

Chainwheel Chatter

B.I.K.E.S.

Your Snohomish County Cycling Club for OVER 30 YEARS

From the President

I'm looking out my kitchen window and still see bits of last week's snow accumulation under the cedar trees and today I cross-country skied up near Snoqualmie Pass so it's hard to believe that biking season is just around the corner for most of us. But Chilly Hilly in February and McClinchy Mile in March say it must be so! And BIKES' ride leaders continue to lead rides for those who know how and like to layer their clothes and pedal to stay warm. The ride calendar lists short and long, weekday and weekend – something for everyone.

If you didn't make it to the January club meeting you missed a treat. Tom Tanner from Cyclists of Greater Seattle (COGS) presented a picture show on COGS' 2011 Croatia bike tour. Clips of small villages, cycling quiet rural roads, dining at water-side bistros and friendly companions reinforced Tom's description of the trip. Tom also gave us details about taking a tour abroad (bicycling or otherwise) and the amount of work that goes into advance planning and scheduling. It's much like arranging a family vacation but there are more adults to share the cost and work! Thanks again, Tom, for taking time to share your experience.

The next club meeting, February 9th, is the final McClinchy planning session before the event in March. If you have ideas or want to find out how we make sure McClinchy is successful, come to the meeting. We'll gather for dinner beforehand at a local restaurant and then review our preparations and outstanding tasks. It's fun to host an organized bike ride but it's a lot of work and takes group effort to spread the load. Hope to see you on the 9th.

Pedals Up,

Debby Grant

FEBRUARY 2012

ISSUE 388

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February

Club Meeting

THURSDAY

February 9th 7:00pm

Snohomish County PUD Bldg.

2320 California Ave, Everett

Everyone's welcome and if time permits join other club members

at 5.30pm for an early

dinner at:

A New Spot

Fish Tale Brew Pub

2019 Hewitt Ave

(Must be 21)

Volunteer Corner

March 10 and 11 is **Bike Expo**, followed by **McClinchy Mile** on Saturday, March 17. **Mike Dahlstrom** has again volunteered to coordinate **Bike Expo** for BIKES so please, let Mike know that you want to take a two-hour shift and have fun talking to other cyclists, promoting **McClinchy** and taking in the venues at the Expo. You don't have to be familiar with **McClinchy** routes – you'll be paired with someone who is. Contact **Mike** at mike.dahlstrom@frontier.com. And while you're thinking about the club, give some thought to helping out this year at **McClinchy**. There are lots of different jobs that need a **volunteer** for a couple hours on the day of the event or in advance. Last year we had close to five-hundred cyclists come thru registration and then ride the routes and pick up snacks at the rest stops. **Send a message** to president@bikesclub.org and let the club know how you want to help.



**B.I.K.E.S. Club
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Club Miles Compiled to

The Frequent Rider Miles program is a fun benefit for BIKES Club members. Ride 100 miles or 500 miles or 1000 miles, or more, on club sponsored rides and earn a reward. Miles are tracked from BIKES Club rides as reported by ride leaders. Ride Leaders: When reporting a ride, please remember that a ride is eligible for club miles when 1) the ride is listed in the newsletter and on the Rides web page; even if only the ride leader participates or 2) the ride is listed on the Ride Updates web page and the leader and one other person from a different address participates. When reporting, please include your name, name of your ride, ride date, number of miles, names of participants, member status.

Frequent Rider Miles – As of 1/20/12

First name	Last Name	YTD	First name	Last Name	YTD	First name	Last Name	YTD
Warren	Bare	353	Steve	Linari	83	Pam	Hallanger	30
Pier	Fiorentini	256	Mike	Dahlstrom	81	Clarence	Elstad	20
Gery	Osowiecki	195	Bill	Lutterloh	63	Dorothy	Lindstrom	19
Bob	Nyberg	127	Kathy	Riddle	48	Peter	Pisani	11
Tim	Wise	96	Dan	Scott	47	Doug	Andrews	7
Steve	Linari	83	Bill	Weber	40	Tom	Weber	7

Community Transit – Snohomish County Bike Map

HELP COMMUNITY TRANSIT HELP THE CYCLIST OF SNOHOMISH COUNTY

**Community Transit needs your help to update the
“Snohomish County Area Bicycling & Trail Map”.**

We want to include the latest information on common bike routes and paths to assist both recreational and commuting cyclists in traveling through your city and around the county. This map was last updated in 2010.

It’s EASY – ON BIKESClub website go to Member Forum –

Approximately 40% of BIKES membership get the Chainwheel Chatter electronically online.
YOU TOO CAN GET YOUR
newsletter electronically.
Email ros-
ter@bikesclub.org

Click and read the January 18th Entry Help Community Transit Help Cyclist
Get your paper copy of latest available map dated April 2010 and scribble the changes you would like to see when the new map is produced. Note the grids as explained online. Transfer the notes to an email and send to Mark. – or if adept unlike your editor you can open the map online add sticky notes to the map, copy the notes in an email and return it to Mark. (along with the newly noted map)

**Warren Bare is the March
ride coordinator.**

Ride leaders can simply send their ride ideas to the “leadaride” address, then the email will automatically forward to the current month’s ride coordinator.

leadaride@bikesclub.org

Ride Guide

PACE

- Leisurely** / Under 10 MPH
- Social** / 10–13 MPH
- Moderate** / 13-16 MPH
- Brisk** / 16-18 MPH
- Strenuous** / Over 18 MPH

TERRAIN

- A Mostly flat / Norman Road
- B Rolling Terrain / McClinchy Mile
- C Rolling steeper hills / Kitsap Peninsula
- D Difficult Terrain / Whidbey Island
- E Very Difficult / RAMROD

Use this chart and the ride description to determine if a particular ride is right for you. Don’t take on 50 miles when you haven’t done 20, but don’t be afraid to start out with us on a 20-30 mile ride if your butt and legs have handled 15.

