

Chainwheel Chatter

Your Snohomish County Cycling Club for OVER 30 YEARS

From the President

April and May are BIKES officer election months. Candidates are nominated at the April general membership meeting and elected at the May meeting. I've never witnessed too much politicking but that doesn't mean this might not be the year for fierce competition so don't wait too long to throw your hat in the ring!

BIKES most important annual special committee is McClinchy Mile. The role of Chairperson of the McClinchy Mile special committee traditionally falls to the club President. After acting as President and chairing three McClinchy Miles, preceded by three years each as Secretary and Treasurer, it is my wish to step down. While President I assisted Tim Wise with website admin responsibilities and managed the new membership database. I hope to continue with those volunteer duties as well as remain on the board as Past President.

The following descriptions, other than the volunteer hour estimates, come directly from BIKES' constitution. Please take a few minutes and give some thought to stepping up and making sure BIKES moves ahead in 2012.

President: Shall preside at all business meetings; shall be Chairperson of the Board of Directors; shall call business meetings and appoint Special Committee Chairpersons and Nominating Committee members; shall perform such other duties as his office may require; shall attend or appoint a delegate to all meetings with outside organizations. 5-8 hours per month.

Vice President: Shall oversee and coordinate the efforts of all Committees; shall perform the duties of the President in his absence; shall be responsible for the program at general membership meetings. 2-5 hours per month.

Treasurer: Shall keep an accurate account of all financial transactions of the organization; shall be responsible for all funds of the organization, receive and disburse all monies subject to the will of the Board of Directors; disbursements shall be made by check, by B.I.K.E.S. Debit Card, or by EFT. Checks shall be signed only by the Treasurer or President. Debit and electronic funds transactions shall be initiated only by the Treasurer or President. A debit card may be held by the Treasurer and/or the President; shall submit a financial report to the Board of Directors as required. All financial records shall meet specifications set by the Board of Directors; shall submit all required/requested State and Federal reports. 4-6 hours per month.

Secretary: Shall keep the minutes of all business meetings; shall maintain a record of B.I.K.E.S. procedures and motions passed by the membership and/or Board of Directors; shall perform other Secretary duties as needed. 2-4 hours per month.

Pedals Up,
Debby Grant

April 2012

ISSUE 390

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April

Club Meeting

THURSDAY

April 12, 7:00pm

Snohomish County PUD Bldg.

2320 California Ave, Everett

Everyone's welcome and if time permits join other club members

at 5.30pm for an early

dinner at:

Gordito's Healthy Mexican Food

1909 Hewitt Ave

(Hat tip to Tim Wise)

Thanks to Community Transit for producing the 2012 Snohomish County Bicycle Map

BIKES at the February meeting committed \$500 to the production of the new Snohomish County Bicycle map. The call out for input from planners, engineers, and cyclist throughout the County was issued in mid-January. Information was on BIKES website community forum and the February newsletter.

On March 8 interested parties from throughout the county stopped by the Community Transit office to review proposed changes added to the revised Bike Map and add last minute notes and or corrections. The final product will be available later this year.

**B.I.K.E.S. Club
Officers & Support
Information**

Debby Grant
President
president@bikesclub.org

Rick Schranck
Vice President
Vicepresident@bikesclub.org

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ridermiles@bikesclub.org

Monthly Ride Coordinator
leadaride@bikesclub.org

Club Miles Compiled to

The Frequent Rider Miles program is a fun benefit for BIKES Club members. Ride 100 miles or 500 miles or 1000 miles, or more, on club sponsored rides and earn a reward. Miles are tracked from BIKES Club rides as reported by ride leaders.

Ride Leaders: When reporting a ride, please remember that a ride is eligible for club miles when 1) the ride is listed in the newsletter and on the Rides web page; even if only the ride leader participates or 2) the ride is listed on the Ride Updates web page and the leader and one other person from a different address participates. When reporting, please include your name, name of your ride, ride date, number of miles, names of participants, member status.

Frequent Rider Miles - As of 3/17/2012

Pier	Fiorentini	703	Tom	Weber	47
Warren	Bare	600	Peter	Pisani	46
Gery	Osowiecki	303	Michael	Snodgrass	44
Tim	Wise	260	Warren	McAndrew	42
Bob	Nyberg	236	Denny	Andrie	35
Steve	Linari	211	Rick	Schranck	35
Bill	Weber	126	Rod	McDonald	35
Mike	Dahlstrom	106	Pam	Hallanger	30
Bill	Lutterloh	83	Clarence	Elstad	20
Kathy	Riddle	80	Dorothy	Lindstrom	19
Cheryl	Walchi	60	Doug	Andrews	7
Dan	Scott	47			

Give a BIG Shout to Mike Dahlstrom regarding McClinchy Dan Henry's

Not only has Mike successfully coordinated EXPO the last few years but with this email sent after McClinchy appears to be ready to procure, place and store road markings for future McClinchy's in the 21century.

Some folks complained of the washed out Dan Henrys. In discussing this with some folks, I learned that there are other better methods. Mini-sandwich boards with Dan Henrys painted on them can be placed on roads. The risk is that they could be stolen/vandalized. Also a company in Redmond produces a tape placed on the road with directional arrows, that wears off in little time. Paint is passé in the NW.

