

Chainwheel Chatter

B.I.K.E.S.

Your Snohomish County Cycling Club

From the President

I think we might expect a reduced club ride list in October, along with an increased chance for inclement weather, but as usual, our ride leaders have returned from vacation and there's a full complement of weekend rides for your pleasure! On a couple occasions you have a choice of either Saturday or Sunday. The Sister Clubs Ride on October 9 is one upcoming ride option. The Sister Clubs are the five bicycle clubs that join together to host RAPSody to benefit Bicycle Alliance of Washington (BAW). Last year when Tacoma hosted the Sister Clubs Ride it drew an impressive number of riders who enjoyed touring the greater Tacoma area by bicycle followed by time to meet and socialize with members from other local clubs. Please come out and ride this second annual event and help make it memorable for our club guests.

Speaking of BAW – its annual auction and dinner is this month. This is an opportunity to dress in your finer duds and hobnob with other area cyclists while you try to outbid your table partners at the silent auction, savor a catered dinner and sit back and enjoy the antics of this year's emcee, talk show host Dave Ross. If you're a BAW member you received an invitation in the mail. If you're not a BAW member, visit www.bicyclealliance.org for information about BAW and details on the auction. Attend the BIKES October meeting and you'll have a chance to win two tickets to the auction and dinner.

Make sure to peruse the entire newsletter. You'll find updates on trail construction projects and bicycle master plans and a review of the 2010 Ride Around Washington. A couple of important upcoming club dates are on the back page.

Pedals Up,
Debby Grant

OCTOBER 2010

ISSUE 373

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Club Meeting

October 14 – 7pm

Snohomish County Pud Bldg
2320 California Ave, Everett

Come to the October meeting for a chance to win two tickets to the BAW auction & dinner on Oct 23. BIKES bought two seats and to win you must be present at the meeting

Social hour & no-host dinner before the meeting at 5:30pm:

El Paraiso Mexican Grill
2801 Colby Ave, Everett

Call to Volunteers

Your club needs your help. Steve Hudspeth is stepping down as **Frequent Ride Miles Coordinator** at the end of the year. This doesn't take too much time and is a good job for someone who wants to get involved and help other members have fun. It doesn't require meeting attendance, all correspondence is via email and a spreadsheet is used to track miles. Last year Debby Grant took over temporary responsibility as **Membership Coordinator**. The database is maintained in Access and requires about two hours a month to update information and produce membership documents. Again, this job doesn't require meeting attendance and is handled via email and occasional telephone calls. Volunteers who take on these tasks need a reasonably new PC. The Membership Coordinator must also print address labels and reports. Mike Dahlstrom has been the long-standing **Bike Expo Coordinator**. It's time for someone to shadow Mike and assume this important role for BIKES for Expo 2011.

Please contact a club officer to ask about these fun and important jobs!

