. Rain or very wet conditions may cancel. RSVP Warren at 425-478-9594



**Saturday March 17 The McClinchy Mile - B.I.K.E.S.** Club of Snohomish County invites you to explore the peaceful river valleys, rolling hills and picturesque farms of Snohomish County. Ride a 34-mile flat and scenic loop or choose from two more challenging loops – 48 miles thru Granite Falls or 52 miles thru Stanwood when you add on the north-end extension. Ride both and make it an early-season century! Food stops and SAG support on all routes. Course open 8:00AM to 4:00 PM.

2nd annual **FREE** family 8-mile round-trip ride to Bryant Station on the expanded Centennial Trail. The escorted family ride leaves Haller Middle School at 11am and includes snacks at the turn-around point. Children must be accompanied by an adult.



## MECHANIC I CLASS



Sharing Wheels Community Bike Shop is happy to present Mechanic I Class. Class is limited to 4 students so sign up early. All tools provided. Mechanic I is the basics of the bicycle. Learn the parts of the bike and how to evaluate it's condition. Learn about the bearing systems and how to overhaul them. Bring your own bike or you can use one of ours. \$45 must be prepaid to secure spot in class. 6 hour class. Call or come by to register.

Dates: March 3, 9am to 3pm (Saturday)

Or

March 21 & 28, 6pm to 9pm (Wednesday evenings)

Or

April 18 & 25. 6pm to 9pm (Wednesday evenings)

## Mechanic II CLASS

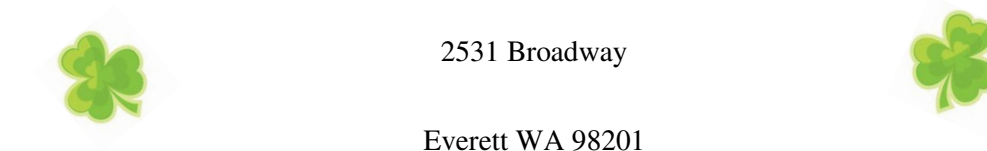


Demystify gears and brakes. Mechanic I prerequisite required. Class is limited to 4 students so sign up early. All tools provided. Learn about what makes your bike run smoothly. Bring your own bike or you can use one of ours. \$45 must be prepaid to secure spot in class. 6 Hour class. Call or come by to register.

Date: April 28th, 9am to 3pm (Saturday)

Sharing Wheels Community Bike Shop

"connecting unused bikes to people who need wheels"



2531 Broadway

Everett WA 98201

## **The Legislative Update on Cycling related legislation**

**HB1700** - This bill allows cities and counties to update the standards for designing bicycle and pedestrian facilities based on the context sensitive needs of those users. This will allow projects to move forward faster by allowing the same people that set the design standards for all other transportation facilities to set these standards.

Passed the House 63/32 and in the Senate has been Passed to the Rules Committee for second reading.

(So when you read this it may be close to being sent to the Governor for signature.

**HB1217** - Authorizing local authorities to establish maximum speed limits on certain non-arterial highways. (The 20 MPH local option bill)

Passed the House 96 /0 - 2/16 Public hearing in Senate Transportation Committee.

Amendments were added in the Senate that make this bill more problematic.

### **The Bill least likely to pass this session buy may eventually have the most effect in the future is. HB 2370**

#### **HB 2370 Including health in the state transportation system policy goals.**

Current law identifies six statewide transportation system policy goals for the planning, operation, performance of, and investment in, the state's transportation system.

The policy goals are identified as follows:

1. **Economic Vitality:** to promote and develop transportation systems that stimulate, support, and enhance the movement of people and goods to ensure a prosperous economy;

2. **Preservation:** to maintain, preserve, and extend the life and utility of prior investments in transportation systems and services;

3. **Safety:** to provide for and improve the safety and security of transportation customers and the transportation system;

4. **Mobility:** to improve the predictable movement of goods and people throughout Washington State;

5. **Environment:** to enhance Washington's quality of life through transportation investments that promote energy conservation, enhance healthy communities, and protect the environment; and

6. **Stewardship:** to continuously improve the quality, effectiveness, and efficiency of the transportation system.

**Summary of Bill (Proposed Amendment):** A seventh statewide transportation system policy goal is added as follows:

7. **Health:** to improve the health of Washington's citizens and reduce health care costs by considering health implications when designing, building, and maintaining Washington's transportation system.

The mobility policy goal is replaced with traffic congestion relief, to read as follows:

4. **Traffic congestion relief:** to reduce traffic congestion and improve vehicle travel times for transportation customers, which improves the predictable movement of goods and people throughout Washington State.

**www.bikesclub.org**  
**B.I.K.E.S. Club**  
**P.O. BOX 5242**  
**Everett, WA 98206**

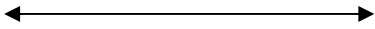


Primary  
Business

**NEW MEMBERS**

Jim & Vickie Stewart

**Hope to see you on a ride soon**



**RENEWING MEMBERS**

Dennis Andrie

Dan & Mareda Cornelissen

John & Terri Spencer

Gary & Joanne Sauter

Mike Snodgrass

Jeffrey Stewart

**Thanks for Renewing**

*Is it time to renew? →*



**Chainwheel Chatter March 2012**

**NEWSLETTER SUBMITTAL**

Please submit all material for the April newsletter by March 19th

to editor@bikesclub.org



**Club Bike Box and Trailer**

Ready to travel with your bicycle? BIKES Club members can use our sturdy bike box for airline travel or our BOB trailer to tow gear behind their bicycle. Cost - **FREE** with a \$25.00 refundable deposit. Basically, these are club benefits we want people to use. To arrange for use contact Warren Bare at (425) 743-7593 or another club officer.

Remember McClinchy volunteers not only get the "reflective slap bracelets" The same as those given to the participants

They can also schedule to work part of the day, ride part of the day and have a joyous meal at the day's end with their fellow volunteers.

**B.I.K.E.S.-Membership** P.O. Box 5242, Everett WA 98206

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Telephone (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_ Email \_\_\_\_\_

**Membership \$15 Annually (INDIVIDUAL)**

**DUES \$20 Annually (FAMILY)**

**Member benefits:** 10% discount at local bike shops with your member card (see website for list), low-cost bike box and trailer rentals, Frequent Rider Club, monthly newsletter, social and advocacy activities.