

# Chainwheel Chatter

B.I.K.E.S.- Celebrating our 30th year as cycling's Voice in Snohomish County

## Your Snohomish County Cycling Club

### *From the President:*

It has been another busy month in the bicycle world. Once again Community Transit is sponsoring Bike to Work and is looking for people to work at the celebration stations (I will be at the Everett Station). You can get more information at <http://www.communitytransit.org/News/New.cfm?id=1318>. Also new this year is a yahoo group website that will act as a clearing house for route and commuting information. Again this year we will be hosting a bicycle commuting class during B.I.K.E.S May business meeting.

We have been to Council and planning meetings in Lynnwood, Mountlake Terrace and Everett with positive steps in all of the cities. FYI — Mountlake Terrace City Council chose bike lanes for 52nd Ave.

The days are getting longer and warmer so riding in the evenings will soon be a common event. Lots of lower pace rides have been posted so come out and join a few of them.

At the April meeting the members approved an incentive for new ride leaders, the first Coffee card was already awarded. Congratulations Gery O.

If you are interested in leading a ride — email your ride details to [leadaride@bikesclub.org](mailto:leadaride@bikesclub.org). If you are a new ride leader you will receive a gift card and you will be assisted by an experienced ride leader.

Have a great May with lots of down hills and tailwinds.

*Bill Weber*

### Legislative Update

As you read this the 2009 legislative session will have adjourned. Bicycle Alliance of Washington's slate of issues and effective lobbying resulted in significant legislation for cyclists.

- The Alternate School funding "safe routes to schools" is enacted. Unfortunately in today's funding atmosphere it was not funded but was passed so the legal structure is in place when the economy improves.
- Legislation limiting sun screening on windshields to ensure safe visibility into and out of vehicles.
- The Milwaukee Road railroad corridor time extension to preserve the ability to realize the trail corridor between Ellensburg and Lind.
- The most significant and difficult legislation passed is the Traffic Actuated Signals piece that will treat motorcycles and bicycles the same as other motor vehicle traffic. This bill missed a time cutoff as HB 1403 but ended up as an amendment to SB 5482 because of the fine efforts of BAW lobbyists partnering with astute representatives.

Alas, a number of worthwhile issues were not enacted such as the 3-foot Clearance For Passing law and Construction Zone requirement to treat cyclists and other users as traffic. Also several important ecological based bills dealing with greenhouse gas emissions "cap and trade", Transit Oriented Development and the funding of infrastructure improvements including sidewalks and streets near major transit stops.

**MAY 2009**

**ISSUE 357**

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#### B.I.K.E.S. April Meeting

May 14 th 7:00 PM

Location :

Snohomish County PUD

2320 California Ave,

Everett WA.

The meeting will have a presentation on Bike Commuting 101 and the wrap up of club business before everyone heads out for sun, fun and biking through the summer months.

Pre-meeting dinner

5:30pm

Scuttlebutt Brewing Co

1524 W Marine View Dr

Everett, WA 98201

(425) 257-9316

# B.I.K.E.S.

## Club Officers and Support Information

**Bill Weber**  
**President**

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**Vice President**

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(425) 778-5530

[treasurer@bikesclub.org](mailto:treasurer@bikesclub.org)

**Fred & Kala Koch**  
**Member Roster Coordinator**

(425) 487-3221

[roster@bikesclub.org](mailto:roster@bikesclub.org)

**Steven Hudspeth**  
**Frequent Rider Miles Coordinator**

[ridermiles@bikesclub.org](mailto:ridermiles@bikesclub.org)

**Monthly Ride Coordinator**  
[leadaride@bikesclub.org](mailto:leadaride@bikesclub.org)

**Address, Name, Phone and Email Changes**

Remember to contact Fred or Kala at

(425) 487-3221 or [roster@bikesclub.org](mailto:roster@bikesclub.org) for any changes or corrections to your address, phone number or email in the club records.

If you are a member and are not receiving your newsletter, let Fred or Kala know.

## Club Miles for Club Members

The Frequent Rider Miles program is intended as a fun benefit of BIKES Club membership. Ride 100 miles on club-sponsored rides, earn a club water bottle. Ride 500 miles, earn a club cycling cap, etc.