B.I.K.E.S. Club Officers & Support Information

Debby Grant

President

president@bikesclub.org

Vacant Position

Vice President

vicepresident@bikesclub.org

Doug Andrews

Secretary

secretary@bikesclub.org

Kristi Knodell

Treasurer

treasurer@bikesclub.org

Tim Wise

Web Master

roster@bikesclub.org

John Carlin

Newsletter Editor

editor@bikesclub.org

Steven Hudspeth

Frequent Rider Club

Coordinator

ridermiles@bikesclub.org

Monthly Ride Coordinator

leadaride@bikesclub.org

Frequent Rider Club - Miles thru mid-September

Rick	Schranck	2331	Peter	Pisani	103
Warren	Bare	1401	Bob	Huey	100
Rod	McDonald	1350	Laura	Elmore	99
Bill	Lutterloh	1149	Fred	Koch	94
Denny	Andrie	1148	Kala	Koch	94
Wendell	Hultman	787	Linda	Hunter	92
Kathy	Riddle	717	Kay	Peterson	83
Doug	Andrews	588	Pam	Hallanger	75
Tim	Wise	538	Richard	Johnson	74
Kayo	Downey	538	Jack	McClincy	65
Bill	Weber	449	Pete	Pias	65
Bob	Nyberg	439	Liz	Raemont	56
Tom	Weber	425	Janell	Reich	53
Evelyn	Rayburn	405	John	Schwartz	49
Allyson	Welsh	317	Dan	Comelisser	43
Steve	Linari	312	Ginger	Decker	40
Lena	Sullivan	295	Mike	Cundiff	40
Debbie	Grant	289	Tom	Crisp	40
Dorothy	Lindstrom	242	Anne	Schreibvogel	37
Art	Ameson	232	Al	Currier	37
Dan	Scott	218	Robin	Schwartz	28
Roger	Frost	192	Scott	Moore	27
Brian	Elmore	169	Bruce	Deitz	24
Kristi	Knodell	150	Tom	Radford	23
Kristin	Kinnamon	150	Patty	Garrett	22
Steven	Hudspeth	144	Perry	Walker	22
Mike	Dahlstrom	132	Mareda	Comelisser	20
Clarence	Elstad	122	Pam	Deitz	20
Gery	Osowiecki	117	Glen	Moffitt	19
John	Carlin	114	Don	Sperlin	19
Michael	Snodgrass	105	Nancy	Graham	19
Elaine	Scott	104	Sharon	Andrews	18
Dick	Nicholson	103	Brent	Hunter	14

November Ride Coordinator

Ride leaders may send their ride listings to the "leadaride" address. The email will automatically forward to the current month's ride coordinator.

leadaride@bikesclub.org

Ride Guide

Pace		Terrain	
Leisure	Under 10 MPH	A	Mostly flat / Norman Rd
Social	10-14 MPH	B	Rolling Terrain / McClincy
Moderate	14-16 MPH	C	Rolling steeper hills / Kitsap Peninsula
Brisk	16-18 MPH	D	Difficult Terrain / Whidbey Island
Strenuous	Over 18 MPH	E	Very Difficult / RAMROD

Monthly Ride Calendar

Unable to find a ride that works for you?

Check out the Ride Changes page on the web site.

Still not finding one of interest – enter one on the Ride Changes page.

Saturday October 2 Paine Field Park - North King County Start at Paine Field Park at 9:30 AM for this 30-35 social mile ride going south into north King County with a food stop along the way. Rain cancels. Ride leader Warren Bare for details at 425 478-9594

Sunday October 3 Verlot to Barlow Pass & Return Start at 10am at the Verlot Service Center on Mountain Loop Hwy. Moderate pace, 38 miles, A-B terrain. Bring lunch or a snack, we'll make a picnic stop on the descent from the pass. Optional food stop in Granite Falls after the ride. Ride leader Debby Grant debby@jaygrant.com 206 353-0249. Call or email to arrange carpool. Steady rain cancels.

Saturday October 9 Sisters Club Ride BIKES is hosting the Sister Clubs Ride this year. Come out and join members from the other sister clubs that host RAPSody – The Capital Bicycle Club, Cyclists of Greater Seattle (COGS), Tacoma Wheelmen's Bicycle Club and West Sound Cycling Club. Start 10am in downtown Snohomish near the public restrooms on 1st St. Choose a 35-mile moderate pace loop or 25-mile social pace loop. Both routes will showcase the beautiful Snohomish valley, are A-B terrain, and end with no-host refreshments at Pizza Palace Café on 1st St in Snohomish. No food stops along the route, bring snacks if needed. Please RSVP to president@bikesclub.org so we have a restaurant count. Steady rain cancels - check the ride change page.

Monday October 11 – Columbus Day Bothell to Northlake Tavern for pizza, coffee, etc. via Burke Gilman Trail. Start at 10am, Social Pace, A Terrain, 30 miles (total). Rain cancels and maybe we can go by car. Start at Sammamish River Park (chicken park) in Bothell. Cell phone day of ride 425.870.6418. Ride leader Bill Lutterloh 360.668.9554 LutterlohB@GMail.com.

Saturday October 16 The Pumpkin Ride Start at 10:00am, family ride at leisurely pace, mostly flat, distance is about 12 miles (6 each way) The ride will leave from Garfield park (2 blocks East of Walnut on 23rd St.) and go to "The Farm" pumpkin patch. Adults are encouraged to bring children, a SAG for the pumpkins will be provided. Rain cancels. Ride leaders Thomas and Bill Weber. For information call Bill at 425-327-3516 or bbill@clear.net.

