

# Chainwheel Chatter

B.I.K.E.S.

Your Snohomish County Cycling Club for OVER 30 YEARS

NOVEMBER 2011

ISSUE 385

## From the President

BIKES' annual Volunteer Breakfast is just around the corner, on Saturday, November 5, at The **Local Scoop** in Arlington. The ribbon cutting ceremony for the final four miles of the Centennial Trail between Bryant and the Skagit County line is delayed but there will be club rides organized around the breakfast. Club volunteers should have received an e-mail invitation – if not, contact [president@bikesclub.org](mailto:president@bikesclub.org). All club members are invited on the post-breakfast rides. Check the Ride Calendar and November newsletter for ride details.

Regular Pedal Pusher rides wrapped up in October. Beginning in May the group met for alternating Wednesday and Thursday rides on trails and popular routes both near and far. They travelled to Anacortes, La Conner, Chehalis and nearby points. Regulars from the past few years returned and we added several new riders this season. This was BIKES first year to co-sponsor the group with the Lynnwood Senior Center and it was a success. Thank you to all BIKES members who stepped up and led rides. You made it possible to offer weekly outings. Weather permitting we'll post adhoc rides through the remainder of fall and into winter.

Somewhere in the newsletter there's a notice about the upcoming Club holiday party and white elephant gift exchange. The party is early in December so you'll have the entire month of November to consider and ponder over the white elephant gift you select to bring to the party. Do you want yours to be most coveted? The one hidden under a chair so it isn't stolen? If you can't find just the right thing at home, make a stop at a local thrift store. Think vintage or 1950's era. It doesn't have to be bike oriented but with a room full of cyclists it might be a hit.

Pedals Up,

Debby Grant

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## November

### Club Meeting

### THURSDAY

**Nov 10th 7:00pm**  
Snohomish County PUD Bldg.

2320 California Ave, Everett

Everyone's welcome and if time permits join other club members at 5.30pm for an early dinner at:  
*A New Spot*

**Fish Tale Brew Pub**  
2019 Hewitt Ave

(Must be 21)

### Local Scoop

434 N Olympic Ave Arlington, WA (360)-403-8282

## Volunteer Corner

Our volunteer Webmaster, Tim Wise, manages a big job for BIKES. He keeps our site up-to-date and seeks out information that he thinks Club members will find interesting and useful. After activating the new website Tim's next task was to migrate club email addresses to a free or almost-free email host. Those of you who are on the receiving end of club email addresses or who send to those addresses have experienced some delivery disruptions. If you've ever been on the end of a chat-room help line you know what it's like to seek technology help. Tim does this for the Club on the weekends and evenings. I frequently remind all of us to thank our volunteers so again, make sure Tim knows we appreciate his time and effort.

**B.I.K.E.S. Club  
Officers & Support  
Information**

**Debby Grant**  
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president@bikesclub.org

**Rick Schranck**  
Vice President  
Vice  
president@bikesclub.org

**Steven Arnhold**  
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leadaride@bikesclub.org

**Club Miles Compiled to 10/18/11**

**The Frequent Rider Miles program is a fun benefit for BIKES Club members. Ride 100 miles or 500 miles or 1000 miles, or more, on club sponsored rides and earn a reward. Miles are tracked from BIKES Club rides as reported by ride leaders.**

**Ride Leaders:** When reporting a ride, please remember that a ride is eligible for club miles when 1) the ride is listed in the newsletter and on the Rides web page; even if only the ride leader participates or 2) the ride is listed on the Ride Updates web page and the leader and one other person from a different address participates. When reporting, please include your name, name of your ride, ride date, number of miles, names of participants, member status.