WAY TO GO MIKE

**Tim Wise is the May
ride coordinator.**

And the months following are

June—Bill Weber

July—Debby Grant

Ride Guide

PACE

Leisurely / Under 10 MPH

Social / 10-13 MPH

Moderate / 13-16 MPH

Brisk / 16-18 MPH

Strenuous / Over 18 MPH

TERRAIN

A Mostly flat / Norman Road

B Rolling Terrain / McClinchy Mile

C Rolling steeper hills / Kitsap Peninsula

D Difficult Terrain / Whidbey Island

E Very Difficult / RAMROD

Use this chart and the ride description to determine if a particular ride is right for you. Don't take on 50 miles when you haven't done 20, but don't be afraid to start out with us on a 20-30 mile ride if your butt and legs have handled 15.

Monthly Ride Calendar

**UNABLE TO FIND A RIDE THAT WORKS FOR YOU?
CHECK OUT THE RIDE UPDATES ON THE WEBSITE.
STILL NOT FINDING ONE OF INTEREST —
Enter one on the Ride Updates on the Web.**

Weekday Rides

Mondays April 2nd, 9th, 16th, 23rd, 30th. Monday Meanders, rides of 15 - 30 miles chosen by the group. First ride Monday April 2nd, 9:30 start at West Mall Dr. & Interurban Trail in Everett. Approx. 20 miles, looping around Harbour Point and back. Food stop likely, social+ pace. Rain cancels. Dan Scott 425-355-4510

Weekend Rides

Saturday, April 7 – Camano Island. Meet at Camano Plaza at 9:30 for a 35-mile loop of the south end. Consider this an early-season training ride for some hilly, long or fast event you hope to complete. Moderate pace and hammer up hills? Cue sheets and map will allow for others to go faster or slower, and we'll re-group at major points. Bring snacks; we'll plan lunch after the ride. Kristin Kinnamon 425-583-4584 (text or email).

Saturday April 14. Twin Lakes – English Rd Loop This will be a social/ moderate ride starting at 9.30 am and passes through Arlington, then north to English Rd with a return to Stanwood for a food stop then up the Stillaguamish Valley to sill Rd for the return. Forty two plus miles with a 1000' of elevation gain. Not a stay together ride but regroup at specified hills and corners. Leader Warren Bare - bare.warren@gmail.com – 425-478-9594. Please RSVP for ride share possibility's and steady rain cancels. RWGPS map - <http://ridewithgps.com/routes/1024648>

Sunday April 15 'Round the River. Starting 10.00am at Lowell's Rotary Park, pedal the River Road to Snohomish, pit stop, then pedal River Road & Home Acres Rd. to return to Everett for a snack stop. 18 - 20 miles, social+ pace, rain cancels. Dan & Elaine Scott 425-355-4510

April 15 - Daffodil Classic Support our sister club the Tacoma Wheelmen, who have often brought a contingent north for the McClinchy Mile. Choose from 40-mile, 60-mile or 100-mile loops out of Orting, or a trail option family ride up to 30 miles. Riders will enjoy a well-marked course with cue sheet and map, support vehicles, fully stocked rest stops, and strawberry shortcake at the finish line. Cost is \$20 if you register by April 10 at www.twbc.org. Kristin will organize a carpool: 425-583-4584 (text or email).

Saturday April 21st :Tour the Brightwater facility Start 10am at McCollum Park, ride to the open house <http://www.kingcounty.gov/environment/brightwater-center/events/OpenHouse.aspx>Snack at 3rd place books. Social-moderate pace, Mileage and food/snack stop to be determined . Rain may cancel. Leader, Tim Wise 425-754-7916, tcjwise@frontier.com.

Please RSVP as reservations are required and watch for ride updates on the website.

Saturday April 28th - Snohomish to Sultan Bakery, 40-45 miles at a low moderate pace – 9:30 start from the Centennial Trail head in Snohomish, better parking area I think. This ride is primarily 'B' terrain with a couple of good hills, it's the standard figure 8 route going out High Bridge and Old Owen roads and returning on Ben Howard and the river road. We will stop at the Sultan Bakery for lunch/snack. Rider leader Mike Snodgrass (Michael.snodgrass53@gmail.com or 360-653-2384) Rain cancels.

Sunday, April 29 – How about a **Tulip ride in Skagit County** of around 25 miles.. (Meet in Mt Vernon for a loop ride) Details later. - Clarence Elstad

OR

If weather is bad (windy/rain) we will do the interurban from 43rd Street in Everett to Lynnwood, 44th St bridge and return. (Lunch in Lynnwood)



Sharing Wheels Community Bike Shop is a non-profit shop managed by BIKES Club's own Kristi Knodell. The first Wednesday night (6-9pm) of every month is dedicated to women 14 years and older. This is a great opportunity to all women to work with a female bike mechanic on their own bikes or to learn on one of the shop bikes. There is no cost. Most evenings are spent learning and socializing. Sharing Wheels is located at 2525 Broadway, Everett WA 98201, phone 425-252-6952.