Sunday October 17 Modified Bergeron Loop The loop with minor changes like starting at Paine Field Park on Beverly Park Rd at Gibson on the north side. Start at 10am, social pace, 38 miles, with a food stop along the way. Rain, snow etc. cancels. Ride leader Warren Bare 425 478-9594.

Saturday October 23rd - Mt Vernon to La Connor via Conway Start at 10am from W. Hazel street on the north side of the Skagit County Fair Grounds. Between 35 and 40 miles, mostly A terrain, there is one hill coming off Fir Island up to Rexville. We'll stop for lunch/snack in La Connor - my vote is for the Calico Café. Ride leader Mike Snodgrass 360-653-2384 or Michael.snodgrass@frontier.com RAIN CANCELS.

Saturday October 30 – Lowell – Snohomish & Return Start at 11:30am at Rotary Park in Everett (paved parking lot). Social-paced, out and back ride, about 12 miles, eat after. Lousy weather cancels. Ride leaders Dan & Elaine Scott 425-355-4510.

Word from our Sponsor Dept:

Free: Women's Shimano bike sandals size 39-40, worn very little. I have used them for about 5 years but have only worn them a few times. Something about the straps just doesn't work for me. If you think they can work for you they are yours. Linda Hunter, 425-771-2824 or hunterbl4345@comcast.net.

For Sale: BIKES member Pier Fiorentini is selling a complete Apple computer set-up. See his listing at this Craigslist link: <http://seattle.craigslist.org/sno/sys/1947474025.html>

Advocacy Corner

Centennial Trail: Arlington to Bryant opens

Snohomish County Parks celebrated the completion of the newest section of the Centennial Trail. The new section stretches four miles along the abandoned railroad right-of-way and terminates at the Bryant trailhead and was built by Strider Construction. "Thousands of individuals and families will take advantage of this wonderful park asset," said County Executive Aaron Reardon. The trail is a paved, multipurpose recreational trail serving walkers, bicyclists, equestrians and others. The final four miles north to the Skagit County line, as well as **the gap in the trail between 172nd Street NE in south Arlington and to 152nd Street NE in north Marysville, is scheduled to be complete by the end of next summer**, said Snohomish County Parks director Tom Teigen (Information obtained from The Everett Herald and Snohomish County Parks).

Next up, the 2010 Washington State Bicycle and Pedestrian Documentation Project

Oct. 5, 6 & 7, 7-9am & 4-6pm. (This by Erica Meurk on the Cascade Bike Blog)

Cascade will also be conducting statewide bicycle and pedestrian counts on October 5 – 7. We had more than 250 volunteers last year, and we're hoping for even more this year. Check the list below for your town or city and stay tuned for more information. We'll put out a formal call for volunteers within a couple of weeks.

2010 Bicycle and Pedestrian Documentation Project Count Cities		
Bellevue	Bellingham	Bothell
Bremerton	Burien	Ellensburg
Everett	Ferndale	Issaquah
Kelso	Kent	Kirkland
Longview	Lynden	Oak Harbor
Olympia	Redmond	Richland
Spokane	Tacoma	Tukwila
Vancouver	Walla Walla	Wenatchee
Yakima	Mercer Island	Shoreline
Edmonds	Lynnwood	Mountlake Terrace

For decades, vehicle traffic data have informed highway expansion projects and freeway design. Comparable data for bicycle and pedestrian use is invaluable in ensuring that walkers and bikers get equal treatment as Washington state's cities and towns prioritize improvement projects. So please, volunteer!

Please note that **Edmonds, Lynnwood and Mountlake Terrace join Everett** on the list for 2010. If you can volunteer some time watch BIKES' or Cascade' website for contact information. Volunteers interested in helping can learn more by visiting [WSDOT's website](#).

Ian Macek: maceki@wsdot.wa.gov or 360-705-7596

Tessa Greigor: tessa.greigor@cascadebicycleclub.org or 206-204-0913

Advocacy Corner cont.