Warren	Bare	1940	Bob	Nyberg	154	Sally	Davies	46
Bill	Lutterloh	1365	Susie	Paquette	148	Robert	Smith	45
Gery	Osowiecki	799	Allyson	Welsh	141	Susan	Hausmann	45
Wendell	Hultman	602	Kay	Peterson	126	Dan	Cornelissen	44
Bill	Weber	584	Dave	Fielder	126	Shirley	Slade	42
Evelyn	Rayburn	577	Pam	Hallanger	118	Kala	Koch	41
Debby	Grant	543	Adrienne	Dorf	105	Dick	Nicholson	40
Tim	Wise	538	Warren	McAndrew	98	Richard	Szabo	31
Dan	Scott	536	Rod	McDonald	77	Jack	McClincy	30
Tom	Weber	445	Michael	Snodgrass	74	Janell	Reich	30
Steve	Linari	437	James	Wright	74	John	Happold	30
Dorothy	Lindstrom	423	Doug	Andrews	68	Moe	Moosavi	30
Kathy	Riddle	351	Steven	Hudspeth	68	Nancy	Webb	26
Pier	Fiorentini	257	Annie	Peterson	63	Albert	Penta	24
John	Carlin	234	Stephanie	Roche	55	Linda	Hunter	22
David	Wadley	219	Jay	Grant	54	Leslie	Strickland	22
Mike	Dahlstrom	215	Keith	Gerhard	54	Bill	Newman	22
Peter	Pisani	209	Perry	Walker	47	Patty	Garrett	20
Elaine	Scott	204	Joanne	Kennedy	47	Tom	Crisp	19
Nancy	Graham	172	Larry	Kennedy	47	Kristi	Knodell	18
Cheryl	Walchi	167	Clarence	Elstad	46	Fred	Koch	16

Approximately 40% of BIKES membership get the Chainwheel Chatter electronically online. YOU TOO CAN GET YOUR newsletter electronically. Email roster@bikesclub.org and save a tree.

**NORTH CREEK TRAIL Open House - 6:00 - 7:30 p.m.**

**Wednesday, November 16, 2011**

*Lynnwood High School 18218 North Road*

You are invited to attend an Open House meeting to learn about options for the north section of the trail and the recommended West Alignment. Visit anytime between 6:00 and 7:30 p.m. View information and maps in the website [http://www.co.snohomish.wa.us/documents/Departments/Public\\_Works/Roads/Projects/NCKTrail0811web.pdf](http://www.co.snohomish.wa.us/documents/Departments/Public_Works/Roads/Projects/NCKTrail0811web.pdf)

**John Carlin is the December ride coordinator.**

Ride leaders can simply send their ride ideas to the "leadaride" address, then the email will automatically forward to the current month's ride coordinator.

leadaride@bikesclub.org

**Ride Guide**

PACE

- Leisurely** / Under 10 MPH
- Social** / 10-13 MPH
- Moderate** / 13-16 MPH
- Brisk** / 16-18 MPH
- Strenuous** / Over 18 MPH

TERRAIN

- A Mostly flat / Norman Road
- B Rolling Terrain / McClinchy Mile
- C Rolling steeper hills / Kitsap Peninsula
- D Difficult Terrain / Whidbey Island
- E Very Difficult / RAMROD

*Use this chart and the ride description to determine if a particular ride is right for you. Don't take on 50 miles when you haven't done 20, but don't be afraid to start out with us on a 20-30 mile ride if your butt and legs have handled 15.*

## Monthly Ride Calendar

UNABLE TO FIND A RIDE THAT WORKS FOR YOU?  
CHECK OUT THE RIDE UPDATES ON THE WEBSITE.  
STILL NOT FINDING ONE OF INTEREST –  
Enter one on the Ride Updates on the Web.