Monthly Ride Calendar

UNABLE TO FIND A RIDE THAT WORKS FOR YOU?
CHECK OUT THE RIDE UPDATES ON THE WEBSITE.
STILL NOT FINDING ONE OF INTEREST —
Enter one on the Ride Updates on the Web.

Weekday Rides

Wed. 1st, Mon 13th, Wed. 22nd, and Wed. 29th: Mukilteo - Lake Stevens. Meet at 10:00 AM at the Church at 5425 Harbour Pt. Blvd. Mukilteo. Route: Mukilteo-Snohomish-Machias-Lk Stevens-Everett-Mukilteo. 54 miles. Pace: Social. terrain:A/B. Call me if you are planning to come.(425)349-5065 or email: fiorepg@frontier.com

Fridays 3rd, 10th, 17th, 24th: Mukilteo-Forest Park-Everett. Meet at 10:00 AM at the parking of 5425 Harbour Pt. Blvd. Mukilteo. Route: Mukilteo Blvd 20 miles. Pace: Social, terrain:B. Call me if you are planning to come.(425)349-5065 or email : fiorepg@frontier.com

Mondays 6th, 20th: Mukilteo-Snohomish (via Larimer Rd)-Everett Meet at 10:00 AM at the parking of 5425 Harbour Pt. Blvd. Mukilteo. Route: Mukilteo-Larimer Rd-Snohomish-Everett-Mukilteo. 47 miles. Pace: moderate. terrain:A/B. Call me if you are planning to come.(425)349-5065 or email : fiorepg@frontier.com

Wed. 15th, Mon. 27th. (Al's Loop) Mukilteo-Snohomish (via River Rd)-Everett Meet at 10:00 AM at the parking of 5425 Harbour Pt. Blvd. Mukilteo. Route: Mukilteo-Larimer Rd-Snohomish-Everett-Mukilteo. 42 miles. Pace: Social, terrain:A. Call me if you are planning to come.(425)349-5065 or email : fiorepg@frontier.com

Weekend Rides

Sundays (12, 19, and 26) - Sunday Saunter – at 1pm – Arlington Centennial Trail Trailhead - Great Beginner to Intermediate ride Centennial Trail (Arlington) 10, 25 or 35 mile out and back, you can't get lost! Call ahead to confirm. Ride leader Rod McDonald ([425-359-6710](tel:425-359-6710)) or Rick Schranck ([425-737-8445](tel:425-737-8445)) Rain or snow cancels.

Saturday February 4th Mount Vernon – Padilla Bay migrant Bird hunt. This 33 mile social ride starts at Edgewater Park located on N Baker St left after crossing the bridge on Division St. We will depart at 10.00 AM and bring Snacks and we will hit the food co-op at the end of the ride. 520 feet. of elevation gain and maybe some quick stops when Eagles, Trumpeter Swann etc. are spotted. A good ride to shake off the winter kinks and get back riding. RSVP leader Warren Bare 425-478-9594 bare.warren@gmail.com . Steady rain, ice or snow may cancel

Saturday February 11th. Soup Ride – 30 to 40 mile ride starting from Alan Creek Elementary in Marysville (across from Marysville 'Y' located off of 64th St.), 9:30 start time - social to moderate pace over A/B terrain to suit riders. Bring sandwich and drink and join me for hot soup at my house, only 4 blocks away, at end of ride. Call Mike Snodgrass at ([360](tel:360-653-2384)) 653-2384. Rain cancels.

Sunday February 19th Paine field – Snohomish – Everett 35-40 mile high social pace with some hills and a food stop along the way. A 10.00 AM start and RSVP ride leader Warren Bare at 425-743-7593. Steady rain, ice or snow may cancel.

Saturday February 25th Aurora Village— South - A clockwise loop of 25-35 miles at a social pace with a food stop along the way. A 10.00 AM start and RSVP leader Warren Bare at 425-743-7593. Steady rain, ice or snow may cancel.

www.bikesclub.org
B.I.K.E.S. Club
P.O. BOX 5242
Everett, WA 98206

Primary
Business

New Members

Thanks for joining
Hope to see you on a ride
soon

Allan Albright

Ruth Gustafson

Rosalyn and Kevin McWatters

Eila Pergiel

Tyler Rourke

Shawn Shockman

Renewing Members

Thanks for renewing

Mike Dahlstrom

Warren Bare

Is it time to renew? →

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NEWSLETTER SUBMITTAL

Please submit all material for the **March** newsletter by **February 19th**

to editor@bikesclub.org



Remember McClinchy volunteers not only get the "reflective slap bracelets" as those given to the participants

They can also schedule to work part of the day, ride part of the day and have a joyous meal at the day's end with their fellow volunteers.

Club Bike Box and Trailer

Ready to travel with your bicycle? BIKES Club members can use our sturdy bike box for airline travel or our BOB trailer to tow gear behind their bicycle. Cost - **FREE** with a \$25.00 refundable deposit. Basically, these are club benefits we want people to use. To arrange for use contact Warren Bare at (425) 743-7593 or another club officer.

B.I.K.E.S.-Membership P.O. Box 5242, Everett WA 98206

Name _____

Address _____

City _____ State _____ Zip _____

Telephone (____) _____ - _____ Email _____

Membership \$15 Annually (INDIVIDUAL)

DUES \$20 Annually (FAMILY)

Member benefits: 10% discount at local bike shops with your member card (see website for list), low-cost bike box and trailer rentals, Frequent Rider Club, monthly newsletter, social and advocacy activities.