### MILEAGE AS OF April 9 2009

Warren	Bare	1059	Bob	Huey	48
Wendell	Hultman	855	Glen	Moffitt	48
Pier	Fiorentini	587	Elaine	Scott	42
Bill	Lutterloh	348	Marc	Peterson*	42
Dan	Scott	289	Dan	Wakefield*	42
Tim	Wise	223	Skyler	Dompier*	42
Warren	McAndrew	205	Lena	Sullivan	39
Steven	Hudspeth	188	Erik	Troili	38
Kathy	Riddle	181	Michael	Snodgrass	37
Doug	Andrews	174	Helen	Taubeneck*	36
Bob	Nyberg	156	Roger	Frost	36
Dennis	Larson *	152	Perry	Walker	35
Rick	Schranck *	139	Anne	Schreibvogl*	31
Rod	McDonald	139	Al	Currier*	31
Jim	Shaver*	111	Kevin	Schroeter *	30
Steve	Linari	108	Dan	Cornelissen	29
Bill	Weber	106	Tom	Weber	29
Allyson	Welsh	104	John	Marshall	28
Annie	Peterson	94	Shari	Osti*	25
Gery	Osowiecki	77	Pam	Hallanger	24
Dick	Nicholson	75	Jack	Boileau*	24
Kay	Peterson*	75	Mark	Everett*	24
Melanie	Greene	68	Bruce	Bullock *	22
Laura	Elmore	64	Mike	Dahlstrom	20
Ed	Janonis*	63	Peter	Pisani	15
Stephen	Benson	50	Debby	Grant	5
Jan	Johnson*	50			

# Monthly Ride Calendar

UNABLE TO FIND A RIDE THAT WORKS FOR YOU  
CHECK OUT THE RIDE CHANGES PAGE ON THE WEB SITE  
STILL NOT FINDING ONE OF INTEREST

Enter one on the Ride Changes Page

## May Rides

### Weekday Rides

**FREEWHEELING THURSDAY'S:** These relaxed social paced 25/40+ mile rides with regroup, varied terrain happen every Thursday, weather permitting. Next week's route is chosen by the group at the lunch /food stop this week. For info call Warren Bare at (425) 478-9594 or email [bare.warren@gmail.com](mailto:bare.warren@gmail.com) . Will try to have particulars on the Ride Changes page of the web site by Thursday AM.

**Tuesday Evenings, SweetCakes Rides -** @Stanwood Velo Sports ..3 courses...the "original" 15 miles (Social/Moderate) and 2 longer ones 25 + - (Brisk) and 30 + - (Strenuous). They will run until the end of September...start time is now 5:30...will change to 6:00 then 6:30 as the evenings stay light longer...for updated info call Stanwood Velo Sports @360-629-6415 or Rod McDonald at 425-359-6710

### Weekend Rides

**Saturday May 2 rd Twin Lakes Stanwood** - Starts at Twin Lakes near Smoky Point at 9:30 AM. This is a fun ride that that will travel to Arlington Cederhome and Stanwood with a stop for food in Stanwood. A/B terrain and Social moderate pace with regroup. Here is a Bikely map of the route. <http://www.bikely.com/maps/bike-path/Smoky-Point-Arlington-Cederhome-Stanwood-Loop>

**Sunday May 3rd. Conway - Skagit Valley ramble.** Social+ pace, lousy weather cancels, eat at Mount Vernon Co-op. <http://www.bikely.com/maps/bike-path/Skagit-Tulip-ride-08>. Meet at Conway Elementary School (east of I - 5) @ 9:45, rolling @ 10:00. Day-of-ride cell# 425-501-6198. (Dan Scott)

**Saturday May 9 – Skagit Spring Classic.** Lets head north and support this organized ride that donates a portion of its proceeds to BAW and other local cycling organizations. Skagit Bicycle Club sponsors the ride and it begins in Burlington. Meet at the McCollum Park 'n Ride at 7am to carpool or caravan. I'll ride the 62-mile route at a moderate pace with frequent regroup. You may choose to ride further or slower or faster. The 62-mile route is B/C terrain. You need to connect with me on the day of the ride to receive BIKES club Frequent Rider miles. There is a fee for this ride that includes a spaghetti feed at the finish. Advance registration on-line by May 6 or mail by May 1 includes a shirt. To find registration information and more details about the course go to <http://www.skagitbicycleclub.org/springclassic.cfm>. Debby Grant Phone: 425 778-5530 - Email: [debby@jaygrant.com](mailto:debby@jaygrant.com)

*(Continued on the next page)*

### Warren Bare is June ride coordinator.

Ride leaders can simply send their ride ideas to the "leadaride" address, then the email will be automatically forwarded to the current month's ride coordinator.