### Weekday Rides

**Every Tuesday. 10 mile, social pace, A/B terrain** 11:30 AM Starting at Bicycle Centers of Everett, Silver Lake Location - on Bothell-Everett Hwy and 128th St. SE. Lousy weather cancels the ride, but not the trip to the bakery. Gery Osowiecki - 469-358-2887

**November 2nd, 23<sup>rd</sup> Mukilteo-Snohomish-Monroe** — Meet at 10:00 AM at the parking of 5425 Harbour Pt. Blvd. Mukilteo. Return via High Bridge Rd - Lowell-Larimer Rd. 52 Miles. Pace: depends on riders, terrain: B/C. Leave a message (425)349-5065 or email: fiorepg@frontier.com

**November 7th, 16th, 21<sup>st</sup> Mukilteo - Lake Stevens - Everett.**—Meet at 10:00 AM at the Church at 5425 Harbour Pt. Blvd. Mukilteo. Route: Mukilteo-Lowell-Snohomish-Machias-Lake Stevens-Everett-Mukilteo. 54 miles. Pace: depends on riders, terrain:B/C. Leave a message (425)349-5065 or email: fiorepg@frontier.com

**November 9th, 30th. Mukilteo-Snohomish (via Larimer Rd)-Everett**—Meet at 10:00 AM at the parking of 5425 Harbour Pt. Blvd. Mukilteo. Route: Mukilteo-Larimer Rd-Snohomish-Everett-Mukilteo. 47 miles. Pace: depends on riders, terrain: A/B. Leave a message (425)349-5065 or email : fiorepg@frontier.com

**November 14th. Mukilteo - Echo Lk - Mukilteo**—Meet at 10:00 AM at the parking of 5425 Harbour Pt. Blvd. Mukilteo. Via Lowell-Larimer Rd, Connelly, Elliott, Welch Rd, Fales Rd. 49 Miles. Pace: depends on riders, terrain: B/D. Leave a message (425)349-5065 or email: fiorepg@frontier.com

**November 11th, 25th, 28th. (Al's Loop) Mukilteo-Snohomish (via River Rd)-Everett** - Meet at 10:00 AM at the parking of 5425 Harbour Pt. Blvd. Mukilteo.—Route: Mukilteo-Larimer Rd-Snohomish-Everett-Mukilteo. 42 miles. Pace: depends on riders, terrain:A/B. Leave a message (425)349-5065 or email : fiorepg@frontier.com

**November 18<sup>th</sup> Mukilteo-Howarth Park-Casino Rd**—Meet at 10:00 AM at the parking of 5425 Harbour Pt. Blvd. Mukilteo. Route: Mukilteo Blvd-Howarth Pk-Olympic Dr-Casino Rd-Mukilteo 22 miles. Pace: depends on riders, terrain: A/B. Leave a message (425)349-5065 or email : fiorepg@frontier.com

### Weekend Rides

**Sunday Saunter – Great Beginner to Intermediate ride.** 1:00pm Centennial Trail (Arlington) 10, 25 or 35 mile out and back, you can't get lost! Call ahead to confirm. Ride leader Rod McDonald (425-359-6710) or Rick Schranck (425-737-8445) Showers cancel.

**Saturday, November 5th, Everyone Welcome - After the Volunteer Breakfast RIDE** – Ride at a social pace on the Centennial Trail. Start at Haller Park at 10.30 and rain may cancel. Leader Patty Garrett 360-435-0146

**Saturday November 5th Everyone Welcome - After the Volunteer Breakfast RIDE** – This fun ride starts at Haller Park at 10.30 and will be at a social/moderate pace with a few hills. Distance is 30~ miles and will be this RWGPS <http://ridewithgps.com/routes/778000> loop unless we can get our Vice President to hijack the ride for a more interesting one. Rain may cancel - Information – Warren Bare 743-7593

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**Saturday November 12th - Go visit Lenin:** Start at Echo Park across from the Aurora Village Transit Center at 10.30 am. Pace low-social (10-12) terrain mostly A, with a few Bs for good measure. Food stop near Lenin's statue, and a coffee stop on the way back... (whmm, any Russian places near there that serve boiled potatoes, salted haring, and cured pig lard, with a fifth of vodka – all staples of Soviet Russia? If not, then a bakery will be fine)... Perhaps, if group feels like it, extend the ride to visit the salmon climbing the Ballard locks... Nasty weather cancellers the ride.... Leader Gery Osowiecki - 469-358-2887