BIKE TO WORK 2012

Cascade Bicycle Club will partner with Community Transit and other station partners for the 2012 Bike to work Month

The Cascade Bicycle Club has a long and distinguished history of creating and implementing some of the largest, most successful Bike to Work Month events in the country.

This partnership does come with a few changes that are a little bit different from years past. These changes include the following:

Cascade Bicycle Club will be producing the materials for Bike Month, however, Community Transit will still be distributing promotional materials (brochures & posters) to the partner stations.

Station materials will be provided by Cascade Bicycle Club. Station Sponsors will still need to staff the stations (including bike mechanic) & provide refreshments.

Station Material Pick Up will be conducted by Cascade Bicycle Club- Not Community Transit.

(The Bike Commute Challenge will coincide with the Group Health Bike Commute Challenge and will be the entire month of May instead of mid-May to mid-June.)

(Information from Mark Melnyk with Community Transit)

2012 Station Information—May 18

Edmonds Station, 6-9 a.m.

102 Main St,

At Vatika Restaurant

Sponsors: Edmonds Bicycle Advocacy Group

Bike Shop Representative
Bicycles West

Everett Boeing, 5-8:30 a.m.

75th & Seaway

Sponsors: Boeing

Bike Shop Representative
Gregg's Cycle

Continued >

Daffodil Classic 2012 – Sunday, April 15th 2012

A good training ride that supports Bike Alliance of Washington

The Daffodil Classic winds through the beautiful Orting valley and surrounding hills. Bring your bike, trike, tandem or unicycle - all cyclists are welcome! There are routes for families, recreational cyclists, and serious roadies.

Choose from 40-mile, 60-mile or 100-mile loops; or a family-friendly, paved trail option from 1 mile up to 30 miles. Riders will enjoy a well marked course with cue sheet and map, support vehicles, fully stocked rest stops, and strawberry shortcake at the finish line.

<http://www.twbc.org/Default.aspx?pagelId=564977&eventId=407822&EventViewMode=EventDetails>

Tulip Pedal Date Set for 2012

The 31st annual Tulip Pedal bike ride will take place on April 21, 2012, at the La Conner Middle School, in La Conner, Washington.

The Tulip Pedal attracts hundreds of riders each year to Skagit County during the annual Skagit Valley Tulip Festival. Riders take a leisurely ride along county roads past the tulip fields, all the while taking in gorgeous views of Mount Baker, Samish and Padilla bays and the Cascade foothills.

Registration for the Tulip Pedal will soon be listed on www.active.com.

All proceeds from the Tulip Pedal go toward Safe Kids Skagit County's efforts to prevent child injuries in our area. Call 428-3236 for more information.

RAPSody

Ride Around Puget Sound, Aug. 25-26

Cross the Puget Sound on the Tacoma Narrows Bridge, enjoy paved trails, scenic back roads and Northwest water and mountain views during this 170-mile weekend ride. RAPSody is an event by bicyclists, for bicyclists, with great food, souvenir socks, luggage transport, showers and parking all included. Free ice cream and live music at the finish!

www.rapsodybikeride.com : (253) 857-5658

2012 Station Information--May 18

Lynnwood Transit Center, 6-9 a.m.

202nd Street SW & 46th Ave. W

Sponsors: Community Transit

Bike Shop Representative
Harvy's Bike Shop

University of Washington-Bothell, 6-9 a.m.

Campus Way NE

Sponsors: Cascadia Community,
City of Bothell, College UW Bothell

Bike Shop Representative
Bicycles West

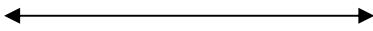
www.bikesclub.org
B.I.K.E.S. Club
P.O. BOX 5242
Everett, WA 98206

Primary
Business
Address

NEW MEMBERS

Diane Gordon
John Weller & Family
Janice Brady & Dave VanDuine

Hope to see you on a ride soon



RENEWING MEMBERS

Adrienne Dorf
Pete Pias
John Carlin
Lucie Johns
Rod McDonald
George Price
Dan & Elaine Scott

Thanks for Renewing

Is it time to renew? →

&

In Memory of Wendell Hultman
a renewal is received by BIKES.

Marlene's note said he would
want to support this club he loved
so much.

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. NEWSLETTER SUBMITTAL

Please submit all material for the **May** newsletter by **April 20th**
to editor@bikesclub.org

Club Bike Box and Trailer

Ready to travel with your bicycle? BIKES Club members can use our sturdy
bike box for airline travel or our BOB trailer to tow gear behind their bicycle.
Cost - **FREE** Basically, these are club benefits we want people to use. To
arrange for use contact Warren Bare at (425) 743-7593 or another club officer.

Approximately 40% of
BIKES membership get
the Chainwheel Chatter
electronically online.

YOU TOO CAN GET YOUR

newsletter online at

Email roster@bikesclub.org

and save a tree.

B.I.K.E.S.-Membership P.O. Box 5242, Everett WA 98206

Name _____

Address _____

City _____ State _____ Zip _____

Telephone (____) _____ - _____ Email _____

Membership \$15 Annually (INDIVIDUAL)

DUES \$20 Annually (FAMILY)