[leadaride@bikesclub.org](mailto:leadaride@bikesclub.org)

### Ride Guide

#### PACE

**Leisurely** / Under 10 MPH

**Social** / 10–13 MPH

**Moderate** / 13-16 MPH

**Brisk** / 16-18 MPH

**Strenuous** / Over 18 MPH

#### TERRAIN

A Mostly flat / Norman Road

B Rolling Terrain / McClinchy Mile

C Rolling steeper hills / Kitsap Peninsula

D Difficult Terrain / Whidbey Island

E Very Difficult / RAMROD

*Use this chart and the ride description to determine if a particular ride is right for you. Don't take on 50 miles when you haven't done 20, but don't be afraid to start out with us on a 20-30 mile ride if your butt and legs have handled 15.*

(Continued from the previous page)

## Weekend Rides

**Sunday May 10 – McCollum Park to 3rd Place Books** - Starting at 9:00am at McCollum Park and Ride parking lot. Social moderate pace with re-groups. 30-35 Miles. We will go the extended route by Maltby if the weather is good. Heavy rain cancels. Leader Tim Wise (425-754-7916) [tcjkwis@verizon.net](mailto:tcjkwis@verizon.net).

**Saturday May 16 — Bayview to Anacortes** – Start at 9:30 AM the parking lot on 2<sup>nd</sup> located on the Gmap and will ride 30~ miles fairly flat terrain at a social pace to Anacortes with a Food/snack stop at Gere Deli and return similar to this Gmap <http://www.gmap-pedometer.com/?r=267366> except via March point. For car pooling possibilities and info contact Warren Bare (425)743-7593 [bare.warren@gmail.com](mailto:bare.warren@gmail.com)

### May 16 and 17 - Yakima Valley Wine Tour & Naches

**Saturday May 16.** 35 miles at a moderate pace with stops and catch ups. No one gets left behind and usually there is sag support. We will stop at 5-7 wineries, yet to be determined, along the route depending on interest. Most of us will camp at Yakima Sportsman State Park with a community potluck in camp on Saturday. There are nearby motels for those that prefer a little more comfort. (Jack McClincy)

**Sunday May 17.** The traditional Yakima to Naches ride. 35 miles. Bring your own lunch as there are no food stops available along the way. Phone #'s Home:360-435-5978 and Jack's cell 425-322-6478. Please let us know if you are joining us so we can plan for the Saturday dinner. (Jack McClincy)

**Wednesday May 20th RIDE OF SILENCE** - Start at 7:00 PM at the Intersection of Wall and Rockefeller in Everett for this 9+ mile ride in memory of those riders killed or injured while cycling. To raise awareness that we are on the Road and to ask that we all share the road. <http://www.bikely.com/maps/bike-path/Ride-of-Silence-Everett-WA> Contact Warren Bare (425)478-9594 [Bare.Warren@gmail.com](mailto:Bare.Warren@gmail.com)

**June 12, 13 and 14 - Columbia Gorge Weekend.** This is a joint tour with Cyclists of Greater Seattle (COGS – formerly Seattle Bicycle Club). Come ride in the beautiful Columbia Gorge! Check the BIKES website for details about where to stay and who to contact for details.

## UPCOMING RIDES THAT SUPPORT BICYCLE ALLIANCE OF WASHINGTON

May 2 - Ride Around Clark County hosted by the Vancouver Bicycle Club. The ride starts in Vancouver. [www.vancouverbicycleclub.com](http://www.vancouverbicycleclub.com)

May 3 - May Day Metric hosted by Phil's South Sound Cyclery. The ride starts in Federal Way. [www.maydaymetric.net](http://www.maydaymetric.net)

May 9 - Group Health Inland Empire Century hosted by the Tri-City Bicycle Club. The ride starts in Richland. [www.tricitybicycleclub.org](http://www.tricitybicycleclub.org)

May 9 - Skagit Spring Classic hosted by the Skagit Bicycle Club. The ride starts in Burlington. [www.skagitbicycleclub.org](http://www.skagitbicycleclub.org)

## Sharing Wheels Community Bike Shop

Is holding it's 7th Annual Childrens Bike Swap on Sunday June, 7th. Work Parties for fixing bikes for this event are on Wednesday and Thursday nights thru June from 5pm - 8pm. Co-op Maintenance Classes are on the last Wednesday of each month at 6pm-8:30pm. Join the Co-op and Join the Fun! For info email:

[sharingwheels@verizon.net](mailto:sharingwheels@verizon.net) 425/252-6952 - [sharingwheels.org](http://sharingwheels.org)

### Join us, ladies:

First Tuesday of the Month –from 7:00-9:00pm

Learn how to work on your bicycle in a fun and low-testosterone environment. Help fix up bikes for our charity programs:providing bikes for kids, low-income families, homeless people and sending bikes to Africa. Free to Co-op members or earn your Co-op membership: which entitles you to classes, access to the shop and tools, and exchanging volunteer hours for used parts and bikes.