**Sunday November 13th – McCollum Park – Snohomish - Everett** A 10.00 am start will take us on this 35-40 mile loop at a low moderate pace and will include a snack/food stop along the way. Rain, ice etc. cancels. Leader Warren Bare 425-478-9594,

**Saturday November 19th: 'Round the River,** 10 a.m. start at Everett Transit Station parking lot. Ride to Lowell, and then out to Snohomish along the River Road; return to Everett on the other side of the river, and find food in Everett at the end of the ride. 18 - 20 miles, social pace. Dan & Elaine Scott 425-355-4510

**Sunday November 20th – Silver Lake – Snohomish - Everett** A 10.00 am start will take us on this 35-40 mile loop at a low moderate pace and will include a snack/food stop along the way. Rain, ice etc. cancels. Leader Warren Bare 425-478-9594.

**Saturday November 26th- Shoreline – Portage Bay and through the Locks North** – A 10.00 am start will follow this RWGPS map <http://ridewithgps.com/routes/778479> From Shoreline through Lake City, past the U of W around Portage Bay, Lake Union and through the Locks before riding north from Ballard to return. ( The new Ship Canal addition may be completed which would enable riding from the Fremont Bridge to Emerson and an easy ride to the Locks without doing Nickerson / 15th ) A food stop somewhere south and rain cancels. Ride leader Warren Bare 425-478-9594

**Links** from last month's BIKES Meeting

Because the 2012 Bike EXPO will be held March 10 - 11, 2012, BIKES plans to hold its annual fundraiser "**The McClinchy Mile**" on **St Patrick's Day, Saturday March 17th.**

The winners of the tickets to the Bike Alliance Auction were **Brent and Linda Hunter.** We hope they scored one or more good deals and most of all had a blast.

Also at the monthly meeting grant requests were filled, one to Sharing Wheels and one to Christmas House. BIKES has been privileged for a number of years to be able to issue funds to these two worthy charities.

The money came from proceeds from the McClinchy Mile.

Bells remaining from the 2011 McClinchy ride will go to sharing wheels as an add on feature for the bikes they repair and donate to Christmas House.

### Online survey to gauge Centennial Trail interest, uses

The Snohomish County Parks Department is seeking input on its trail plan for the Centennial Trail through an online survey.

The goals of this short survey are to develop a trail-user profile, look for ways to improve safety, discover specific ways people use the trail, and determine how the Centennial Trail benefits the communities it serves.

The survey is available until the end of December 2011. Community members and community organizations that use the Centennial, Interurban and other trails in Snohomish County are encouraged to respond. <https://www.surveymonkey.com/s/P8QNVYY>

## WORK PARTY FOR CHRISTMAS HOUSE KIDS BIKES

Help Sharing Wheels Community Bike shop get bikes ready for Christmas House. Last year Christmas House in Everett served more than 10,000 children, representing 3,485 families, by providing age appropriate gifts. Some of the big demands include coats, hats, and bikes. Sharing Wheels has provided refurbished kids bikes in previous years and will be doing the same this year. Help make this happen by participating in one or all of the work parties. Bike mechanic skills are a big plus but spit and polish is just as important. All tools, supplies and lunch will be provided. If you can't make any of the work parties feel free to come by the shop when we are open and we can surely put you to work.

**Saturday November 12, 10:00am to 3:00pm Sharing Wheels Community Bike Shop**

"connecting unused bikes to people who need wheels"

2531 Broadway—Everett WA 98201—425-252-6952

Sharingwheels@gmail.com

## LADIES NIGHT- NO BOYS ALLOWED

1st Wednesday Every Month

6:00pm to 9:00pm

Sharingwheels@gmail.com 2531 Broadway

Ladies Night will be here again Wednesday November 2, 6pm to 9pm. We welcome all women and girls 14yrs old and up (children must be accompanied by an adult). Get answers to some of the more puzzling questions concerning your bike like "how do I stop my bike from squeaking?" Come join us in a great environment. Snacks provided. No cost! If your gender disqualifies you, tell the women in your life about this opportunity.