Everett Bicycle Plan

We have wrapped up the expanded Everett Bicycle Master Plan draft and it is now available on Alta's ftp site for download. To download the draft, use the following link.

<ftp://everett.draft2010@ftp.altaplanning.com/>

Comments are due by October 4th, and those comments received will form the basis for our final meeting and that discussion will be used to develop the final report for consideration and adoption by City Council.

Cycling News

Ride Around Washington

By John Carlin

This year's ride was around the northeastern part of the state, sometimes called the Forgotten Corner. The ride started in Newport. We crossed the Pend Oreille river into Idaho, turned north and promptly returned to Washington. We paralleled the river for some distance and crossed into lone for lunch. Then back across the river and up the hill to Sullivan Lake. Then north along the lake a few miles and back down the hill to Metaline Falls, ending the day. Day 2 took us over the Selkirks on Hwy 20 with a lunch break at the pass. Then down the other side followed by a loop north, west to US 395 and south to finish the day in Kettle Falls. Day 3 we rode north on 395 and crossed into Canada. There was a strenuous US-only option for those not wishing to go into Canada. In Canada we turned west on BC 3 and stopped for lunch in Grand Forks. Our food trucks could not go into Canada, so they gave us each \$10 to buy our own lunch. After Grand Forks we turned south, back into the US on 21. The first town we hit was Curlew, where the sheriff warned us there was a major thunderstorm on the way. We continued south on 21, then turned up the hill to Curlew State Park. The faster riders beat the storm, but I sure didn't. We coasted, soaking wet, into the park, to applause from those already there, under the tarps. Eventually the storm passed and we got our dinner and pitched our tents. Day 4 was an optional rest day. Those who wanted to could take about a 70 mile loop thru Wauconda. I opted for the rest day. Day 5 we headed south, then west over the pass to Colville Agency. As we crossed the pass the weather turned beastly hot. We reached Coulee Dam and camped on the high school field. Those who wanted to could walk into town and view the light show on the dam. The final day started with a ride across the dam. This is no longer a routine thing. Due to security measures it's closed to regular traffic with permits issued only occasionally. Cascade secured one, but we had to go as a peleton in about a 30 minute time frame. Also no panniers or handlebar bags. We had to put these in a pickup truck which transported them separately to the other side. After picking up our bags we continued southwest to Coulee City and a lunch stop at Dry Falls State Park. Beastly hot again. After lunch we continued SW on 17 to our final destination at Soap Lake. A very substantial week's exercise.



www.bikesclub.org

**B.I.K.E.S. Club
PO Box 5242
Everett, WA**

**** Save The Dates ****

**Volunteer Breakfast
Saturday – Nov 13
Watch for your E-vite**

**Holiday Party
Saturday – Dec 4
For Club Members & Guests**

New Members – Welcome

- Sally Davies
- Diane Fleming
- Mary Jo Gerst
- John Peranzi
- Cheryl Walchi

Renewing Members – Thanks

- Tom & Jeanne Crisp
- Ginger Decker
- Patty Garrett
- Diane Gertes & Perry Walker
- Jim & Jeannie Grippin
- John Laggart
- Jack McClincy, Janell Reich
- Robert Palm
- Albert Penta
- Anne Schreivogl, Alfred Currier
- Michelle Wolski
- James & Sheila Wright

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NEWSLETTER SUBMITTAL

Please submit all material for the November newsletter by Oct 18.
E-mail John Carlin at editor@bikesclub.org

Club Bike Box and Trailer

Ready to travel with your bicycle? BIKES Club members can use our sturdy bike box for airline travel or our BOB trailer to tow gear behind their bikes. Cost – FREE with a \$25.00 refundable deposit. These are club benefits we want people to use. To arrange for use contact Warren Bare at (425) 743-7593 or a club officer.

**B.I.K.E.S. Membership
PO Box 5242, Everett, WA 98206**

Name _____

Address _____

City _____ State ____ Zip _____

Telephone (____) _____ Email _____

**Membership Dues \$15 Annual (individual)
\$20 Annual (family)**

Member Benefits: Club rides, Frequent Rider Club, monthly newsletter, social and advocacy activities, low-cost bike box and trailer rental, 10% discount at local bike shops with your member card.