Sharing Wheels Bicycle Co-op - 2525 Broadway, Everett

(In the back of the Broadway Mall, behind QFC)

(425) 252-6952 - [www.sharingwheels.org](http://www.sharingwheels.org)

**No Boys Allowed!**

## The Bike Alliance and You can Make A Difference

By Kristin Kinnamon  
Bicycle Alliance of Washington

Every year, literally hundreds of bills are submitted to the Legislature for review and approval. Many are great ideas for great causes, some deserve to die, few make it out for the Governor's signature to become law.

I am proud to say that as of this writing, two bills that we helped create on behalf of cyclists look likely to fall into that last category.

It takes preparation, partnerships and people to get a bill passed in Olympia. With the Bicycle Alliance of Washington, cyclists in our state have all three things working in our favor. The BAW Legislative & Statewide Issues Committee, made up of bicycle advocates from all over the state, first met last spring to plan for the 2009 legislative session. We identified our priorities and researched laws and current practices to build a case for support. Because we've been working in Olympia a long time, we knew what the arguments might be for and against our bills.

So part of our preparation was building partnerships with groups like the Washington State Patrol, which opposed our 3-foot safe passing law last year. We got key cities on board with our traffic signal activation bill. The Obesity Prevention Coalition, formed to encourage more kids walking and biking to school, brought many groups together to support our shared "Safe Routes to School" legislation.

There are many categories of people behind successful legislation. The volunteers on our committee are backed up by professional staff. The Bicycle Alliance has a long-time professional lobbyist in Olympia, Michael Temple. This year Michael was joined for the first time by a staff member from the Cascade Bicycle Club who also worked on behalf of cycling. Michael's knowledge of the process, the politics and the political people in Olympia is unmatched. It's what gets us bill sponsors, hearings and votes. When our signal bill died, he got it a second chance by inserting the language into legislation that was still alive.

Bike Alliance staff and volunteers are the ones who helped get other people involved in this process. They organized panels of experts to speak to committees, sent out "action alerts" to Bike Alliance members, wrote articles for websites and bike club newsletters. The power of "the people" really does come into play in Olympia, and every one of you who wrote an email, made a call or met with your legislators on behalf of bicycling helped make a difference.

The legislative session has not ended as I write this, but already we are planning for 2010. One thing we learned this session is that many of our politicians don't understand cycling. If we say "bicycle education" they think only of 10-year-olds. If we say "cars should be required to pass at a minimum of 3-feet," they say "bicyclists should ride on the right side of the bike lane or shoulder or cars don't have to pass safely."

Obviously, part of our preparation this year will involve educating politicians. **We'll be seeking partners in local bike clubs and people with a passion for cycling to succeed in that effort. We'll also be working to identify our legislative priorities. What bills that died this year should we revive? What new ideas and approaches should we bring forward? What will make the biggest differences for cyclists' safety and comfort and encouragement?**

*Send your ideas and read more about Bicycle Alliance efforts in Olympia at [www.bicyclealliance.org](http://www.bicyclealliance.org).*

*Kristin Kinnamon is the president of the Bicycle Alliance of Washington and past president of BIKES Club of Snohomish County.*

B.I.K.E.S. Club  
P.O. BOX 5242  
Everett, WA 98206

Stamp  
Goes Here

**Renewals:**

Keith Gerhard – Everett  
Genadi Osowiecki – Everett  
Mike Dahlstrom – Everett  
Dan & Elaine Scott – Everett

**New Members**

Leslie Strickland - Everett

Address

Is it time to renew? →

## Chainwheel Chatter MAY 2009

NEWSLETTER SUBMITTAL

Please submit all material for the June newsletter by **May 18**

E-mail Warren Bare at [editor@bikesclub.org](mailto:editor@bikesclub.org)



Club President Bill Weber presenting Gery Osowiecki with the first \$10 Starbucks card for new BIKES ride leaders.

Gery led 11 riders on a 25-mile ride from Silver lake to Snohomish and Everett before returning to enjoy his coffee at his leisure.

Earth friendly Member

**Stephen Benson**

Thanks for getting your newsletter electronically online.

### Club Bike Box and Trailer

Ready to travel with your bicycle? BIKES Club members can use our sturdy bike box for airline travel or our BOB trailer to tow gear behind your bicycle. Cost - **FREE** with a \$25.00 refundable deposit. Basically, these are club benefits we want people to use. To arrange for use contact Warren Bare at (425) 743-7593 or another club officer.

**B.I.K.E.S.-Membership** P.O. Box 5242, Everett WA 98206

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Telephone (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_ Email \_\_\_\_\_

**Membership \$15 Annual (INDIVIDUAL)**

**DUES \$20 Annually (FAMILY)**

**Member benefits:** 10% discount at local bike shops with your member card (see website for list), low-cost bike box and trailer rentals, Frequent Rider Club, monthly newsletter, social and advocacy activities.