## Holiday Party December 3rd – 6 PM

**All BIKES Club members and families are welcome**

The Community Room at Carriage Club Mobile Home Park  
13320 Highway 99 Everett WA.

**Dinner is Potluck – BIKES provides a holiday ham and non-alcoholic beverages.**

**Members BYOB – non-alcoholic or other.— Based on first letter of last name – members bring:**

A-F - Salads G-N - Side Dishes O-Z - Desserts/Appetizers

Don't forget to bring a wrapped gift for the White Elephant gift exchange. **Please bring one gift for each member /guest in your party.** Bike-theme gifts are popular but we have fun with anything.

In addition to dinner and the gift exchange, we'll hand out Frequent Rider Club mileage awards.

Please RSVP by **November 30th** to Club President Debby Grant at (425) 778-5530 or [president@bikesclub.org](mailto:president@bikesclub.org)  
there's plenty of room for everyone, so come meet fellow members and enjoy the festivities. Carpooling is encouraged

## Holiday Party Directions & Maps

If approaching from the south on Highway 525 (Mukilteo Speedway) the entry to the park is 600 yards north of Lincoln Way, the first stop light on the Speedway. Turn right in the center entry of the concrete sound wall.

If the entry is missed turn right at Russell Way and proceed to Highway 99 and enter as stated below.

(there is no entry from the north off of the Speedway)

The entrance to the park is on the west side of Highway 99 immediately south of Del Sol Auto used car sales lot and north of the business sign containing Soft Dental Care/Prestige Escrow / Statewide Mobile Homes Inc.

Once in the park look for the signs on the corners pointing to the Office/Clubhouse.

**Please Park** in front of the Clubhouse not on the road as it is a fire lane. (Room for about 25 cars)

If directions are needed outside or in the park call **Warren at (425)743-7593**

Here is a G-MAP for the interior of the park <http://www.gmap-pedometer.com/?r=538602>

**www.bikesclub.org**  
**B.I.K.E.S. Club**  
**P.O. BOX 5242**  
**Everett, WA 98206**

Primary  
Business

Riders at the Barlow Pass elevation sign ready for the long (Fun) downhill return.



*Is it time to renew? →*

### New Members

Diana Larson & David Schindele

Ann Stewart

Remy Gutierrez

Moe Moosavi

Richard Szabo

James Roosma

### Members Renewing

Bob Nyberg

Steve Hudspeth

Will McMahan

Carolyn Allen

Dave Fielder & Kay Peterson

Jim & Jeannie Grippin

Debbie Kawamoto

Kathy Riddle

John & Robin Schwartz

Stephanie Roche

Bill Weber & Thomas Weber

## Chainwheel Chatter November 2011

### NEWSLETTER SUBMITTAL

Please submit all material for the December newsletter by November 18

to editor@bikesclub.org

### Club Bike Box and Trailer

Ready to travel with your bicycle? BIKES Club members can use our sturdy bike box for airline travel or our BOB trailer to tow gear behind their bicycle. Cost - **FREE** with a \$25.00 refundable deposit. Basically, these are club benefits we want people to use. To arrange for use contact Warren Bare at (425) 743-7593 or another club officer.

**B.I.K.E.S.-Membership** P.O. Box 5242, Everett WA 98206

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Telephone (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_ Email \_\_\_\_\_

**Membership \$15 Annually (INDIVIDUAL)**

**DUES \$20 Annually (FAMILY)**

**Member benefits:** 10% discount at local bike shops with your member card (see website for list), low-cost bike box and trailer rentals, Frequent Rider Club, monthly newsletter, social and advocacy activities.